

July



Yarnell Regional Community Center

Serving the Weaver Mountains' Communities

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"It Feels Like Home"

Hi Friends!

Sue Dickerson here, and I am thrilled to introduce myself as the new Executive Director of the YRCC. My first month here has been an incredible journey, filled with learning, connecting, and envisioning the future of our treasured community center. I am excited to share some highlights and my thoughts for the months ahead.

A Warm Welcome

From day one, the warmth and support of the YRCC community has been incredible! The Board, team, volunteers, and members have all been super welcoming, making my transition smooth and enjoyable. I've had the pleasure of meeting many of you at lunch and during our community events, and I'm excited to get to know everyone better in the coming months.

How in the World Did I Get Here?

My path has been anything but conventional. My background is Human Resources and Operations in a variety of industries, including travel, government, real estate, telecom, education and consulting. And while each experience has shaped my passion for helping others, something was missing. I now know it was **community**. It was through these diverse roles that I discovered my calling to make a difference in a more meaningful way. The opportunity to serve as Executive Director at YRCC feels like the culmination of years of dedication and hard work, and I am deeply grateful for this chance to contribute to and serve such a vibrant community. I grew up in the Phoenix/Scottsdale area but ironically, it never felt like home. I lived in CA, then Oklahoma (where I met my hubby) and then we spent 20 years in Colorado, where I finally felt at home, or so I thought. When he told me, his company wanted him in AZ, well, that was a long conversation with much debate (and wine), and I said okay, but I can't live in the valley, too hot. Once we moved back, we started looking for cooler ground, and we found this magical place. I now truly know what "home" feels like, and it's amazing.

One of my main goals is to really connect with the community and get a feel for what you all need and want. Open communication and collaboration are key, and I'm always here to listen and work together with you. Your feedback is super important, and I'm dedicated to making sure the YRCC stays a place where everyone feels at home!

Fun and Fresh Programs – Starting July 1st

In my first month, I've teamed up with our awesome crew to re-energize some of our programs. We're super excited to roll out initiatives that are all about wellness, learning, and having a blast together. Check out these highlights:

- **Mindful Mondays, Winning Wednesdays & More:** Unwind and recharge with summertime fun! From stretching & meditation to nutrition classes and some lunchtime fun, we've got your mental and physical health covered, not to mention your sense of curiosity!

- **Club Yarnell:** Whether you are new or one of our “experienced” community members, you are in for a treat! Club Yarnell is all about connecting, sharing stories, learning and having fun. Whether it's game nights, craft sessions, or just a good chat, there's something for everyone.



- **People for People (P4P):** Moving out of its pilot phase, P4P is delivering “More than a Meal” and its recipients are eating it up! This is a new wonderful service focused on helping reduce the stress of life, which can be quite overwhelming. Whether it's a friendly visit, in person or a regular phone call, or light housekeeping/maintenance, it's a comfort to know that there is someone there to help.
- **Morning Coffee & Pastries:** Starting July 1st, we'll be open Mon – Fri 7:30am to 9:00am for coffee and pastries. It's a great way to start your day, catch up with friends, or just enjoy a quiet moment.
- **Legacy Park Walking Trail:** Phase 1 of the “Legacy Project”, being built through a generous donation as Jimmy's legacy. Currently, the Legacy Park Walking Trail, is available for you to enjoy and pairs perfectly before or after your coffee stop. It's a beautiful way to get some fresh air and exercise and watch the progress as we bring the Legacy Park to life!



Teaming Up & Looking Ahead

One of the things I'm really excited about is teaming up with local organizations and businesses. We're working on some great collaborations with local schools, healthcare providers, and other groups to bring more resources and opportunities to our community. These partnerships are going to help us reach our goals and support “More than a Meal”. Our community is truly loved, not just by those of us who live here, but by many others who have been somehow touched by this special place!

As we move forward, the YRCC will continue to be a go-to spot for community activities, friendship, support and then some! I am passionate about sustainability and I want to work together with all of you to ensure a strong foundation for the YRCC. Let's make sure we can celebrate the next 50 years as a thriving community!




July 2025

Yarnell Regional Community Center (YRCC), 22302 S. State Route 89, Yarnell, AZ

- *Every Monday, 3:00 – 5:00 pm **Jenn's Games**
- *Every Tuesday, 11:00 am-Noon **Blood Pressure Checks**
- *1st Wednesday, 1:00 – 2:00 pm **Readers Delight Book Chat**, at Yarnell Library
A monthly Club Yarnell & Yarnell Library partnered activity
- *1st Wednesday, 9:00 am – 4:00 pm **WickCare Mobile Clinic**, at the Wheelhouse
Lea Way, FNP-C, PA-C, Family Medicine Practitioner, will be stationed at the Mobile Clinic providing general and preventative health care! Appointments and Walk-Ins are welcome! To schedule please call 928-668-1833 or visit wickhosp.com/mobile to request an appointment online.
- *Monday, July 7, 1:00 – 2:00 pm **Nutrient-Rich Herbs**
Join us for this fun & informational nutrition talk by Nicole Lund, Univ. of AZ, Health Zone
- *Thursday, July 17, 1:00 – 3:30 pm **Hassayampa Writer's Club**, at Yarnell Library
Share your work and exchange ideas with fellow writers!
A monthly Club Yarnell & Yarnell Library partnered activity
- *Tuesday, July 22, 1:00 – 2:00 pm **Telehealth and You**
Workshop presenter: Carrie Foote, Associate Director of the Arizona Telemedicine Program
- *Friday, July 25, 11:00am – 12:30 pm **Music at Lunch, by Buddy Cloy**
In celebration of July birthdays!
- *Saturday, July 26, 2:30 – 4:00 pm **Women's Accessory Xchange (WAX)**
A fun shopping Exchange experience with friends! Bring in a maximum of 5 items per category: Jewelry, Scarves, Purses, or Hats – into the Processing Room between 9:00am – 1:30pm, on Monday-Friday, July 21-25. You will then be given coupons for your donations based on the condition and value. On day of event, use your coupons to shop! Refreshments provided.

So, Dive Right In

There are so many ways to be part of the YRCC community! Whether you want to volunteer, join our programs, or share your ideas, your involvement is what makes our community center thrive. Here are a few ways you can do that:

- **Volunteer:** We always need helping hands! Whether it's for our core purpose or for our events and programs, it's a great way to give back and meet new people. Stop in and fulfill your passion in the thrift store, dining room, meal delivery, event planning, P4P, etc.
- **Mid-Day Café:** From Mindful Mondays, Winning Wednesdays to Walking the trail or sipping coffee, there's something for everyone. Dive in and enjoy!
- **Thrift Store:** Best thrifting around, just ask anyone! 100% of proceeds support Meals on Wheels 
- **Share Your Ideas:** Got a cool idea for a new program or event? We'd love to hear it! Your feedback helps us grow and improve.
- **Attend Events:** Come to our community events, workshops, social gatherings. It's a fun way to stay connected and engaged.
- **Spread the Word:** Tell your friends and family about YRCC. The more, the merrier!
- **Subscribe to our You Tube Channel:** [Yarnell Regional Community Center - YouTube](https://www.youtube.com/yarnellregionalcommunitycenter/)
- **Check out our Facebook page:** <https://www.facebook.com/yarnellregionalcommunitycenter/>
- **Visit our Website:** <https://www.yarnellrcc.org/>

Thank you for your warm welcome and for being part of the YRCC community. I am honored to serve as your Executive Director and look forward to working with you to make YRCC the best it can be. Your involvement is what makes YRCC a vibrant and supportive place for everyone.

Let's make great things happen together!

Sue

YRCC Board of Directors



*New sign donated by
Yavapai County*

