

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November 2025						9:00am Walking Club 10:00am Morning Stretches 11:00am Knitting Club 2:00pm Bingo 3:00pm Afternoon Trivia 6:00pm Saturday Night Sports
9:00am Walking Club 10:00am French Mass 11:00am Book Club 2:00pm Coffee Social 3:00pm Card club 6:00pm Movie Night Daylight Saving Time Ends	9:00am Walking Club 10:00am Tuck Shop 10:30am Chair Dancing 2:00pm Bingo 3:00pm Monday Manicures 4:00pm Puzzles 6:00pm Trivia	9:00am Walking Club 10:15 Bus Outing: Sightseeing Drive & Tim Hortons 2:00pm Crafting Corner: Paper Poppies 3:30pm Afternoon Snack & Chat 4:00pm Jeopardy 6:00pm 6 O'clock News	9:00am Walking Club 10:00- Reading Club - B 10:30am Morning Exercises (on TV) 11:00am Coffee and Cookies 2:00pm Bingo 4:00pm Hangman Word Game 6:00pm Evening Stretch with music	9:00am Walking Club 10:00am English Catholic Mass 9:30 - Family Physio Exercises 10:30am Coffee & Crosswords 2:00pm Wii Bowling 3:15pm Tea/Coffee & Sing Along 4:00pm Walk n' Talk 6:00pm Evening Relaxing Yoga	9:00am Walking Club 10:30am Drum-Fitness 11:00am Morning Smoothie 12:00pm Men's Lunch 2:00pm- Ladder Ball 3:00pm Pat's Pub 4:00pm Evening Walk & Talk 6:00pm Movie and Popcorn	9:00am Walking Club 10:00am Morning Stretches 11:00am Knitting Club 2:00pm Bingo 3:00pm Afternoon Trivia 6:00pm Saturday Night Sports
9:00am Walking Club 10:00am French Mass 11:00am Book Club 2:00pm Coffee Social 3:00pm Card club 6:00pm Movie Night	9:00am Walking Club 10:00am Tuck Shop 10:30am Chair Dancing 2:00pm Bingo 3:00pm Monday Manicures 4:00pm Puzzles 6:00pm Trivia	Remembrance Day 9:00am Walking Club 11:00 Remembrance Day Ceremony 2:00pm Bean Bag Toss 3:15pm Afternoon Snack & Chat 4:00pm Jeopardy 6:00pm 6 O'clock News	9:00am Walking Club 10:00- Reading Club - B 10:30am Morning Exercises (on TV) 11:00am Coffee and Cookies 2:00pm Bingo 3:00pm Afternoon Snack & Chat 4:00pm Hangman Word Game 6:00pm Evening Stretch with music	World Kindness Day 9:00am Walking Club 9:30 - Family Physio Exercises 10:30am Coffee & Crosswords 2:00pm Wii Bowling 3:15pm Hot Cocoa & Sing Along 4:00pm Walk n' Talk 6:00pm Evening Relaxing Yoga	9:00am Walking Club 10:30am Drum-Fitness 11:00am Morning Smoothie 2:00pm- Ladder Ball 3:00pm Pat's Pub 4:00pm Evening Walk & Talk 6:00pm Movie and Popcorn	9:00am Walking Club 10:00am Morning Stretches 11:00am Knitting Club 2:00pm Bingo 3:00pm Afternoon Trivia 6:00pm Saturday Night Sports
9:00am Walking Club 10:00am French Mass 11:00am Book Club 2:00pm Coffee Social 3:00pm Card club 6:00pm Movie Night	9:00am Walking Club 10:00am Tuck Shop 10:30am Chair Dancing 2:00pm Bingo 3:00pm Monday Manicures 4:00pm Puzzles 6:00pm Trivia	9:00am Walking Club 10:15 Bus Outing: Walmart & Coffee at Mcdonalds 2:00pm Bean Bag Toss 3:15pm Afternoon Snack & Chat 4:00pm Jeopardy 6:00pm 6 O'clock News	International Men's Day 9:00am Walking Club 10:30am Morning Exercises (on TV) 11:00am Coffee and Cookies 2:00pm Bingo 3:00pm Afternoon Snack & Chat 4:00pm Hangman Word Game 6:00pm Evening Stretch with music	9:00am Walking Club 9:30 - Family Physio Exercises 10:30am Coffee & Crosswords 2:00pm Happy Hour & Live Music with Ann Mlner 3:45pm Wii Bowling 6:00pm Evening Relaxing Yoga	9:00am Walking Club 10:30am Drum-Fitness 11:00am Morning Smoothie 2:00pm- Ladder Ball 3:00pm Pat's Pub 4:00pm Evening Walk & Talk 6:00pm Movie and Popcorn	9:00am Walking Club 10:00am Morning Stretches 11:00am Knitting Club 2:00pm Bingo 3:00pm Afternoon Trivia 6:00pm Saturday Night Sports
9:00am Walking Club 10:00am French Mass 11:00am Book Club 2:00pm Coffee Social 3:00pm Card club 6:00pm Movie Night	9:00am Walking Club 10:00am Tuck Shop 10:30am Chair Dancing 2:00pm Bingo 3:00pm Decking the Halls: Christmas Tree Decorating! 4:00pm Puzzles 6:00pm Trivia	9:00am Walking Club 10:00am Rosary 10:45am Bus Outing: Walk n' Shop at Place d'Orleans 2:00 Bean Bag Toss 3:00pm Afternoon Snack & Chat 4:00pm Jeopardy 6:00pm 6 O'clock News	9:00am Walking Club 10:00- Reading Club - B 10:30am Morning Exercises (on TV) 11:00am Coffee and Cookies 2:00pm Bingo 3:00pm Afternoon Snack & Chat 4:00pm Hangman Word Game 6:00pm Evening Stretch with music	9:00am Walking Club 9:30 - Family Physio Exercises 10:30am Coffee & Crosswords 1:30pm - 3:30 Paint Class with Etta 4:00pm Weekly Team Crossword 6:00pm Evening Relaxing Yoga Thanksgiving Day (U.S.)	9:00am Walking Club 10:30am Drum-Fitness 11:00am Morning Smoothie 2:00pm- Ladder Ball 3:00pm Pat's Pub & Residents Birthday Party 4:00pm Evening Walk & Talk 6:00pm Movie and Popcorn	Symphony Senior Living Christmas Market 9:00am Walking Club 9:30-1:30 Christmas Market 10:00am Morning Stretches 2:00pm Bingo 3:00pm Afternoon Trivia 6:00pm Saturday Night Sports
9:00am Walking Club 10:00am French Mass 11:00am Book Club 2:00pm Coffee Social 3:00pm Card club 6:00pm Movie Night	Food Drive – Bring your non-perishable items to our home to support the cause!					