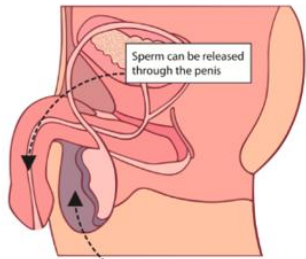
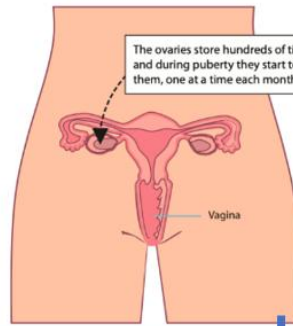


Male and Female Bodies



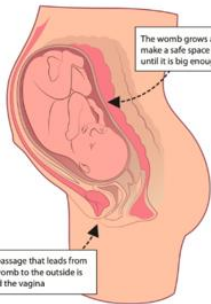
The testicles grow and start to make sperm which are tiny seeds that are needed to start a baby growing



When one of these ova joins with a sperm it will start to grow into a baby



The womb grows and gets ready to make a safe space for a baby to grow until it is big enough to be born



Self-Image

"What contributes to my self-image?"

How I feel about my appearance

How I feel about my personality

How I get on with others

The things I can't do or struggle with

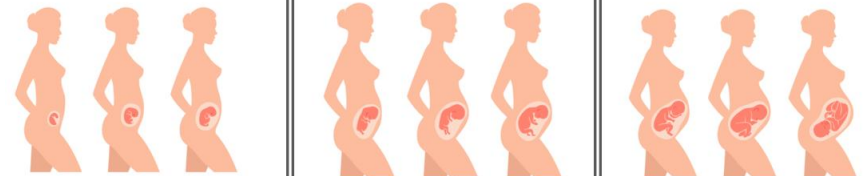
The talents or skills I have

How I think others see me

What I like about myself

What I dislike about myself

A baby then grows in the mother's womb for 9 months until it is ready to be born



PSHE: Changing Me

Term: Summer 2

Year: 6

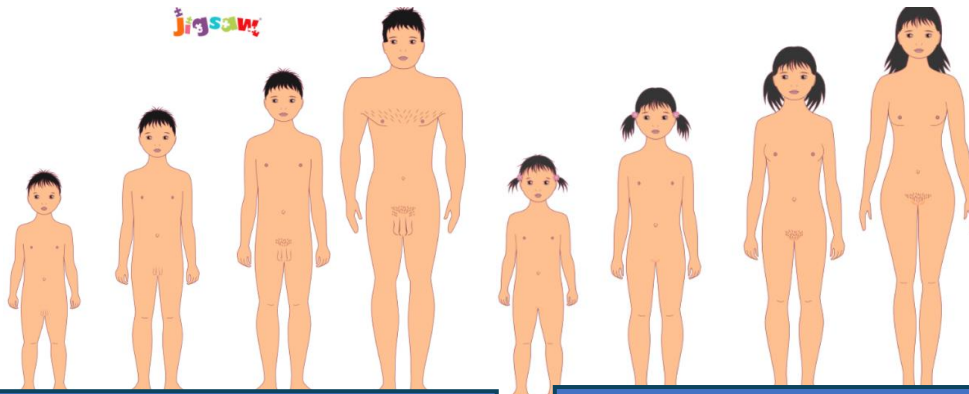
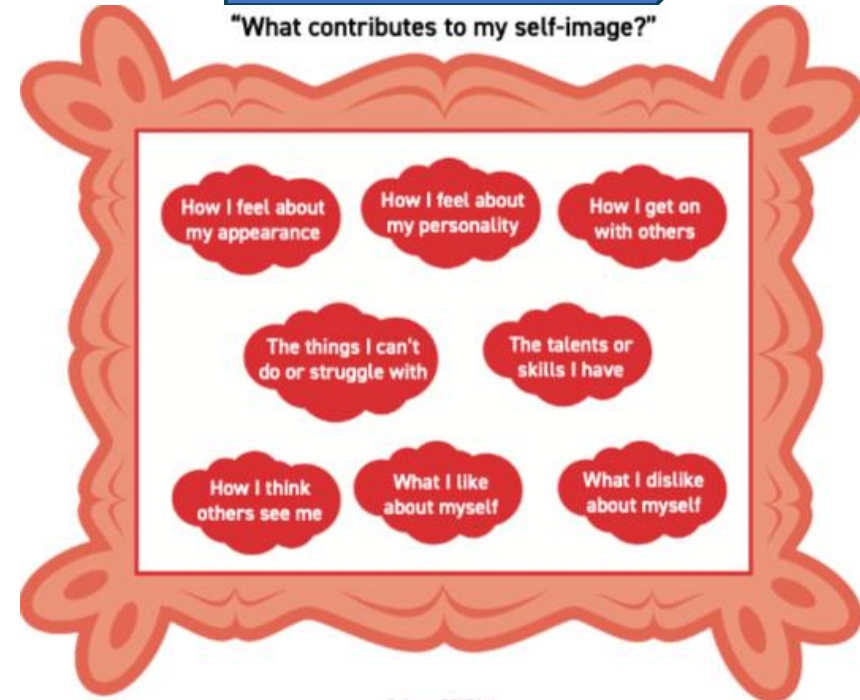
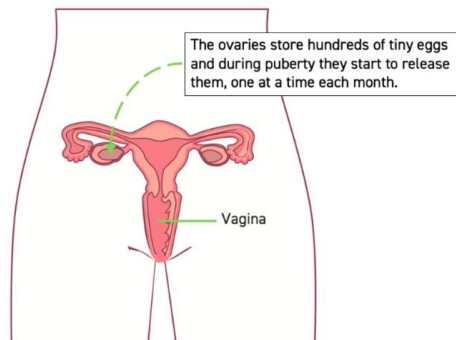
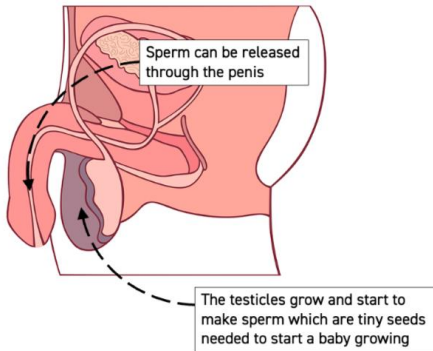
Duration: 6 Weeks

Changes to Boys:

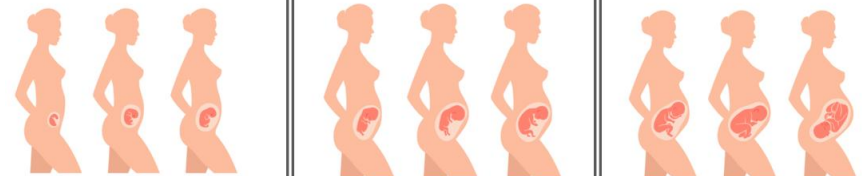
Changes to Girls:

Self-Image

"What contributes to my self-image?"





A baby then grows in the mother's womb for 9 months until it is ready to be born



During puberty, some changes that happen to boys are: growing pubic hair, voice break, growing taller, growing facial hair, and testicles get larger and begin to produce sperm.

During puberty, some changes that happen to girls are: growing pubic hair, growing taller, hips widen, breasts get larger, and menstruation begins.

Key Vocabulary

 <p>Puberty</p>	<p>Puberty</p>	<p>Puberty is about getting boys' and girls' bodies ready for making and having babies when they are grown up.</p>
	<p>Vagina, Uterus (womb) and ovaries</p>	<p>The passage that leads from the womb to the outside is called the vagina. The uterus (womb) grows and gets ready to make a safe space for a baby to grow until it is big enough to be born. The ovaries store hundreds of tiny eggs and during puberty they start to release them, one at a time each month.</p>
	<p>Penis, Sperm and Testicles</p>	<p>The testicles grow and start to make sperm which are tiny seeds that are needed to start a baby growing. Sperm can be released through the penis.</p>
 <p>self-image</p>	<p>Self-image</p>	<p>How you see and think about yourself. It's like a mental picture of who you are, including your personality, strengths, weaknesses, and how you feel about your body.</p>

Family talk time

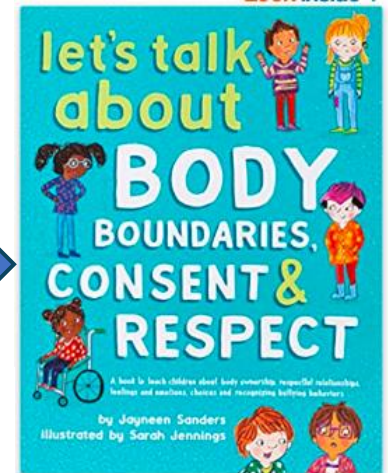
Can you tell me about some of the changes that happen to a puppy / kitten / baby as they grow up?

Can we talk about some of the changes that are going to happen to you as you grow up?

How do you feel about these changes?

Do you have any questions about the changes that are going to happen to you as you grow up?

You might like to share this book with your child:



Looking forward...



One thing I am looking forward to about next year is...