



SEPTEMBER 2026

Sun	Mon	Tue	Wed	Thu	Tailgate Friday's	Sat
		1Baked Chicken Parmesan Lasagna Garlic Knots Buttered Noodles Grilled Squash	2Beef Enchiladas Spanish Rice Pinto Beans Broccoli BLT	3Sandwich & Soup Bar	4Philly Cheese Steak Buffalo Wings French Fries Mixed Vegetables	5Pizza
6Grilled Pork Chops Yellow Rice Zucchini	7Grilled Hamburgers French Fries Green Beans	8BBQ Ribs Grilled Chicken Potato Salad Baked Beans Broccoli	9Crispy Chicken Tacos Burrito with Chili Spanish Rice Pinto Beans Sautéed Spinach	10Asian Chicken Beef Fried Rice Egg rolls Dumplings Stir Fried Vegetables	11Chicken Tenders Onion Rings Steamed Broccoli Catfish Mac & Cheese	12Grilled Ham & Cheese French Fries Steamed Carrots
13Beef Tacos Spanish Rice Refried Beans Squash	14Beef Stew Lemon Chicken Steamed Rice Roasted Asparagus Corn Bread	15Teriyaki Beef Fried Rice Vegetable Spring Rolls Stir Fry Vegetables Chicken and Broccoli	16Beef Fajitas Southwest Fried Chicken Eggrolls Refried Beans Spanish Rice Sautéed Vegetables	17Beef Brisket Oven Baked Chicken Mac & Cheese Potato Salad Seasoned Green Beans	18Cheeseburger Nachos & Cheese Fries Fried Mozzarella Sticks Baked Fish	19Enchiladas Spanish Rice Beans
20Beef Stew Steamed Rice Sautéed Vegetables	21Pineapple Glazed Salmon Chicken Cordon Blue Steamed Rice Steamed Garden Vegetables	22Baked Potato Bar Salad Bar	23Beef Enchiladas Chicken Crispito Vermicelli Pinto Beans Grilled Squash	24Patty Melt Baked Chicken Broccoli & Cauliflower Steak Fries	25Fried Fish BBQ Wings Mac & Cheese Onion Rings Steamed Broccoli	26Chicken Fried Chicken Mashed Potatoes Seasoned Mixed Vegetables
27Sliced Roast Beef Mashed Potatoes Broccoli	28Chicken Fried Steak California Chicken Roasted Potatoes Brussels Sprouts	29Grilled Chicken Meatloaf/ Gravy Mashed Potatoes Green Beans	30Taco Salad (Beef/Chicken) Spanish Rice Refried Beans Zucchini	 MEDINA CAFÉ Homemade goodness served daily		