

# MUKA CONCEPTS x BAMBU INDAH

## TREATMENT MENU

### BALINESE MASSAGE

60 minutes | IDR 750,000

This healing touch has passed through generations from Balinese elders. It is an expression of each of our therapists, using our handmade butter of Cempaka that we ferment in raw kukui oil and freshly prepare in house.

### FOOT REFLEXOLOGY

60 minutes | IDR 750,000

An acupressure massage on the feet believed to connect to the wellbeing of other vital organs. Based on traditional Chinese techniques.

### Shiatsu Massage

90 minutes | IDR 950,000

A traditional dry Japanese massage performed on a soft mat, using the stable weight from the therapist's feet to apply long, rhythmic pressure along key energetic points. Releases tension and improves circulation.

### Gua sha Cellulite Massage

60 minutes | IDR 750,000

A strong Gua Sha massage to remove cellulite on the body and help drain toxins through the lymphatic system. Please note this massage may cause light bruising for 4-5 days before results are seen.

### Muka Full Body Massage

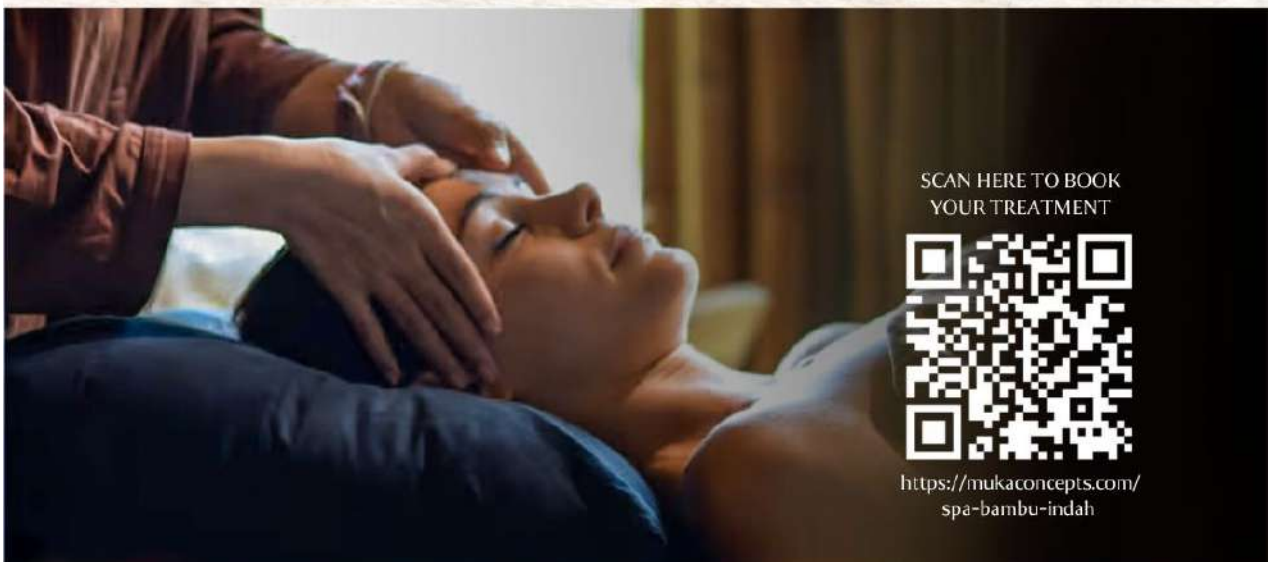
90 minutes | IDR 950,000

Muka's signature full body massage begins by warming up the body with dry kneading, followed by deep tissue work with our Cempaka Flower Butter to release tension and increase blood flow to sore muscles. Gua Sha massage is then applied to the back. The massage ends with cupping therapy to help detoxify the body.

### Muka Full Body Scrub

60 minutes | IDR 950,000

Muka's signature full-body scrub uses only handmade, natural Muka products to exfoliate, cleanse, and relax the body.



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YOUR TREATMENT



[https://mukaconcepts.com/  
spa-bambu-indah](https://mukaconcepts.com/spa-bambu-indah)

### MUKA SIGNATURE FACIAL

90 minutes | IDR 950,000

This signature facial begins with gentle strokes on the face to improve circulation, followed by a gentle facial scrub, extractions, a cleansing antibacterial turmeric mask, soothing seaweed serum, and buccal massage. All Muka skincare products used are natural and handmade.

### GUASHA FACE LIFTING MASSAGE

60 minutes | IDR 750,000

Facial massage specifically to relieve wrinkles, regenerate scarring, followed with a calming turmeric mask.