

NEW ZEALAND APRICOTS



Another of summer's delicacies, the Apricot is a small to medium sized golden orange fruit, often tinged red where most exposed to the sun.

They have a smooth yet velvety skin, with flesh that is usually firm and meaty. Whilst not juicy, they are smooth and sweet, with the perfect amount of tartness to balance them out.

One of the most versatile fruits, Apricots are not just confined to sweet treats. Delicious dried, fresh, added to salads, or paired with meats like chicken or pork in savoury dishes.

AVAILABILITY

JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

PACK

Single-layer Tray

COUNTS

25 | 28 | 30 | 33 | 36 | 42

VARIETY

Sundrop | Clutha Series | Valley Gold

Grown in Central Otago, a region renowned for producing stonefruit of superior quality and flavour, due to its pure and optimal growing conditions.

Rich in nutritional content with an excellent source of vitamin A, C, potassium, carotenes and fibre; Apricots are loaded with benefits such as improving heart health, reducing cholesterol levels, relieving constipation and boosting bone strength.

PLU #4218

NB: Label not to scale.



GROWING REGION
Central Otago

