What to Know About High Glucose and twiist™



Always follow your healthcare provider's instructions to treat your high glucose (sugar).

High glucose happens when glucose readings rise above 180 mg/dL for most people.

Symptoms can vary from person to person. You may feel:

- Increased thirst
- Urinating often
- Dry mouth
- Blurred vision

The twiist AID System and high glucose

The twiist AID System may give more insulin when it predicts your glucose will rise. If your glucose is above your correction range, you may choose to take extra insulin based on the twiist AID System's guidance using a Correction Bolus.

Steps that may prevent high glucose

1. If a bolus is recommended by the twiist AID System, use the bolus amount suggested.
2. Enter your meals, snacks, and carb-containing drinks into the twiist App.
3. Check your continuous glucose monitor (CGM) regularly to track your glucose levels.

Steps to treat high blood sugar

1. If the twiist App suggests a correction bolus, follow the instructions to deliver it.
2. If high glucose continues, check for issues:
   - **Alerts or Alarms:** Review any system alarms like "Line Blocked" or "Cassette Empty."
   - **Infusion Site:** Make sure the infusion site is secure and not leaking.
3. If glucose continues to rise after checking for alerts, alarms, and leaking, change the infusion site.

Contact your healthcare provider if

- High glucose happens often.
- You do not have a treatment plan for managing high glucose, which may include ketone testing.
- You experience symptoms of diabetic ketoacidosis (DKA) like nausea, vomiting, or stomach pain.

If frequent high glucose occurs, review system settings with your healthcare provider.

Customer Care: 1 877-4TWIIST (1-877-489-4478)

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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