

Understanding RABBIT BEHAVIOR

Rabbits communicate through body language.
Learning what your rabbit's actions mean helps build trust and a stronger bond.



HAPPY & RELAXED

BINKY



An excited jump with a twist in the air!
A sure sign of joy.

FLOP



Rabbits flop when they feel safe, relaxed, and comfortable.

LOAF



A relaxed rabbit sits with paws tucked in, looking like a little loaf of bread.

BONDING / GROOMING



Grooming shows affection and builds strong bonds with their rabbit friends (or their human!).

DID YOU KNOW?



Rabbits are prey animals, so subtle changes in their behavior can mean a lot. Watch their whole body, not just one movement!



CURIOUS & PLAYFUL



BOINK / HEAD TOSS

A quick toss of the head or jump in the air to show excitement or playfulness.



ZOOMIES

Running around in circles or darts of energy are completely normal bursts of happiness!



DIGGING / EXPLORING

Digging, scratching, and sniffing help rabbits explore their environment.



UNSURE OR NERVOUS



FREEZE

A rabbit that freezes is assessing a situation. They may feel unsure or alert.



WIDE EYES & EARS UP

Alert and aware. Checking their surroundings for safety.



HIDING

Hiding is a sign of fear or stress. Give them space and time.

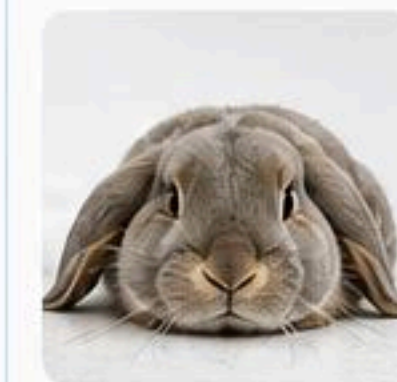


STRESSED OR SCARED



THUMPING

A loud thump of the hind legs warns of danger. It's a "watch out!" signal.



STIFF BODY & FLAT EARS

A tense, crouched body with ears flat can mean fear or discomfort.



GROWLING / TEETH GRINDING

Signs of pain, fear, or serious distress. Contact a vet if needed.



WHAT YOUR RABBIT IS TELLING YOU



SAFE SPACE IS KEY

A secure, quiet environment helps your rabbit feel safe and confident.



PATIENCE BUILDS TRUST

Let your rabbit approach you on their terms. It takes time to build trust.



POSITIVE INTERACTIONS

Gentle handling, treats, and respect create a strong bond.



RABBITS ARE INDIVIDUALS

Every rabbit has a unique personality. Learn what makes yours happy!



LOVE & UNDERSTANDING

The more you understand your rabbit, the deeper your connection.



Remember:

Rabbits can't tell us how they feel with words, but they're always talking to us. Listen with your heart and you'll understand their language.

