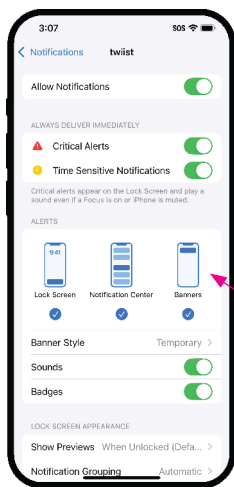




twiist™ AID System: iPhone and Pump Notification Settings

The twiist Automated Insulin Delivery (AID) System uses iPhone sounds, vibrations, and notifications to keep you informed. These will appear on the iPhone and on the twiist Pump (sound only). Settings are controlled in two places: iPhone Settings and twiist App Notification Settings.

iPhone Settings



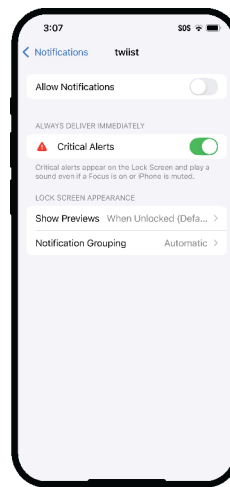
ON

Allow Notifications and Critical Alerts for the twiist App in the iPhone Notifications menu.

Disabling Critical Alerts will deliver notifications as standard notifications.

Customize how to receive notifications.

Keeping Lock Screen, Notification Center, and Banners enabled helps to make sure twiist App notifications are received.



OFF

It is not recommended to disable "Critical Alerts" to ensure delivery of safety-related notifications..

If "Allow Notifications" is disabled, non-critical alerts will not make a sound or appear on the screen.



For safety, Urgent Low Glucose Alerts (55 mg/dL or less) always escalate to the pump when not dismissed.

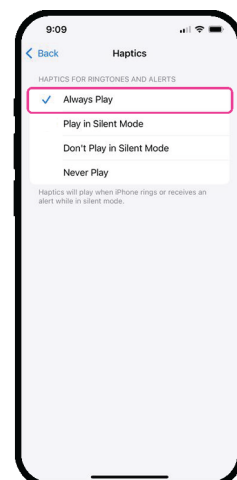
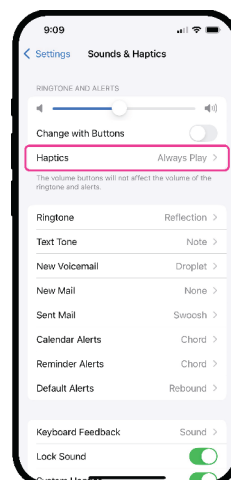
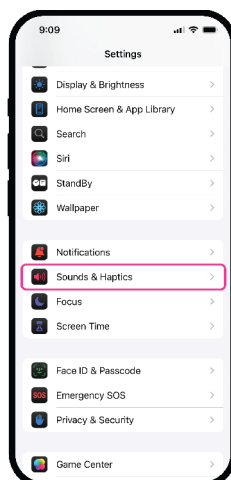
- If **Focus Features**, such as Do Not Disturb, are enabled your iPhone will not play sounds, vibrate, or display notifications.
- If **Silent Mode** is enabled, your iPhone will not play sounds, but will vibrate (if haptics are enabled). Notifications will appear on the screen.
- Keep **Critical Alerts** enabled for the twiist App to bypass both Focus and Silent Mode on your iPhone.

iPhone Vibrations (Haptics)

The iPhone has settings that can be adjusted to allow vibration notifications (haptics) to be on.

In iPhone settings:

- Select **Sounds & Haptics**
- Select **Haptics**
- Select **Always Play**



Screen appearance may vary across different iOS versions, including older and future versions

twiist App Notification Settings

There are two categories of twiist App settings: **twiist-specific** and **CGM-specific**. Some alerts for app-based settings can be customized within the twiist App.

Adjustable twiist-specific notifications

Low Insulin Alert #2

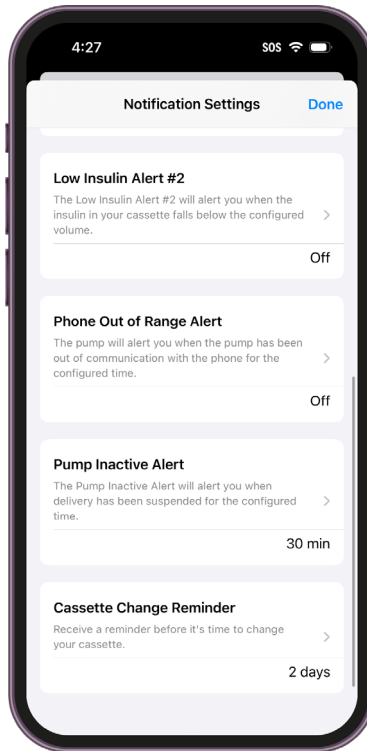
Can be disabled.
Defaults to Off.
Value can be adjusted.

Phone Out of Range

Can be disabled.
Defaults to Off.
Value can be adjusted.

Pump Inactive Alert

Always enabled.
Defaults to 30 minutes.
Value can be adjusted.



Adjustable CGM-specific alerts

CGM Signal Loss Alert

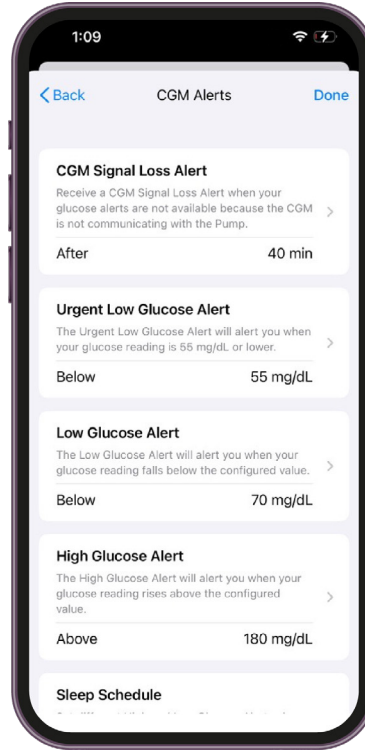
Always enabled.
Defaults to 40 minutes.
Value can be adjusted.

Low Glucose Alert

Can be disabled.
Defaults to 70 mg/dL.
Value can be adjusted.

High Glucose Alert

Can be disabled.
Defaults to 250 mg/dL.
Value can be adjusted.



Low Insulin Alert #1 is always enabled for safety. Value cannot be adjusted and is set to 10 U.

Urgent Low Glucose Alert is always enabled for safety. Value cannot be adjusted and is set at 55 mg/dL.

CGM alerts have an override focus

When enabled (default), this feature allows a sound to be played when the iPhone is muted, or when the Focus feature is on.

When disabled, this feature prevents a sound from being played when the iPhone is muted, or when the Focus feature is on.

Override Focus cannot be disabled in Urgent Low Glucose Alert.

Override Focus

Turn on if you want this alert to always play a sound and appear on the lock screen even if your phone is muted or Focus is on.



twiist App Volume Settings

The twiist AID System allows personalization of the volume settings for **Critical Alerts** and **Pump Sounds**.

Critical Alert Volume

Some notifications from the twiist App are delivered through the iPhone as Critical Alerts and play sounds at the Critical Alert Volume set in the twiist App Notification Settings.

To update:

1. Tap **Settings** from the twiist App Home Screen
2. Tap **Notification Settings**
3. Tap **Critical Alert Volume**

Default Volume: High

Volume Options: Low, Medium, High

Critical Alerts play at the selected volume even when the iPhone is silenced or Focus is enabled.

Pump Sounds

Alarms and Urgent Low Glucose Alerts escalate to the pump at the selected Pump Volume Level if you do not address them. They escalate to the maximum pump volume if not addressed.

To update:

1. Tap **Settings** from the twiist App Home Screen
2. Tap **Notification Settings**
3. Tap **Pump Sounds**

Default Volume: Medium

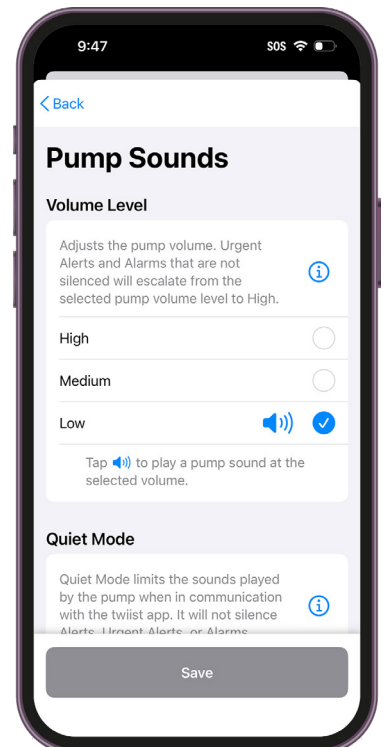
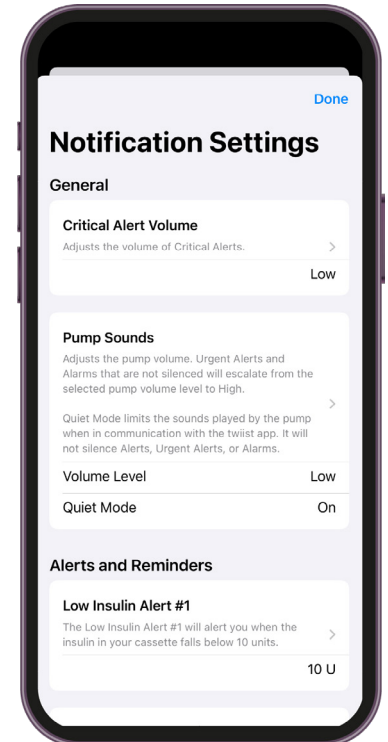
Volume Options: Low, Medium, High

Quiet Mode

Quiet Mode limits some sounds played by the twiist Pump when the pump is communicating with the twiist App.

Quiet Mode does not silence pump sounds for verifying insulin delivery, One-Button Bolus programming and delivery, pump pairing mode, Urgent Low Glucose Alerts, or Alarms.

Default Setting: Off



Alarm and Alert Volume Overview

Alarms

When the twiist App and the twiist Pump are communicating, the sound advances and escalates until the alarm is acknowledged.

- First, alarms sound on the phone, using the set iPhone Ringtone and Alerts volume.
- Second, if the alarm is not acknowledged, the alarm sounds on the phone at the **Critical Alert Volume** (High, Medium, or Low), as selected in the twiist App Notification Settings menu.
- Third, if the alarm is still not acknowledged, the next sound plays on the twiist Pump at the **Pump Volume Level** set in the Notification Settings menu and will automatically increase one level (Low→Medium→High) if ignored. **The alarm repeats every 15 seconds until you respond.**
- Fourth, if the alarm continues to go unacknowledged, it repeats on the phone as a Critical Alert and is played every 15 seconds on the **pump at High Pump Volume.**

If the twiist App and pump are not communicating, alarms will sound on the pump immediately.

Alerts

- When the twiist App and pump are communicating, alerts play on the phone using your iPhone Ringtone and Alerts volume.
- The alerts listed below always play on the phone at the **Critical Alert Volume** (High, Medium, or Low), as selected in the twiist App Notification Settings menu. This volume does not increase.
 - Urgent Low Glucose
 - Pump Inactive
 - CGM Ended
 - Check CGM
 - Replace CGM
- Alert sounds do not advance to the pump, except for Urgent Low Glucose. Urgent Low Glucose advances to and plays on the pump if not acknowledged.
- All twiist System alerts, such as Pump Inactive, repeat every **15 minutes** until dismissed.
- All CGM alerts, such as High Glucose, repeat every **5 minutes** until dismissed.

If Override Focus is enabled, the following alerts play on the phone at the Critical Alert Volume:

- High Glucose
- Low Glucose
- CGM Signal Loss

If the twiist App and pump are not communicating, alerts will sound on the pump.



Customer Care: 1 877-4TWIIST (1-877-489-4478)

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

© 2026 Sequel Med Tech, LLC. All rights reserved. All other trademarks are the property of their respective owners.

Visit twiist.com/safety for important safety information.