



LUNCH IS OPEN TO THE PUBLIC

Age 60+ & NACOG \$7

Under age 60 \$9

M-F 11am-12:30pm

Includes Salad Bar

YRCC - Mid-Day Café
22302 South State Hwy 89, Yarnell AZ

www.yarnellrcc.org 928-427-6347

September 2025 Menu



Thrift Store Open
Mon-Sat 9am – 2pm

Coffee, pastries & more
Mon – Fri 7:30 – 9:00am



M-F Coffee & Pastries 7:30 – 9a		****Menu is subject to change****				Club Yarnell Events are Highlighted	
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 	2 B'fast - Omelette Cheeseburger & Tots Broccoli, Carrots Salad & Peaches Blood Pressure Checks	3 B'fast - B'fast Sandwich Chicken Parm & Pasta Squash & red peppers Salad & Pineapple WickCare Mobile Clinic 9a-4p Appt: 928-669-1833 Readers Delight Book Chat - Library	4 B'fast - B&Gravy BBQ Pork Sandwich Baked Beans, Corn on the cob Salad & Mandarin Oranges	5 B'fast - YGWWY Swedish Meatballs & Mashed Potatoes Peppers, Onions, Peas & Carrots Salad & grapes w/roll	6 Computer Basics w/ Bill 10a - 12	
7	8 B'fast - Biscuits & Gravy Country Steak Sweet Potato Tots, succotash Salad & Orange Slices Jenn's Games 3pm Mindful Mondays 8:30am	9 B'fast - Omelette Meatloaf & Mash Pot & Gravy Green beans, Carrots Salad & Peaches w/roll Blood Pressure Checks Sourdough Starter 4p – 5:30p	10 B'fast - Enchilada Casserole Ham & Scalloped Potatoes Sautéed Cabbage w/roll Salad & Fruit Cocktail	11 B'fast - Eggs & Sausage Smothered Chicken, Sweet Potatoes, peas Mac & Cheese Salad & Applesauce	12 B'fast - YGWWY Tuna Noodle Casserole Peas & Carrots Salad & Pears	13	
14	15 B'fast - B & Gravy Orange Chicken, Egg Roll Asian Vegies Salad & Applesauce Jenn's Games 3pm Mindful Mondays 8:30am Gluten Free Nutrition	16 B'fast - B'fast Sandwich Pork Chops & Stuffing Peas & Carrots Salad & Applesauce Blood Pressure Checks	17 B'fast - Pancakes/Waffles Ham & Cheese Sandwich Corn Chips Red Bells, Carrots, Celery Salad & Grapes	18 B'fast - B&Gravy Tilapia, Mac & Cheese Broccoli & Cauliflower Coleslaw, Pineapple, Salad Best Boogie Dance Class 4:30 – 5:30	19 B'fast - YGWWY Lasagna & Garlic Bread Spinach, Butternut Squash Salad & Pears	20 Computer Basics w/ Bill 10a - 12	
21	22 B'fast - Pancakes/Waffles Kielbasa, Kraut, Onions Peppers & Succotash Salad & Grapes w/roll Jenn's Games 3pm Mindful Mondays 8:30am Country Line Dance 5:30 – 6:30	23 B'fast - B & Gravy Chicken Enchilada Fiesta Corn, Pinto Beans, Hominy, Spanish Rice Salad & Pineapple Blood Pressure Checks	24 B'fast - Eggs & Sausage Manicotti w/Meat sauce Garlic Bread Spinach, Carrots Salad & Apricots WINNING WEDNESDAY	25 B'fast - Enchilada Casserole Hot Turkey Sand, Mash Pot Yams & Green Beans, Bread Salad & Fruity Jello Hassayampa Writer's Club @ Library 1pm – 3pm Best Boogie Dance Class 4:30 – 5:30	26 B'fast - YGWWY  Pot Roast Mashed Potatoes & Gravy Peas & Carrots, w/roll Salad & Grapes Music w/Vanessa & Friends	27 Blood Drive 8a - noon Comedy Club Night - RSVP Limited Seating \$20 suggested donation	
28	29 B'fast - B & Gravy Chili Con Carne Roasted Sweet Potatoes Cornbread, Salad & Grapes Jenn's Games 3pm Mindful Mondays 8:30am Country Line Dance 5:30 – 6:30	30 B'fast - Waffles Baked Chicken & stuffing Green beans & Carrots Salad & Orange Slices Blood Pressure Checks	1	2	3		

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."