

PLANNING FOR YOUR PLASTIC SURGERY WITH ARTHUR W PERRY MD

- Dr. Arthur Perry's cosmetic surgery practice attracts patients from around the world. This guide will help you plan your consult, preoperative preparation, travel, and accommodations.
- Our office will do everything possible to make your experience as seamless as possible.
- To prepare for your consultation, please fill out the registration forms available by invitation on the Symplast app. Bring pertinent records such as operative reports and consider obtaining medical clearance in advance from a board-certified internist.

Travel to our offices

- ❑ 1021 Park Avenue, Suite 105
(enter on 85th Street)
Manhattan, NY 10028
- ❑ 3055 Rt 27, Franklin Park, NJ
08823

Fly into Laguardia or Newark Airports.

Ride with Carmel Limo - (212) 666-6666
carmellimo.com

Stay at the Belleclaire Hotel - 2175
Broadway -Manhattan's Upper West
Side. Request Columbia University rates.

- ❑ **Minor Procedures – NY
and NJ offices**
- ❑ **Lasers – NY office**
- ❑ **Cosmetic Surgery -
Hospital or Surgicenter**

Surgery is performed at Manhattan Eye
Ear and Throat Hospital in Manhattan,
NY, or the CARES Surgicenter in New
Brunswick, NJ, or several other
surgicenters in Manhattan, NY.

Skilled Nursing Services provided by
Luminate Wellness & Recovery -(310)
740-6162- are recommended for 24-48
hours after surgery.

WELCOME TO DR PERRY'S



PERSONALIZED APPROACH TO WORLD CLASS COSMETIC SURGERY

Your Consult

Dr. Perry doesn't cut corners. Before any surgery is scheduled, you'll spend an hour in a comprehensive initial consultation. Attention to detail helps ensure that your treatment will be well planned and performed and you will be back to your schedule as soon as possible. Your consult includes a physical examination and determination of the best course of treatment, aided by computer-created photographs simulating your possible postop appearance. Dr. Perry will discuss the risks and benefits of proposed procedures.

If you have had prior plastic surgery, bring your operative notes and records with you. A second visit is performed prior to surgery –the first or second visit can be “virtual” via Facetime or Zoom, but at least one visit must be “face to face” in person.

After your
consultation, the
journey toward a
more beautiful you
begins...



Checklist for Surgery

- ☐ Schedule surgery, postop visits and arrange finances
- ☐ Schedule 2nd preop visit/videochat/phone call
- ☐ Schedule internist & other clearances
- ☐ Read instruction sheets & Dr. Perry's book.
- ☐ Schedule preoperative labs 2-4 weeks before surgery.
- ☐ Book flight/transportation/hotel
- ☐ Stop estrogen and progestin drugs 1 month before surgery and stop Aspirin 1 week before surgery
- ☐ Take chlorhexidine shower the day before and day of surgery, use mupirocin in nose and ears 5 days before surgery
- ☐ Eat nothing after midnight before surgery.
- ☐ Shower in the morning but no perfumes or creams
- ☐ Stay in NJ/NY area for 1-2 weeks postop