Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Mindful Moment (Meditation) - T 2:00 p.m. Scrabble - L 3:00 p.m. Refreshments - BL 7:00 p.m. Bean Bag Toss - L	8:00 a.m. Coffee Club - BL 10:00 a.m. Shuttle Bus - B 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo - L 3:00 p.m. Refreshments - BL 4:00 p.m. Brain Games - A 7:00 p.m. Tuesday Trivia - L	8:00 a.m. Coffee Club - BL 10:00 a.m. Walker and Wheelchair Clinic - L 10:00 a.m. Anglican Church Service - T 10:30 a.m. St. Mary's Pastoral Care and Communion - A 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Horseracing - L 3:00 p.m. Cocktails & Refreshments - BL 6:30 p.m. Campfire Stories - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. Coffee & Tea for You & Me - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo - L 3:00 p.m. Refreshments - BL 4:00 p.m. Puzzles - A 6:30 p.m. Thursday Night Music -	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Indoor/Outdoor Walking Club - A 2:00 p.m. "Happy Hookers" Crochet Club - L 2:00 p.m. Bowling - A 3:00 p.m. Ice Cream & Refreshments - BL 4:00 p.m. Darts - L 7:00 p.m. Euchre with Debra - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 2:00 p.m. Mini Golf - A 3:00 p.m. Refreshments - BL 4:00 p.m. Audiobook Short Stories - T 7:00 p.m. IN2L Saturday Night Sing-along - L
Service - T 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Entertainment with Sing Forever Studio - L 3:00 p.m. Refreshments - BL 4:00 p.m. CBC Cross Country Checkup Radio Show - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Mindful Moment (Meditation) - T 2:00 p.m. Scrabble - L 3:00 p.m. Refreshments - BL 7:00 p.m. Bean Bag Toss - L	10:00 a.m. Shuttle Bus - B 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo - L 3:00 p.m. Refreshments - BL	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Deer Hunting - L 3:00 p.m. Cocktails & Refreshments - BL 7:00 p.m. Name That Tune - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises – T 11:00 a.m. Coffee & Tea for You & Me – BL 3:00 p.m. Refreshments - BL 5:00 p.m. Resident and Family Christmas Dinner - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Indoor/Outdoor Walking Club - A 2:00 p.m. "Happy Hookers" Crochet Club - L 2:00 p.m. Catholic Mass - T 3:00 p.m. Ice Cream & Refreshments - BL 4:00 p.m. Darts - L 7:00 p.m. Euchre with Debra - L	8:00 a.m. Coffee Club - BL 13 11:00 a.m. A Morning Treat - BL 2:00 p.m. Balloon Volleyball - L 3:00 p.m. Refreshments - BL 4:00 p.m. Audiobook Short Stories - T 7:00 p.m. IN2L Saturday Night Sing-along - L
Service - T 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Movie and Popcorn - T 3:00 p.m. Refreshments - BL 4:00 p.m. CBC Cross Country	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Mindful Moment (Meditation) - T 2:00 p.m. Entertainment with Jim Ryan - L 3:00 p.m. Refreshments - BL 7:00 p.m. Bean Bag Toss - L	11:00 a.m. A Morning Treat - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo - L 3:00 p.m. Refreshments - BL 4:00 p.m. Brain Games - A	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 10:30 a.m. St. Mary's Pastoral Care and Communion - A	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. Coffee & Tea for You & Me - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo – L 3:00 p.m. Refreshments - BL 4:00 p.m. The Magic of Lights - B	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Indoor/Outdoor Walking Club - A 2:00 p.m. "Happy Hookers" Crochet Club - L 2:00 p.m. Bowling - A 3:00 p.m. Ice Cream & Refreshments - BL 4:00 p.m. Darts - L 7:00 p.m. Euchre with Debra - L	8:00 a.m. Coffee Club - BL 10:00 a.m. Cards and music with the Cyclones - L 11:00 a.m. A Morning Treat - BL 2:00 p.m. Mini Golf - A 3:00 p.m. Refreshments - BL 4:00 p.m. Audiobook Short Stories - T 7:00 p.m. IN2L Saturday Night Sing-along - L
Service - T 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Movie and Popcorn - T 3:00 p.m. Refreshments - BL 4:00 p.m. CBC Cross Country Checkup Radio Show - L 7:00 p.m. Billiards - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Mindful Moment (Meditation) - T 2:00 p.m. Scrabble - L 3:00 p.m. Refreshments - BL 7:00 p.m. Bean Bag Toss - L	10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo - L 3:00 p.m. Refreshments - BL 4:00 p.m. Brain Games - A 7:00 p.m. Tuesday Trivia - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 10:30 a.m. St. Mary's Pastoral Care and Communion - A 11:00 a.m. Food for Thought - T 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Winter Cookie Decorating - A 3:00 p.m. Cocktails & Refreshments - BL 7:00 p.m. Name That Tune - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. Coffee & Tea for	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Indoor/Outdoor Walking Club - A 2:00 p.m. "Happy Hookers" Crochet Club - L 3:00 p.m. Ice Cream & Refreshments - BL 4:00 p.m. Darts - L 7:00 p.m. Euchre with Debra - L Boxing Day (Canada) Kwanzaa Begins	
10:00 a.m. Virtual Church Service - T 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. Movie and Popcorn - T 3:00 p.m. Refreshments - BL 4:00 p.m. CBC Cross Country Checkup Radio Show - L	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Mindful Moment (Meditation) - T 2:00 p.m. Scrabble - L 3:00 p.m. Refreshments - BL 7:00 p.m. Bean Bag Toss - L	10:15 a.m. Chair Exercises - T 11:00 a.m. A Morning Treat - BL 11:00 a.m. Wordle - L 2:00 p.m. Bingo - L 3:00 p.m. Monthly Birthday Party - BL	8:00 a.m. Coffee Club - BL 10:15 a.m. Chair Exercises - T 10:30 a.m. St. Mary's Pastoral Care and Communion - A 11:00 Residents Association Meeting - L 11:00 a.m. Coffee & Tea for You & Me - BL 2:00 p.m. New Years Entertainment with Lanark County Revival - L 3:00 p.m. New Years Eve Cocktails & Refreshments - BL 6:30 p.m. Campfire Stories - L		embel	