Your First Cassette & Infusion Set Change with twiist™

You've got this! The twiist App leads, this guide gives you confidence.

You've been on the twiist System for a few days now, which means it's almost time for your first twiist Cassette and Infusion Set change. Good news: you won't be doing this from memory. **The twiist App walks you through every step on screen.** For most people, changing your cassette and infusion set become second nature after the first one or two.

Keep this handout beside you for reassurance. It tells you what to expect and the steps to take to stay on the right track. **Let the app guide your taps.**

What you'll do today

1. Insert a fully charged battery
2. Change and fill your cassette
3. Change your tubing and infusion site
4. Restart insulin delivery



Gather these first

- ☐ A fully charged twiist Battery
- ☐ A new twiist Cassette
- ☐ A new infusion set
- ☐ A sterile 3 mL syringe + 27-gauge x 3/8-inch needle **(use only the ones from your twiist Starter or Refill Kit)**
- ☐ Alcohol wipes
- ☐ **Room-temperature** Humalog® or NovoLog® U-100 insulin

Important information

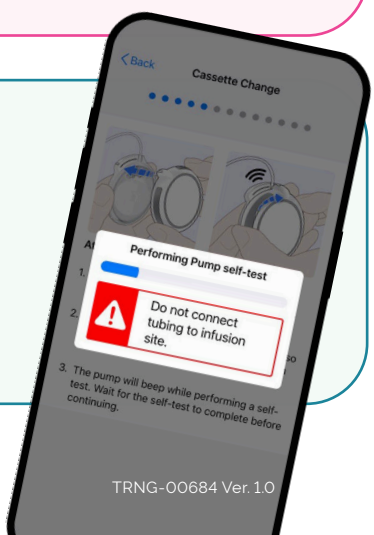


- **Only use the syringe and needle that came with your twiist Starter Kit or twiist Refill Kit.** Using the wrong needle and syringe could damage the cassette or pump. It may also cause cassette fill errors.
- Filling with cold insulin can create air bubbles in the cassette or tubing, which could increase the need for an early cassette replacement. A little patience saves you time later.
- Always change your infusion set tubing every time you change and fill your cassette. This ensures the priming completes the fluid path in both the cassette and the tubing.

How you'll know it's working

Your pump talks to you. Once you know what the sounds and signs mean, they go from nerve-wracking to reassuring:

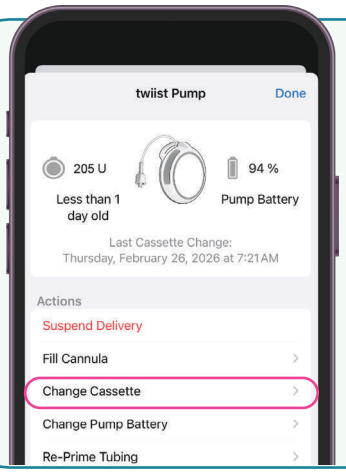
- **Quick Beep, then Ready Beep** ⟶ your fresh battery is seated correctly.
- **A run of Busy Beeps** ⟶ the pump is running the self-test. This is the pump checking itself to give you confidence that it's functioning properly. Just wait for it to finish.



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Totally normal — don't worry!

- **Insulin left in the old cassette?** Insulin needs may change over time. If you continue to discard insulin, ask your trainer or healthcare provider about starting with less insulin. Don't forget to change your Cassette Fill Volume when you make this change!
- **A message that says "Cassette Already Used"?** That's just the system protecting you. Grab a new cassette, nothing went wrong.
- **Insulin pauses during the change.** Delivery is automatically suspended the moment you start, and you'll disconnect from your site before removing the cassette. Both are built-in safeguards working for you.



Remember!

Everything starts in the twiist App. You will be guided through each step of the cassette and infusion set change process. Simply tap your screen and follow the guidance — twiist has your back.



Sequel is working on adhesive options for on-body wear.
Alternative adhesive options are available through third-party providers.

Customer Care: 1 877-4TWIIST (1-877-489-4478)

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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