September



Yarnell Regional Community Center

Serving the Weaver Mountains' Communities 22302 S. Hwy 89, PO Box 641 Yarnell, Arizona, 85362 928-427-6347 www.varnellrcc.org

Making a Difference

- From Gratitude to Giving: The Ripple Effect of Kindness -

Hi Friends and Good Day!

And I truly mean that! I woke up this morning, grateful to go to work and even more grateful to know I'm making a difference. By 7:15, I'd brewed coffee, set up breakfast, chatted with Angie about Meals on Wheels, and shared laughs with Maddie and Joyce. In 40+ years of working, feeling this kind of joy wasn't something I expected. And now, I know—I am making a difference.

As it happens, the day was full of surprises to be grateful for! #1 on my to-do list was this newsletter, and as I sat to write, Sand showed up for Mindful Monday, which is a beautiful way to start the week, but I had to write the newsletter. Then Vanessa came into work and told me she met a woman who has river rocks to donate for our Legacy Park rock garden Fundraiser, fantastic news! Then Gale came by with the extra supplies from Saturday's Paint & Sip and told me what a wonderful time they all had and can't wait to do it again. Rosalie was next up in my office with a fundraising idea, but she got bumped due to a visit from Ann from Freeport McMoran...all before 9:00! I showed Ann around the YRCC and walked her through the Legacy Park area, and she asked, "What does the YRCC need to help you achieve your mission & goals? Is there an event we can help sponsor"? Wow, what an opportunity. I'm so grateful! Back to the newsletter, but first, Rosalie came back so we could finish talking about her fundraising idea, which was inspired by last month's newsletter. Before I got back to writing, I noticed a 2nd wedding dress hanging in the Thrift Store. With two beautiful dresses in, we took pictures of them for Facebook. It was then we noticed the 1st dress had never been worn and was custom made in Spain! What beauties they both are, and how fun to be able to "show & sell" them in the Thrift Store! I went back to the newsletter and who pops in but Shaun, letting me know the gutter was installed on the Wheelhouse, which was quite a surprise, because we weren't scheduled yet. Thanks, Shaun! Oh, and Kim, he'll install Petey's gutters on Wednesday! Back to the newsletter, but first Frances introduced me to Lola, who cooked at the YRCC for over 10 years a while back and still lives in Yarnell! At some point, in the middle of all this, Amy came by and restocked the Community Garden veggie basket in the Thrift Store! Back to the newsletter ..., but Denise popped her head in and asked if I was going on the Wine Tour today. Well, you bet I am... how is it already 2 pm? The wine tour! All I can say is "Wow". What a beautiful property and incredible tour, and what a lovely & generous couple they are! A bit of Italy right here in our own backyard!

What a wonderful day I experienced today! Each act of kindness and mutual appreciation strengthens bonds – neighbors helping neighbors, volunteers feeling valued and recipients paying it forward.

Gratitude is where it begins—a quiet recognition of the good around us. But when gratitude moves us to give, it becomes something greater: a force for change. At the Yarnell Regional Community Center, we see this transformation every day. From volunteers who show up with open arms to donors who believe in our mission, giving is how we turn appreciation into impact. By the way, I finally finished the newsletter

