



An exotic-looking citrus fruit, the Blood Orange has a crimson-red pigment to its flesh as well as its rind.

Blood Oranges are less acidic than the naval varieties and have softer flesh, with a raspberry-like flavour in addition to the usual citrus notes.

With is unique flavour base, the Blood Oranges is surprisingly versatile - used in the same way as a regular naval orange, perfect for use in salads, as well as savoury and sweet dishes.

AVAILABILITY

JAN **FEB AUG** MAR **APR** MAY JUN JUL SEP OCT NOV DEC

WEIGHT PACK COUNTS

Bulk fill cartons

10kg (22lbs)

36 | 45 | 54 | 60 | 68 | 75 | 81

Packed with vitamin C, folic acid, calcium and vitamin A, amongst other minerals and vitamins, and are a very good source of fibre. With higher levels of vitamin C are higher than regular naval oranges; the Blood Orange is also known as the anti-aging orange.

Rich in antioxidants, they have the unique ability to produce anthocyanins most commonly found in berries such as blackcurrants, which is extremely rare for citrus fruits.











