

twiist insight™ App

The twiist insight App is a companion app designed for caregivers and loved ones to remotely follow glucose and insulin data from someone using the twiist AID System. It provides regular* updates on CGM readings and insulin delivery, helping them stay informed and connected, no matter where they are.

** If the twiist user's phone is not connected to the internet, the data reflects the last event received when online.*

Overview

Upon logging into the twiist insight App, you see your **twiist List**, containing twiist users whose follow invitations you have accepted.

You can see data points in the twiist List, such as:

- Time of last update to the twiist insight App
- Most recently received glucose reading and glucose trend
- twiist Loop status
- Most recent basal insulin delivery status

Tap a tile to access additional information. Data shown represents the most recent information received by the twiist insight App.

Swipe right to assign a phone number or to place a call or text to the programmed number.

1 Settings

- If permitted by the twiist user, update the notifications you receive through the twiist insight App (can also be updated through the My twiist Portal).
- Assign a phone number for the twiist user by selecting Assign Phone Number to initiate a call or text message.

Note: If programmed, icons to call/text appear beside the Settings icon.

2 Status Bar

- CGM Status (CGM reading and trend)
- twiist Loop status
- Insulin Delivery Status
- Pump Status (Estimated insulin and twiist Pump Battery level) **Tap** to learn more.

3 Glucose Chart

Current and historical glucose readings. Duration defaults to 6 hours. Select  to change to 1, 2, or 3 Hours, if desired.

Note: If phone is held in landscape mode, duration options include 6, 9, or 12 Hours.

4 Notification Icons

Notifications appear as icons above the Glucose Chart. **Tap** the icons to learn more.

5 Active Insulin

Insulin actively working in the twiist user's body, based on the most recent data of basal and bolus insulin delivered.

6 Modifier

Shows when Pre-Meal Preset or Workout Preset is active. If Loop is disabled, displays information about an active Temporary Basal.

7 Basal Rate

Most recently received basal delivery rate.

8 Active Carbs

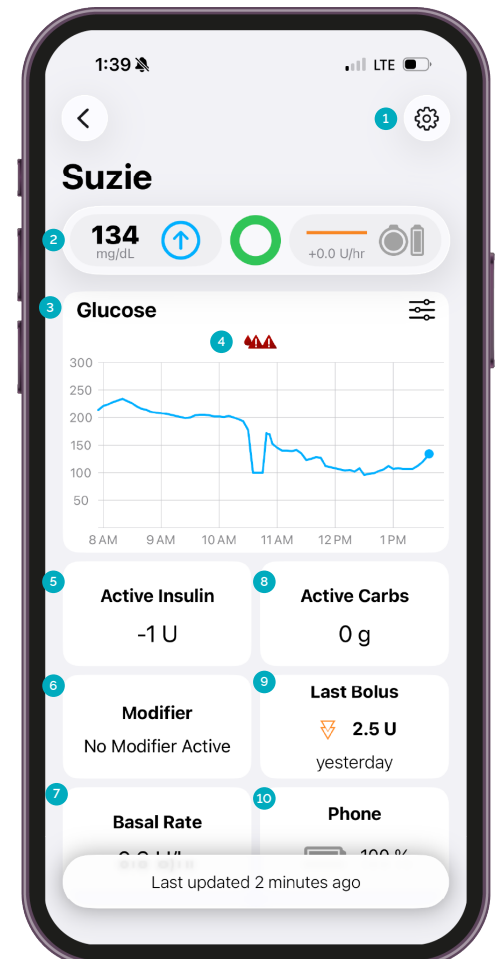
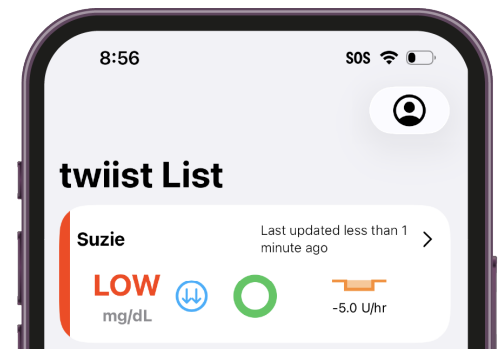
Active carbs in the twiist user's body based on the user-entered carbohydrates and absorption time

9 Last Bolus

Most recently received bolus amount and delivery time.

10 Phone

Estimate of the battery charge remaining on the twiist user's smartphone..



The twiist insight App is available in the App Store for iOS only.

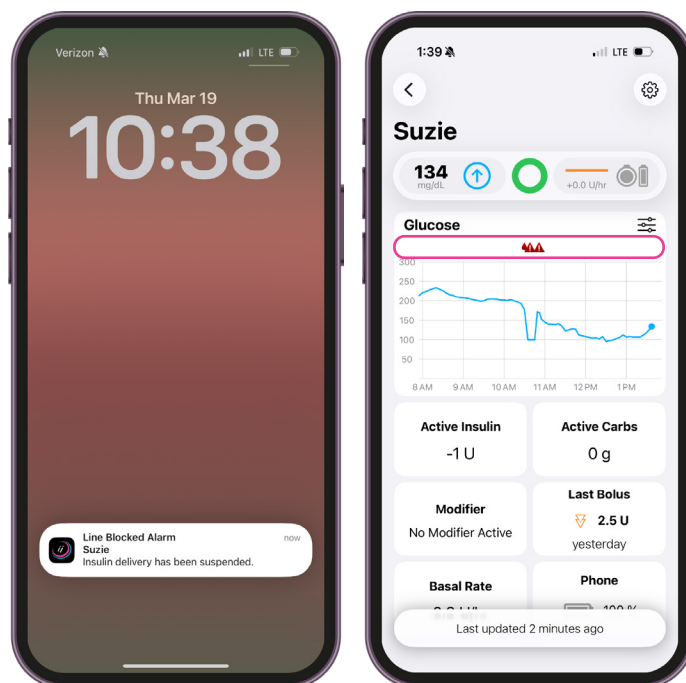
Notifications

If permitted and enabled, notifications for the twiist users you follow appear on your iPhone Notification Center. Notifications play at your iPhone Ringtone and Alert Volume with the Default Alerts sound.

Icons also appear above the Glucose Chart in the twiist insight App at the time a notification is received. **Tap** on an icon to learn more.

Notification Type	Description
Urgent Low Glucose	The twiist user's glucose reading is 55 mg/dL* or lower.
Low Glucose	The twiist user's glucose reading falls below 70 mg/dL*.
High Glucose	The twiist user's glucose reading rises above 250 mg/dL*.
No Data Connection	The twiist System does not have a data connection. No update provided for 20 minutes.
Pump Alarms	The twiist user's insulin delivery has been suspended due to a Pump Alarm.

*Notification values cannot be customized.



Invite a twiist insight follower

twiist users can invite followers to view their twiist System data in the twiist insight App using the following steps:

- 1 Log into to your **My twiist Portal** account (<https://mytwiistportal.com>) using your email and password.
- 2 Go to the insight App section and select **Manage followers**.
- 3 Select **+ Invite a follower** and complete the Follower name, Email, and Preferred language.
- 4 Select whether to allow the follower to get **push notifications** for alerts and alarms received through your twiist System including Urgent Low Glucose, Low Glucose, and High Glucose Alerts, No Data Connection Alerts, and Pump Alarms.
- 5 Select **Send Invitation**.

Now it's time for your follower to take action!

Note: Repeat these steps to allow up to 15 followers to see your data in the twiist insight App.

Accept an Invitation for twiist insight

- 1 Open the email invitation from **noreply@twiist.com**.
 - a. If you already have a twiist insight account on the My twiist Portal or are an existing twiist user, select **Accept insight invitation** and proceed to **step 5**.
 - b. If you do not have an existing twiist insight account and are not a twiist user, proceed to **step 2**.
- 2 Follow the instructions in the email to create a twiist insight account by selecting **Create insight account**.
- 3 Open the email from noreply@twiist.com and select the **Verify Email** link.
- 4 Return to the initial invite email and select **Accept insight invitation**.
- 5 If you have been given the ability to receive notifications from the twiist user, select **Edit** in the Push notifications column to enable which you want to receive through the twiist insight App.
 - a. Notifications default to Off. Toggle On those you want to receive, then select **Save** to retain your changes. *Note: You can also edit these in the insight App.*
 - b. Expand each notification type to learn more about why it may be generated.

Note: If you do not see an Edit option, you have not been granted permission to receive notifications.
- 6 Download the twiist insight App from the App Store and log in with your twiist insight account information or My twiist Portal credentials if you are a twiist user. *You can follow an unlimited number of users.*



Refer to the twiist insight App User Guide for more information on the twiist insight App, the twiist insight App widget, and the twiist insight App for the Apple Watch.

Customer Care: 1 877-4TWIIST (1-877-489-4478)

The insight App is not intended to be a replacement for the information displayed by the twiist App and should not inform dosing decisions. It is not intended to replace self-monitoring practices as advised by a physician. Data updates require WiFi or cellular connectivity and their frequency may vary depending on connection strength.

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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