What to Know About Low Glucose and twiist™



Always follow your healthcare provider's instructions for treating low glucose (sugar).

Low glucose means your glucose level is below a healthy range. For many people, this is below 70 mg/dL.

Symptoms can vary from person to person. You may feel:

- Shaky or dizzy
- Sweaty or clammy
- Trouble thinking clearly
- Hungry or irritable

The twiist AID System and low glucose

The twiist AID System checks glucose levels often. It can reduce or stop insulin delivery when you're getting too low. Because the twiist AID System may lower insulin before a low glucose event, some people may need fewer fast-acting carbs to treat it.

Steps that may prevent low glucose

1. Check your continuous glucose monitor (CGM) regularly to track your glucose levels.
2. Pay attention to low glucose alerts from your CGM.
3. Use the bolus amount suggested by the twiist AID System.
4. Use the Workout Preset Button before or during physical activity, or during times you may be at risk for low glucose, to help reduce insulin delivery.

Steps to treat low blood sugar

1. Always keep fast-acting carbs with you to treat low glucose.
2. Check your CGM glucose levels to confirm low glucose.
3. If your symptoms do not match your CGM reading, check your blood glucose with a meter.
4. Follow your healthcare provider's low glucose treatment plan.

Contact your healthcare provider if

- You have frequent low glucose episodes.
- You do not have a treatment plan to manage low and very low glucose.

If frequent low glucose occurs, review system settings with your healthcare provider.

If you experience a very low glucose level, follow your healthcare provider's guidance for emergency medical treatment.

Customer Care: 1 877-4TWIIST (1-877-489-4478)

The twiist™ Automated Insulin Delivery (AID) System is for people with type 1 diabetes, 6 years of age and above, available with a prescription, only in the U.S.

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