

Inclusion, Wellbeing and Support Guide

SUPPORTING YOUR JOURNEY

AT BATH COLLEGE



Welcome Message

“

We are proud to be a diverse and vibrant community where everyone is valued, respected, and empowered to thrive.

Our mission is to create an environment where all students, staff, and visitors feel welcome and supported, regardless of their background, identity, or circumstances. We actively challenge discrimination, remove barriers to participation, and foster a culture of equity and mutual respect.

As the Head of Bath College Futures, I am dedicated to ensuring that our policies, practices, and daily interactions reflect our inclusive values. Whether through accessible learning, tailored support, or staff training, we continuously strive to embed inclusion at the heart of college life.

”



Emily Cottle

**Head of Bath
College Futures**

Meet the Welfare Officers



**Kiziah
Wells-Pearce**

Student Welfare Officer



**Naomi
Ogborne**

Student Welfare Officer

Book a meeting with us

City Centre Campus



Somer Valley Campus



We can help with:

Social and emotional support

Safeguarding and mental health

Referral and signposting to external services

Personal concerns



Our Mission

Inclusion is central to our vision and values at Bath College. We believe that every individual has the right to feel safe, respected, and supported in their education and work environment.

Additional Learning Support (ALS) covers a wide range of support services, which may include:

Converting learning materials into accessible formats like braille, large print, or electronic formats

Learning Coaches

Exam and Assessment Accommodations

Exam Access Arrangements

Specialist Equipment

While ALS aims to provide necessary support, it also promotes independence



What is Safeguarding?

Safeguarding refers to the measures we take to protect the health, well-being, and human rights of our students, ensuring that they are safe from harm, abuse, and neglect.

It encompasses a range of policies and practices aimed at promoting a culture of safety and respect.

Safeguarding Commitment

We are dedicated to:

- **Protecting Students:** Ensuring that all students feel safe and secure in our college community.
- **Promoting Welfare:** Supporting the mental, emotional, and physical well-being of our students.
- **Encouraging Reporting:** Creating an environment where students can report concerns without fear of retribution.
- **Training Staff:** Providing regular training to staff on safeguarding policies and procedures.

How to Report Safeguarding Concern



Step 1

Speak to a Trusted Staff member: contact a teacher, tutor or any member of staff you feel comfortable with.



Step 2

Contact the Safeguarding Team directly at safe@bathcollege.ac.uk



Step 3

You will receive support from our Safeguarding team as soon as possible.

For any questions or concerns regarding safeguarding at Bath College, please contact our Safeguarding Team:

Email: **safe@bathcollege.ac.uk**



Welfare & Wellbeing Services

Bath College prioritises student and staff mental health and well-being through various support services and initiatives. The college offers a **Student Counselling Service**, a **Breathing Space service** in partnership with Bath Mind, and **various wellbeing courses and groups**.

Student Counselling Services

Our counselling service provides confidential support for students' mental and emotional well-being. They offer help with a range of issues, including stress, anxiety, depression, and relationship problems. Students can typically receive a first appointment within a month of contacting the service, which can be done directly or through their tutor or the Student Welfare team.

Local Support at Bath Mind



Bath Mind Breathing Space

Offers face-to-face and telephone support every evening, year-round, for individuals in or at risk of a mental health crisis.



Radstock Wellbeing Group

Offers face-to-face and telephone support every evening, year-round, for individuals in or at risk of a mental health crisis.

Wellbeing Courses



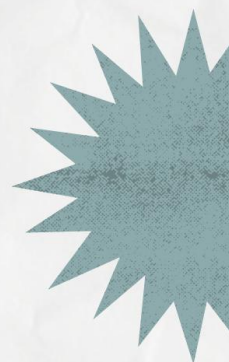
Bath College offers a range of free courses to improve mental wellbeing, fitness, or social connections.

Awareness of Mental Health Problems Certificate

Bath College offers a certificate for those wishing to gain a deeper understanding of mental health problems, including cultural and legal aspects.

Supporting Mental Health in Education Course

Bath College offers a course to equip educators with strategies to create supportive learning environments.





One-site Nurse



Bath College provides student welfare and safeguarding support, including a nurse who runs drop-in sessions and offers confidential advice on health matters. Students can also access support from the Student Welfare team, which includes a college nurse.

Here's a breakdown of the support available:

College Nurse

Available at our City Centre Campus from 12 - 2pm, every Wednesday.

Drop-in Sessions

The nurse holds drop-in sessions for students to discuss any health concerns confidentially.

The College Nurse can be contacted at **07976 916058** or email **safe@bathcollege.ac.uk**

Disability Support Services

If you have a learning difficulty, disability or other support need,
We may be able to provide you with additional support.

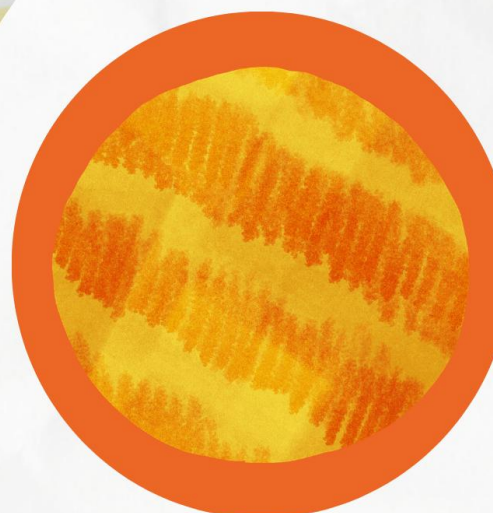
For further details, please email the Inclusion Team
learning.support@bathcollege.ac.uk

Off the Record Counselling



Partnered with Off the Record, we provide free, confidential and independent counselling services for learners up to the age of 25. You can contact the service directly by confidential telephone or text, through their tutor, or through the Student Welfare team.

01225 312 481 (Bath) | www.offtherecord-banes.co.uk





Staying Safe and Well Outside of College

save these contacts to your phone!

If you need urgent help these contacts maybe useful:

Life threatening emergencies: Call 999

If someone is seriously injured or ill, and their life is at risk

Non-life threatening emergencies: Call 101

**For health worries and medical advice:
Phone 111 NHS Medical Service but for more serious worries visit your local Accident and Emergency Department or NHS Choices for any health related advice on www.nhs.uk**

Useful Services



childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Childline: Call free on 0800 1111, whatever your worry they are there to help.

For distress or suicidal feelings: Call the
Samaritans 116 123 or visit
www.samaritans.org or www.papyrus-uk.org

SAMARITANS

kooth

Kooth: Confidential online counselling for under 19 years in Bath and North East Somerset area

For **mental health:** Mind www.mind.org.uk
Or call your GP, 111 or 0300 123 3393



Emergency contraception and contraceptive advice: Call CASH on 01225 826855 or from a Minor Injury Department and A&E.
www.safebanes.com

For support around unhealthy or abusive relationships: Southside: Call or text 07724 011051 or email yp.support@south-side.org.uk



For support around bereavement: Cruse -
Call free on 0808 808 1677 or visit
www.cruse.org.uk

Substance misuse: Call Project 28 on 01225 463344 Or email office@dhiproject28.org.uk



Rape or sexual assault: Call the Bridge Clinic on 0117 3426999 or the Police (24hrs)



For housing worries: 'Shelter' 0808 800 4444 Or
Nightstop (16 and 25 yrs) for anyone who's in need
of emergency overnight accommodation call 01225
32590 Or email nightstop@ymcabathgroup.org.uk

Bath Safe Bus:

Runs every Friday and Saturday from
10.30pm to 4.00am and may be available
for other busy nights such as Bank Holidays
and other big events in the city of Bath.



Growth
Respect
Oppportunity
Working Together
#GROWtogether



Personal Development Enrichment Employability

Supporting Your Journey Beyond the Classroom

At Bath College, all learners take part in our **Personal Development and Enrichment programme** alongside their vocational course. Through weekly tutorials, targeted events, and inspiring guest talks, you'll build the personal and social skills that support your career journey and future success.

This is your space to grow, connect, and prepare for life beyond college.

grow@bathcollege.ac.uk



Tutorial Support

If you are a full-time student, you will have a personal tutor, who is usually someone who also teaches you.

This tutor will:

- Help you to **set targets** that you need to make progress through your course.
- Keep an eye on your **attendance**, punctuality and progress on your course.
- Provide you with an **induction** into the College.
- Check if you need **additional learning support** to help you on your course.
- Help you to develop **good study skills**.
- Write a reference for you when you **complete your course**.
- **Listen to you** if there are personal issues that you want to discuss and advise you of extra support you can have to address these issues; if you need help with a particular issue your tutor will probably know where you can get it.

- Organise an **enrichment programme** that will give you opportunities outside your course.
- Produce a **written review of your progress** at least 3 times each year – and send a copy to your parents/guardian if you are 18 or under or your employer if they have paid for your course
- **Part-Time Students:** we believe that part-time students should be provided with support and feedback on how they are doing on their course. If you are a part-time student you will have a tutor who will be someone who teaches you. As a part-time student you will receive the same support as a full-time student although you may not receive as many written reviews of your progress.
- **Parent Information:** the tutor also acts as a ‘gateway’ to the support services that the College provides to help students with personal matters that may affect their studies. You will be invited to meet your son or daughter’s new tutor within 3 weeks of the start of the course to give you a chance to find out more about College life and the course they are studying.





Online Safety

In today's digital world, safeguarding extends to online interactions. We provide lessons to help students navigate online safety through our **Personal Development provision**, including:

Social Media Guidelines

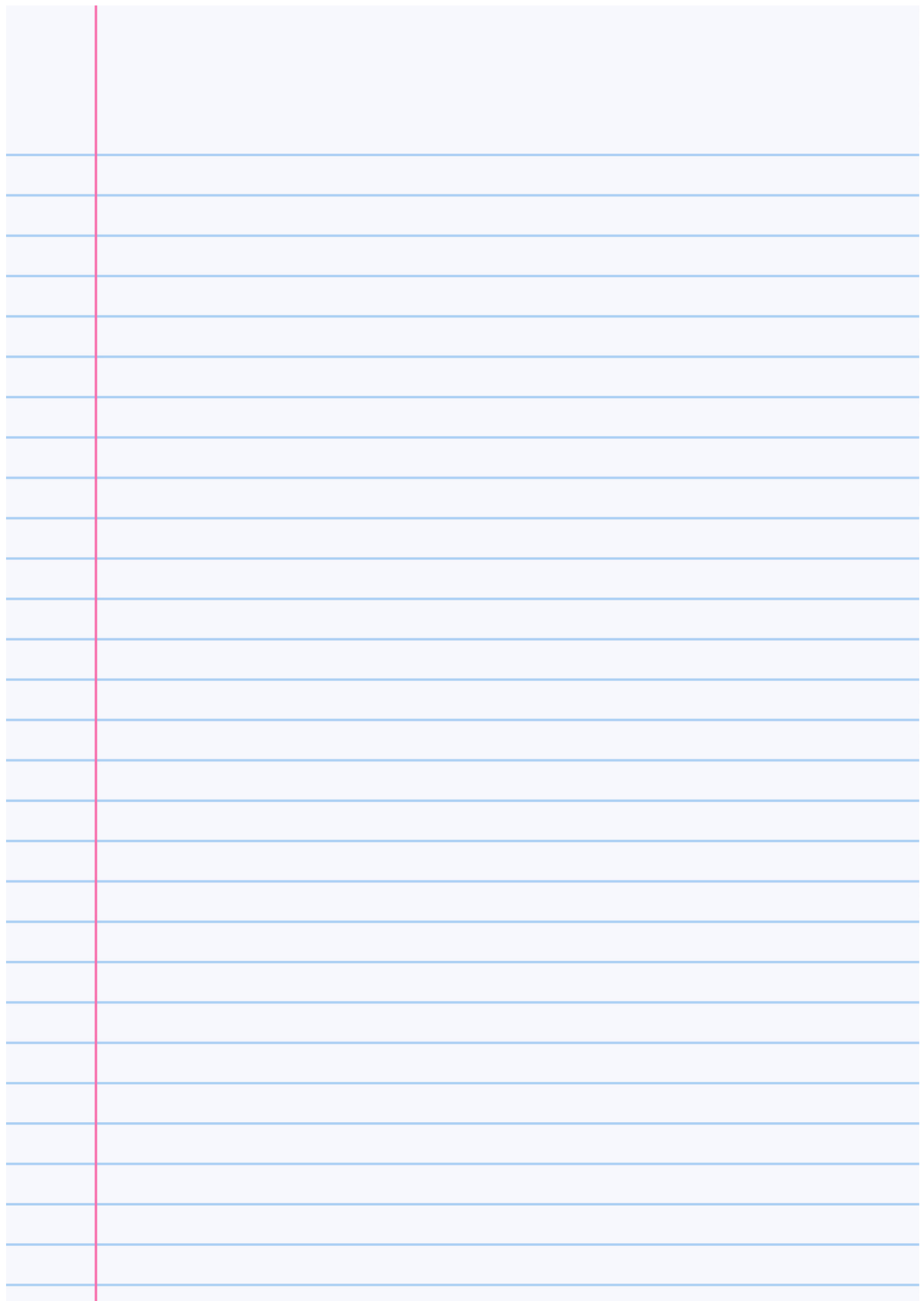
Best practices for safe social media use.

Cyber Bullying Information

How to recognise and address cyberbullying.

thoughts, notes, and more...







Contact Us

email: safe@bathcollege.ac.uk

