



the
leap

Schools & Under 18s Leaps

INVESTMENT IN PERSONAL GROWTH + ACADEMIC ACHIEVEMENT



Achieve. Empower. Grow

In a world of fast-paced tech and surface-level connection, young people need more than just holidays.

Our School and Under-18 Leaps are designed to ignite personal growth, academic achievement, and global awareness—through real life adventure, and purposeful travel.

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Adventure, Build Resilience & Academic Achievement

Whether you're a school looking for a bespoke expedition, or a parent seeking a meaningful experience for your teen, we offer a path that inspires, educates and transforms.

Bold Journeys

Push beyond comfort, embrace the unknown and redefine what's possible.

Fearless Evolution

Build confidence, resilience and a fresh perspective on life.

Lasting Impact

Contribute to people and the planet, leaving a meaningful footprint.

WHY IT MATTERS

Building Skills the Classroom Can't

Today's young people are growing up in a fast-paced, hyper-connected world—and it's taking a toll. Anxiety is on the rise, resilience is on the decline, and many students are struggling to develop the independence and real-world perspective they'll need for adulthood. Traditional education alone isn't enough.

What's missing is space to stretch, to step outside comfort zones, and to discover who they really are—away from screens and academic pressure. That's where our adventures come in.

They offer the challenge, culture, and contribution needed to unlock confidence, purpose, and perspective.



WE OFFER MORE THAN JUST A TRIP

Purposeful Travel with Academic Power

Unlike standard school trips, our Leaps combine real-world adventure with recognised academic achievement. Every programme is designed to offer:

A meaningful mix of challenge, culture, and contribution.

The option to complete the Diploma in International Volunteering, accredited by the Centre for Global Citizenship Studies – worth 16 UCAS points

Eligibility for the Duke of Edinburgh Gold Award Residential section.

Deep, hands-on learning that develops leadership, empathy, and global awareness.





“I cannot recommend The Leap and the Kenya experience more highly. They have given us memories to cherish for a lifetime.”

– Genevieve Ford – Downe House School

YOU'RE IN SAFE HANDS

Trusted by Schools, Parents, and Students for Over 20 Years

Since 2002, The Leap has led purposeful adventures for thousands of young people. From the highlands of Peru to the beaches of Kenya, we've built a reputation for transformative travel that's safe, structured, and inspiring.

We understand what it takes to deliver successful school expeditions and under-18 programmes—because we've been doing it for over two decades.

What sets us apart:

- 20+ years of expertise in youth travel and expedition planning
- Fully supported experiences combining UK-based staff, local guides, and robust risk management
- Safeguarding-first approach with DBS-checked leaders and 24/7 emergency backup
- Strong partnerships with overseas NGOs, and conservation organisations
- Personal service—whether you're planning a bespoke school expedition or sending your teen on their first independent adventure, we're here to guide, support, and inspire every step of the way

UCAS POINTS + REAL-WORLD SKILL

Stand Out with Academic Achievement

The Leap sets itself apart by offering experiences that go beyond adventure—and into recognised academic achievement.

Through our partnership with the Centre for Global Citizenship Studies (CGCS), students can complete the Diploma in International Volunteering, earning 16 UCAS points and showcasing the kind of real-world skills universities look for.

Why Choose the Diploma?

Earn UCAS Points

boost university
applications with an
accredited certification

Showcase Growth

demonstrate leadership,
global awareness, and
contribution

Seamless Experience

our Leaps align perfectly
with the Diploma's five
online modules, completed
alongside the journey.

For students who want to stand out, this is a unique
and meaningful way to turn adventure into academic advantage.

There are *two ways* to get involved

U18 Leaps

Join an Under 18 Leap that's already built.

If you're a parent or educator with a young person ready for adventure, point them toward our Under-18 Leaps—12-day programmes designed for individual students aged between 16–18.

These are open enrolment, professionally-led and packed with purpose.

School Leaps

Tailored School Leap that fits your goals.

If you're a school looking to deliver something extraordinary, we'll work with you to create a tailored School Leap that fits your curriculum, calendar and goals.

You bring the students—we'll bring the impact.

Join an Under-18 Leap

Perfect for individual teens ready to step up

Designed for students aged 16–18 from uk and global schools, our Under-18 Leaps bring together adventurous young people for a shared experience of challenge, culture, and contribution.

Students sign up individually, but travel and grow as part of a supportive team—guided every step of the way by experienced Leap leaders and local experts.

Current Programme:

U18 Leap to Kenya

Marine conservation, community work, cultural immersion + safari



Includes:

- 12-day fully guided team adventure
- A diverse group of like-minded teens from across the UK
- Option to complete the Diploma in International Volunteering
- Qualifies for the DofE Gold Residential section
- 24/7 support, full safeguarding, and structured itinerary

Tailored School Leaps

Perfect for schools ready to shape their own adventure.

We collaborate with schools to design bespoke expeditions that match your learning objectives, term dates, and student needs. Whether you want to focus on conservation, global citizenship, or community contribution—we'll create a Leap that brings it all together.

Current Destinations include:

Kenya, Costa Rica, Colombia, Peru & Cambodia

Includes:

- Full itinerary design and support
- Experienced Leap leaders and local guides
- Option to integrate the Diploma in International Volunteering (16 UCAS points)
- Flexible dates and destinations
- Risk-assessed, fully supported, and purpose-driven

Ideal for:

- GCSE, A-level or IB cohorts
- DoFE and enrichment programmes
- International and sustainability-focused projects/experience destinations

UCAS POINTS + REAL-WORLD SKILLS.

Purposeful Travel, Global Impact

Wherever you go, you'll travel with purpose—thanks to our partnerships with trusted NGOs, conservation groups, and community-led initiatives. In Kenya, we collaborate with Oceans Alive, a dynamic marine conservation organisation working to protect coastal ecosystems and support local communities.

Through these partnerships, students gain rare, behind-the-scenes access to people and projects that most travellers never see. This is real-world learning—off the tourist trail, and deep into the heart of local life.

Every project is community-driven and ethically managed, meaning your students contribute to long-term, sustainable impact—from coral reef regeneration to clean cookstove building and freshwater initiatives.





WHAT YOUR LEAP COULD LOOK LIKE

Kenya in Action

Welcome to Kuruwitu, coastal Kenya—where coral reefs meet community impact, and every day brings new opportunity for learning, leadership, and adventure.

Working in partnership with Oceans Alive—a pioneering grassroots NGO—students dive into real-world conservation and development projects that contribute to one of East Africa’s most celebrated sustainability initiatives (even visited by King Charles in 2023).

This is purposeful travel at its best—off the tourist trail, hands-on, and rooted in long-term impact.

Your Day-to-Day Includes:

- Regenerating coral reefs with marine biologists and promoting sustainable fishing practices
- Building clean cookstoves (jikos) to reduce deforestation and improve respiratory health in rural homes
- Supporting water access and vertical garden projects for local families
- Sailing a traditional dhow on Kilifi Creek and bartering in local markets
- Going on safari in Tsavo National Park
- Joining football matches, church services, and shared meals to connect with local culture





WHAT YOUR LEAP COULD LOOK LIKE

Cambodia in Action

Welcome to Cambodia—a country of ancient temples, jungle landscapes, floating villages, and powerful resilience. This is a journey that goes far beyond the backpacker trail, offering cultural immersion, hands-on contribution, and a deep connection to people and place.

In partnership with local NGOs, social enterprises, and conservation initiatives, students explore Cambodia's past and present through work that empowers women, protects wildlife, and promotes sustainability.

This is where challenge meets contribution—and unforgettable memories are made.

Your Day-to-Day Includes:

- Supporting women's empowerment projects
- Volunteering with English and creativity workshops for children in rural learning centres
- Partnering with plastic reduction campaigns to permaculture gardening
- Exploring the Angkor Wat temples, Tonlé Sap Lake, and learning to cook traditional dishes like Amok
- Journeying into the jungle to walk with rescued elephants
- Visiting the Killing Fields
- Beach time on Rabbit Island





It challenged us in ways we hadn't anticipated, opening our eyes to different ways of living and requiring us to be resilient, organised, and adaptable.

– Lottie, student Dauntsey's School

THE OUTCOME?

A team of teens who return home more confident, more capable, and more connected—to the world and themselves.

SAFETY & ACCREDITATIONS

Managing Risk: Adventure with Responsibility

24/7 Support

Every Leap programme includes round-the-clock support from both our overseas project leaders and UK team.

Your Safety Comes First

The Leap prioritises safety, quality, and experience over cutting corners.

Rigorous Risk Assessments

We adhere to the highest safety standards, conducting annual risk assessments and safety audits.

Accreditation & Protection You Can Rely On

The Leap has been assessed, accredited, and trusted by the most respected organisations in the industry,



A woman with blonde hair tied back is running on a narrow dirt trail that winds along a steep, grassy mountain ridge. The sun is low on the horizon to the right, casting a warm, golden glow over the entire scene. The background shows a vast, hazy landscape of rolling hills and valleys. A dark purple rectangular box is centered in the upper half of the image, containing the text 'the leap' in a white, sans-serif font.

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Get in touch

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