



# Understanding Dementia: A challenging journey

This program is brought to you  
by Hospice of the Valley and  
Sun Health.

## Participants will:

- Understand dementia and how it progresses from early to advanced stages.
- Learn to develop strategies to make and maintain meaningful connections with the person with dementia.
- Further value the caregiver role and explore ways to reduce stress.

## Speaker: Maribeth Gallagher, DNP, FAAN

Dr. Gallagher directs Hospice of the Valley's Dementia Program, which has received national and international awards for its innovative approaches to dementia care. She is a psychiatric nurse practitioner with a doctoral degree in nursing. Her commitment to improving dementia care was initially inspired by her own experience as a family caregiver, sharing the journey with her loved one from diagnosis to death.



## Wednesday, Feb. 19, 2025

Registration: 8:30 a.m. • Program: 9 a.m.–Noon

*Continental breakfast will be provided at this no-cost event.*

## The Colonnade

19116 N. Colonnade Way  
Surprise, AZ 85374

## RSVP

Events1@hov.org or (602) 636-5393



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