

**LUNCH IS OPEN TO THE PUBLIC**

Age 60+ & NACOG \$7

Under age 60 \$9










M-F 11am-12:30pm

Includes Salad Bar

YRCC - Mid-Day Café
22302 South State Hwy 89, Yarnell AZwww.yarnellrcc.org 928-427-6347

August 2025 Menu

Thrift Store Open
Mon-Sat 9am – 2pmCoffee, pastries & more
Mon – Fri 7:30 – 9:00am**M-F Coffee & Pastries 7:30 – 9a*********Menu is subject to change*********Club Yarnell Events Listed In Yellow**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	****Every Monday**** Jenn's Games 3pm  Mindful Mondays 8am	****Every Tuesday**** Blood Pressure Checks 11a – 12 	**First Wednesday** WickCare Mobile Clinic **Last Wednesday** Winning Wednesday	YGWYG You Get What You Get	1 B'fast - YGWYG Pizza Casserole 5-Way Mixed Veggies Spinach, Roll Salad & Peaches	2
3	4 B'fast – Biscuits & Gravy  Baked Fish & Rice Pilaf Peas, Carrots, Corn Coleslaw & Pineapple Telehealth & You 9am-12	5 B'fast - Omelette Meatloaf Mashed Potatoes & Gravy Green Beans & Yams Roll, Salad & Grapes	6 B'fast – B & Gravy Ham & Scalloped Potatoes Brussel Sprouts Roll, Salad & Melon WickCare Mobile Clinic 9a-4p Appt: 928-668-1833	7 B'fast – Eggs & Sausage Veggie Goulash Kale, Baby Beets Garlic Bread Salad & Pears	8 B'fast - YGWYG Chicken Philly w/Peppers, Onions on Hoagie Roll Sweet Potato Tots Peas, Carrots Salad & Orange Slices	9
10	11 B'fast – B & Gravy  Cabbage Rolls Mac & Cheese Broccoli & Cauliflower Salad & Orange Slices Healthy Mixed Veggies Nutritional Talk w/ Nicole Lund 1pm	12 B'fast - Omelette Chicken Pot Pie Peas, Pearl Onions Roll Salad & Berries	13 B'fast – Waffles Poached Salmon Broccoli, Baby Carrots Ancient Grains Salad & Peaches Community Open House w/Yavapai County 12:30-2:30	14 B'fast – B&Gravy Shepherd's Pie 5-Way Mixed Veggies Roll Salad & Mandarin Oranges	15 B'fast - YGWYG French Dip Sandwich on Hoagie Roll California Blend Veggies Salad & Melon	16
17	18 B'fast - B & Gravy  Pork Roast Potatoes, Broccoli, Cauliflower, Roll Salad & Apricots Telehealth & You 1-4pm	19 B'fast - Pancakes Orange Chicken Emperor's Blend Veggies Fried Rice, Egg Roll Fortune Cookie Coleslaw & Grapes	20 B'fast – Eggs & sausage Corned Beef Hash w/Peppers & Onions Catalina Blend Veggies Biscuit, Salad & Peaches	21 B'fast - Omelette Tilapia & Brussel Sprouts, Carrots, Mac & Cheese Salad & Pineapple Hassayampa Writer's Club @ Library 1pm-3pm	22 B'fast - YGWYG Chef's Choice 5-Way Mixed Veggies Cornbread Salad & Orange Slices	23 Paint & Sip w/Gale Henry 4pm- 6:30pm \$20
24	25 B'fast – B & Gravy  Salsbury Steak w/Peppers, Onion, Mushrooms & Noodles Corn, Broccoli, Salad & Grapes Local Vineyard Tour 2:30pm	26 B'fast - Waffles Chicken Sandwich on Wheat Bun, Tater Tots Capri Blend Veggies Salad & Fruity Jello	27 B'fast – B & Gravy Beef Ravioli & Meat Sauce Spinach, Carrots Garlic Bread Salad & Pineapple WINNING WEDNESDAY 	28 B'fast - Omelette Chicken Cordon Blue Broccoli & Cauliflower Rice Pilaf Salad & Apricots	29 B'fast - YGWYG  Pot Roast  Mashed Potatoes & Gravy Peas & Carrots, Roll Salad & Grapes Music w/Strumming Ukes	30

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."