


April

Breakfast

LEARNING CENTERS

Mon	Tue	Wed	Thu	Fri
		Cinnamon Oatmeal Strawberries Milk	WG Pancake Orange Segments Milk	WG Bagel w/ Cream Cheese Sliced Grapes Milk
French Toast Sticks Peaches Milk	Scrambled Eggs Watermelon Milk	WG Blueberry Muffin Applesauce Milk	WG Waffle Strawberries Milk	Turkey Sausage Patty Banana Milk
Yogurt Blueberries Milk	WG Biscuit Orange Segments Milk	Egg and Potato Casserole Milk	WG Cheerios Cereal Banana Milk	French Toast Sticks Applesauce Milk
WG Pancake Strawberries Milk	WG English Muffin Sliced Grapes Milk	Turkey Sausage Patty Hashbrown Milk	WG Waffle Blueberries Milk	Breakfast Pizza WG Pita Round Orange Segment Milk
WG Croissant Watermelon Milk	Scrambled Eggs Hashbrown Milk	Yogurt Peaches Milk	Oatmeal Soft Apple Slices Milk	

This institution is an Equal Opportunity Employer

Serving Sizes: Milk - ½ cup (whole) Milk - ¾ cup (1%) Milk - 1 cup

Ages 1-2 Grains/Meat Alternative - ½ oz **Ages 3-5** Grains/Meat Alternative - ½ oz **Ages 6-18** Grains/Meat Alternative - ½ cup


Key: HM - Homemade WG - Whole Grain Fruit/Vegetable - ¼ cup Fruit/Vegetable - ½ cup Fruit/Vegetable - ½ cup

WGR - Whole Grain Rich WW - Whole Wheat

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Lunch

LEARNING CENTERS

Mon	Tue	Wed	Thu	Fri
		Chicken and Waffles WG Waffle Roasted Carrots Peaches Milk	Cheesy Rigatoni w/ Ground Turkey Green Beans Apple Slices Milk	Pepperoni Pizza WG Pizza Round Roasted Broccoli Pears Milk
Beef Quesadilla WG Tortilla Corn Pineapple Milk	Seasoned Chicken and Rice Green Beans Orange Segments Milk	Turkey Stroganoff Noodles Peas Pears Milk	BBQ Pulled Chicken Sandwich WG Bun Sweet Potatoes Mangos Milk	Tuna Noodle Casserole Noodles Lima Beans Peaches Milk
Chicken Alfredo Noodles Carrots Pears Milk	Turkey and Cheese Sliders WG Slider Bun Sweet Potatoes Watermelon Milk	Chicken Wrap WG Tortilla Black Bean Salsa Pineapple Milk	Salisbury Steak WG Bun Mashed Potatoes and Gravy Peaches Milk	Cheese Pizza WG Pizza Round California Blend Veggies Orange Segments Milk
Tater Tot Casserole WG Breadstick Ground Beef Broccoli Fruit Cocktail Milk	Spaghetti w/ Ground Turkey Served in a Red Sauce Roasted Brussel Sprouts Pears Milk	Turkey Melt WG Bread French Fries Tropical Fruit Milk	Chicken Salad Wrap WG Tortilla Mixed Veggies Cantaloupe Milk	Fish Taco WG Tortilla Coleslaw Mango Milk
Chicken Tenders WG Bun Sweet Potatoes Sliced Grapes Milk	Grilled Cheese Sandwich Tomato Soup WG Slice of Bread Orange Segments Milk	Beef Hamburger WG Bun French Fries Peach Crisp	Ziti w/ Ground Turkey Served in a Red Sauce Peas Oranges	

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Serving Sizes:

Milk - ½ cup (whole)

Milk - ¾ cup (1%)

Milk - 1 cup

Key: HM - Homemade
 WG - Whole Grain
 WGR - Whole Grain Rich
 WW - Whole Wheat

Ages 1-2 Grains/Meat Alternative - ½ oz
 Fruit/Vegetable - ¼ cup


Ages 3-5 Grains/Meat Alternative - ½ oz
 Fruit/Vegetable - ½ cup

Ages 6-18 Grains/Meat Alternative - ½ cup
 Fruit/Vegetable - ½ cup

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Snack

LEARNING CENTERS

Mon	Tue	Wed	Thu	Fri
		1 Celery Strips WG Cheez Its Crackers	2 Yogurt WG Cinnamon Pita	3 Applesauce Graham Cracker Sheets
6 Carrots w/ Ranch Soft Apple Slices	7 Yogurt Parfait Granola Strawberries	8 String Cheese Stick WG Ritz Crackers	9 Calzone Served w/ Marinara Sauce	10 Cereal Trail Mix Watermelon
13 Animal Crackers Applesauce	14 English Muffin Fruit Pizza Blueberries Strawberries	15 String Cheese Sliced Grapes	16 Goldfish Crackers Crushed Pineapples	17 Mixed Fruit Smoothie
20 Banana Muffin Cottage Cheese	21 Bosco Stick Served w/ Marinara Sauce	22 Soft Pretzel Applesauce	23 Banana WG Cheez It Crackers	24 Graham Cracker Sheets Apple Dip
27 Yogurt WG Ritz Crackers	28 Wheat Thins Fruit Cocktail	29 Mixed Fruit Smoothie	30 Mac n Cheese	

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Milk - ¾ cup (1%)

Milk - 1 cup

Key:

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WG - Whole Grain

Ages 1-2

Grains/Meat Alternative - ½ oz

Ages 3-5

Grains/Meat Alternative - ½ oz

Ages 6-18

Grains/Meat Alternative - ½ cup

WGR - Whole Grain Rich

WW - Whole Wheat

Fruit/Vegetable - ¼ cup

Fruit/Vegetable - ½ cup

Fruit/Vegetable - ½ cup