





# Moments That Matter Share Your Story & WIN!

Every small moment of love, care, and connection shapes a child. Whether it's a childhood memory with a caregiver, a teacher's encouragement, or a special bond with a sibling—these moments matter!

That's why Hold My Hand is launching the Moments That Matter competition! We're inviting you to share your story through a written piece, photo, video, audio clip, or artwork—and stand a chance to win up to R5 000!

Entering is easy....WhatsApp "moments" to

0600 411 111. Share your entry on TikTok, Facebook, or Instagram using #MomentsThatMatter and tag us to stand a bigger chance to win.

Competition closes 30 April 2025—but you can submit and win every week! Your story could inspire the nation. Submit today!

Are you an NGO and want to submit on behalf of your community? Contact us at info@holdmyhand.org.za

Submit Here



## our community

We're excited to introduce some incredible organisations that have joined the Hold My Hand community. Each one brings unique expertise and fresh perspectives to our shared mission of uplifting children and teens.



Redirecting surplus food to hunger relief programmes.



Supporting vulnerable children and families.



Empowering parents to nurture healthy families.



Supporting substance abuse recovery.



Raising awareness on child safety.



Driving social justice through education reform.



Using tech to improve healthcare access.



Advocating for unity and social transformation.

Join Our Community

## What is happening in our community?



#### **Fatherhood & Parenting**

25 March 12pm SAST

Join SAPPIN and Tales of Turning for an interactive session on how to use social media listening tools to support fathers and positive parenting practices.

Register



#### The perspective series

27 March 1pm SAS1

Financial insecurity during pregnancy deepens cycles of poverty, poor nutrition, and stunting — yet meaningful support remains out of reach.

With the first 1 000 days of a child's life being critical for long-term development, how can targeted financial support help break this cycle and drive long-term change?

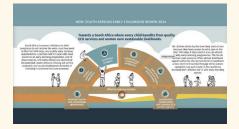
Tune In



#### **Transforming Youth Health**

Young Africa Live (B-Wise) is breaking barriers to sexual and reproductive health through digital platforms like WhatsApp.

Learn more



### Ilifa Labantwana's Mission for ECD

Simpler, fairer regulations are key to building a care-driven, women-led economy and equitable early childhood services.

Learn more



#### **Real Reform for ECD**New Podcast Series

Explore the history and campaigns behind the Real Reform for ECD movement. Listen to a teaser clip on their founding campaign.

Tune In



### Book Dash Stories for Every Child

Discover 211 original titles across 15 themes to ignite a love of reading. Access free books to read, download and print.

Access Resources



## Stay connected

Get the latest updates, inspiring stories, and ways to make a difference by following us on social media.

Together, we're creating a brighter future for South Africa's children and teens. Thank you for holding hands with us on this incredible journey.

Want to share your latest news?
Drop an email at news@holdmyhand.org.za







### Together, we will change our future.

Thank you for being a vital part of our mission to put children at the center of our future. Your involvement makes all the difference!