

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

November 2025

Moments (Memory Care)

						7:00 Ready for the Day - M 9:30 Morning Meditation - M 10:00 Chair Exercises - MD 11:00 Matching and Sorting - MD 1:00 Walk and Talk - M 1:30 Coloring Art - MD 3:00 Neighborhood Chat and Treats - MD 6:00 Soothing Tunes - ML
7:00 Ready for the Day - M 11:00 Hymn Sing - ML 1:00 Movie Matinee - ML 3:00 Neighborhood Chat and Treats - MD 4:00 Sorting and Folding - MD 6:30 Feel Good Stories - M Daylight Saving Time Ends	7:00 Ready for the Day - M 9:30 Morning Meditation - ML 10:00 Walk and Talk - M 11:15 Remembrance Day with the Legion - T 1:00 Lap Baskets - M 1:30 Chair Exercises - MD 3:00 Neighborhood Chat and Treats - MD 4:00 Sensory Time - MYR 6:00 Soothing Tunes - ML	7:00 Ready for the Day - M 9:30 Morning Meditation - M 10:00 Chair Exercises - MD 11:00 Crafts - MD 1:30 Puzzles - MD 2:00 Bingo (Oasis) - MD 3:00 Neighborhood Chat and Treats - MD 6:30 Feel Good Stories - M	7:00 Ready for the Day - M 9:30 Morning Meditation - ML 10:00 Walk and Talk - M 2:00 Spa Treatments - MD 2:00 Puzzles - MD 3:00 Neighborhood Chat and Treats - MD 4:00 Sorting and Folding - MD 6:00 Soothing Tunes - ML	7:00 Ready for the Day - M 9:30 Morning Meditation - MD 10:00 Chair Exercises - MD 1:00 Lap Baskets - M 2:00 Bingo (Oasis) - L 2:00 Puzzles - MD 3:00 Neighborhood Chat and Treats - MD 4:00 Country Drive - B 6:30 Feel Good Stories - M	7:00 Ready for the Day - M 9:30 Morning Meditation - ML 10:00 Walk and Talk - ML 11:00 Baking - MD 1:30 Afternoon Bean Bag Toss - M 3:00 Neighborhood Chat and Treats - MD 4:00 Sensory Time - MD 6:00 Soothing Tunes - ML	7:00 Ready for the Day - M 9:30 Morning Meditation - M 10:00 Chair Exercises - MD 11:00 Matching and Sorting - MD 1:00 Walk and Talk - M 1:30 Coloring Art - MD 3:00 Neighborhood Chat and Treats - MD 6:00 Soothing Tunes - ML
7:00 Ready for the Day - M 11:00 Hymn Sing - ML 1:00 Movie Matinee - ML 3:00 Neighborhood Chat and Treats - MD 4:00 Sorting and Folding - MD 6:30 Feel Good Stories - M	7:00 Ready for the Day - M 9:30 Morning Meditation - ML 10:00 Walk and Talk - M 11:00 Baking - MD 1:00 Lap Baskets - M 1:30 Chair Exercises - MD 3:00 Neighborhood Chat and Treats - MD 4:00 Sensory Time - MYR 6:00 Soothing Tunes - ML	7:00 Ready for the Day - M 9:30 Morning Meditation - M 10:00 Remembrance Day Service at the Cenotaph - B 11:00 Crafts - MD 1:30 Puzzles - MD 2:00 Bingo (Oasis) - MD 3:00 Neighborhood Chat and Treats - MD 6:30 Feel Good Stories - M Veterans Day Remembrance Day (Canada)	7:00 Ready for the Day - M 9:30 Morning Meditation - ML 10:00 Walk and Talk - M 2:00 Spa Treatments - MD 2:00 Puzzles - MD 3:00 Neighborhood Chat and Treats - MD 4:00 Sorting and Folding - MD 6:00 Soothing Tunes - ML	7:00 Ready for the Day - M 9:30 Morning Meditation - MD 10:00 Chair Exercises - MD 1:00 Lap Baskets - M 2:00 Puzzles - MD 3:00 Neighborhood Chat and Treats - MD 6:30 Feel Good Stories - M	7:00 Ready for the Day - M 9:30 Morning Meditation - ML 10:00 Walk and Talk - ML 11:00 Baking - MD 1:30 Afternoon Bean Bag Toss - M 2:00 Catholic Church Service (Oasis) - T 3:00 Neighborhood Chat and Treats - MD 4:00 Sensory Time - MD 6:00 Soothing Tunes - ML	7:00 Ready for the Day - M 9:30 Morning Meditation - M 10:00 Chair Exercises - MD 11:00 Matching and Sorting - MD 1:00 Walk and Talk - M 1:30 Coloring Art - MD 3:00 Neighborhood Chat and Treats - MD 6:00 Soothing Tunes - ML
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