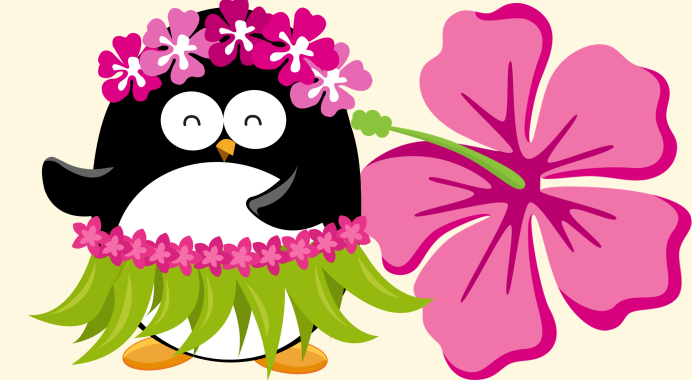




# JUNE 2026



| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  |
|---|---|--|---|--|---|---|
|   | Pepper Steak<br>Grilled Shrimp<br>Steamed Rice<br>Sautéed Squash 1                    | Chicken Fried Chicken<br>Grilled Chicken<br>Mashed Potato Casserole<br>Zucchini 2          | Taco Salad (beef/chicken)<br>Pinto Beans<br>Spanish Rice<br>Roasted Vegetables 3            | Brisket Sandwich<br>Fish and Chips<br>Potato Salad<br>Baked Beans<br>Green Beans 4           | Fried Catfish<br>Herbed Grilled Chicken<br>French Fries<br>Mixed Vegetables 5   | Chili Dogs<br>Onion Rings<br>Broccoli 6         |
| Pot Roast<br>Mashed Potatoes<br>Carrots 7         | Turkey with Gravy<br>Glazed Ham<br>Sweet Potato Casserole<br>Green Beans 8            | Beef Lasagna<br>Baked Chicken<br>Buttered Pasta<br>Roasted Asparagus 9                     | Beef Fajitas<br>Chicken Fajitas<br>Pinto Beans<br>Spanish Rice<br>Grilled Vegetables 10     | Soup and Sandwich Day 11   | Baked Cod<br>Chicken Balsamic<br>Macaroni and Cheese<br>Broccoli 12             | Grilled Cheese<br>Tomato soup 13                |
| Chicken Parmesan<br>Pasta<br>Glazed Carrots 14    | Chicken Marsala<br>Buttered Noodles<br>Lobster Roll<br>Mixed Vegetables 15            | Chopped BBQ Sandwich<br>Smothered Pork Chop<br>Rice<br>French Fries<br>Peas and Carrots 16 | Chicken Monterrey<br>Beef and Bean Burritos<br>Fideo<br>Mexican Corn<br>Green Beans 17      | Grilled Hamburgers<br>Chicken Cordon Blue<br>Broccoli<br>Rice Florentine<br>Onion Rings 18   | Fried Catfish<br>Sausage and Rice<br>Potato Casserole<br>Broccoli and Cheese 19 | Fried Pork Chop<br>Mashed Potatoes<br>Squash 20 |
| Grilled Steak<br>Baked Potato<br>Green Beans 21   | Caribbean Jerk Chicken<br>Pineapple Pork Chop<br>Yellow Rice<br>Asparagus 22          | Beef Stew<br>Chicken Pot Pie<br>Steamed Rice<br>Sautéed Vegetables 23                      | Beef Enchiladas<br>Grilled Chicken<br>Spanish Rice<br>Ranchero Beans<br>Vegetable Medley 24 | Asian Chicken<br>Garlic Shrimp<br>Vegetable Spring Rolls<br>Fried Rice<br>Sesame Broccoli 25 | Baked Potato Bar<br>Salad Bar 26  | Chicken and Rice Casserole<br>Green Beans 27    |
| BBQ Chicken<br>Baked Beans<br>Mixed Vegetables 28 | Chicken Fried Steak<br>Chicken and Dumplings<br>Mashed Potatoes<br>Steamed Carrots 29 | Beef Ribs<br>Spicy Chicken<br>Rice Pilaf<br>Broccoli 30                                    |   |  |   |   |

