



Managing Low Blood Sugar While on the twiist™ AID System

Always follow your healthcare provider's instructions for treating low blood sugar.

Low blood sugar occurs when your blood sugar drops too low. For many people, low blood sugar is below 70 mg/dL.

Symptoms can vary from person to person. You may feel:



Shaky or dizzy



Sweaty or clammy



Confused or "foggy" brain



Hungry or irritable

The twiist AID System and low blood sugar

The twiist AID System adjusts insulin up to every five minutes and reduces or suspends insulin delivery if glucose levels drop too low. Since the twiist AID System reduces insulin delivery before and during low blood sugar, you may need fewer carbs than usual to treat it.

Steps that may prevent low blood sugar

- 1 Check your continuous glucose monitor (CGM) regularly to track your glucose levels.
- 2 Pay attention to low glucose alerts from your CGM.
- 3 Use the bolus amount suggested by the twiist AID System.
- 4 Use the Workout Preset Button to temporarily reduce insulin delivery during physical activity. This can reduce the risk of low blood sugar.

Steps to treat low blood sugar

- 1 Check your CGM glucose levels to confirm low blood sugar.
- 2 If your symptoms do not match your CGM glucose levels, double-check with a blood sugar meter.
- 3 Treat your low blood sugar based on guidelines from your healthcare provider.
- 4 Always keep fast-acting carbs with you.

Contact your healthcare provider if

- Low blood sugar happens often.
- You do not have a treatment plan to manage low and very low blood sugar.

If frequent low blood sugar occurs, review system settings with your healthcare provider.

If you experience a very low blood sugar level, follow your healthcare provider's guidance for emergency medical treatment.

Customer Care: 1 877-4TWIIST (1-877-489-4478)

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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