

STICKS Infusion Set Guidance

Follow the **STICKS** steps to help the infusion set stay in place.

What is STICKS?

S

Skin Preparation

Clean the site to remove oils or lotions.
Let it air dry. Do not wipe dry.

T

Twist Off Cap

Remove the protective cap from the inserter to expose the cannula*.

I

Insert Cannula

Choose a flat area without skin folds. Stand for torso sites, if needed.
Position the inserter flat against the skin. Press down firmly until you hear a **click**.
The click means the cannula has been inserted.

C

Count to 20

Hold the inserter in place and press gently for **20 seconds**.

K

Kindly and Confidently Remove Applicator

Pull the applicator straight off in one smooth motion.
Use the **Rock and Roll Method** (see next page) to help with removal, if needed.

S

Smooth Sides

Press around the adhesive edges to seal them. Check that no edges lift.



Check the user guide that comes with the infusion set for manufacturer instructions.



* Cannula: A small tube placed under the skin



Additional Infusion Set Adhesive Tips

If the applicator does not come off following the STICKS steps, consider the **Rock and Roll Method**:

1. "Rock" the applicator in a circular motion gently and slowly
2. Continue rocking until the adhesive fully releases

You may use a product to help the infusion set stick better. Allow time for the product to fully air dry, as needed:

- SKIN TAC® (Torbot)
- NO-STING SKIN PREP® (Smith & Nephew)
- Cavilon® No Sting Barrier Film (3M)
- Tegaderm® Transparent Dressing (3M) - to be placed under the infusion site before insertion



Customer Care: 1 877-4TWIIST (1-877-489-4478)

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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