# Heating up, Cooling off: Exploring household management of summer heat and energy hardship

Reducing Energy Hardship Conference 2024

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### **HEATING UP & COOLING OFF**

summer overheating and cooling practices at home in Aotearoa New Zealand

RESIDENTIAL OVERHEATING

ALMOST

of respondents were experiencing some

home overheating

#### DISPARITY

ENERGY

**POVERTY** 

Disparity in experienced overheating and summer

Renters, indigenous Māori, and households with children

are at increased risk.

energy poverty is observed;

to my stress & anxiety.

I am recovering from

illness, I find the heat of summer does add

overheating poses health risks and even potential fatality.

HEALTH

RISKS

Unmanaged indoor





we've transitioned from passive to active cooling

Passive cooling without using energy

OPEN WINDOWS



Active, cooling with electricity or other energy source

Current cooling measures achieve thermal comfort around half of the time

We need to make our future energy system fair so everyone can keep cool when they need to

We have overheating problems in the rooms upstairs, they are further from the heat pump

HEAT PUMP

Our energy system needs to be able to deal with increased need for electricity,

ENERGY SYSTEM

from electrically powered cooling we now use



MCREASED **ENERGY USE** 

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