

WHAT IS FNE?

Food and nutrition (FNE) provides a dynamic context for learning across all subjects, aiming to enhance students' life skills, health, wellbeing and sense of belonging

HOW CAN YOU OPTIMISE FNE IN PRIMARY SCHOOLS?

QUT's School Foodies project has identified the following key strategies towards optimising food and nutrition environments in primary schools:



STRENGTHS-BASED APPROACH

Focusing on abilities, knowledge, capabilities, and assets that can be leveraged to support a positive emphasis on FNE across the curriculum.



CURATING RESOURCES

Ensuring FNE resources are credible, evidence-based, inclusive, and facilitate deep learning opportunities.



EMBRACING DIVERSITY

Implementing FNE that caters to students from different socio-economic backgrounds, cultures, abilities, physical attributes, and learning needs.

WHAT ARE THE FNE FOCUS AREAS?

The four focus areas provide a powerful context for learning across the curriculum.



SUSTAINABILITY



CULTURE + BELONGING



NUTRITION



AGRICULTURE



WANT TO INTEGRATE FNE IN YOUR SCHOOL?

Designed by teachers for teachers, the School Foodies Curriculum Planning Toolkit supports the integration of food and nutrition education across all subjects.

www.schoolfoodies.org.au