



September 2025



Yarnell Regional Community Center (YRCC), 22302 S. State Route 89, Yarnell, AZ

*Every Monday thru Friday, 7:30 – 9:00 am

Coffee & Pastries

Join friends for a morning boost to your day! Coffee: \$2 / Pastries: \$1 / Entrée: \$4

*Every Monday, 8:30 – 8:45 am

Mindful Mondays, with Sand

Relaxed breathing & gentle stretching

*Every Monday, 3:00 – 5:00 pm

Jenn's Games

*Every Tuesday, 11:00 am-Noon

Blood Pressure Checks

*1st Wednesday, 1:00 – 2:00 pm

Readers Delight Book Chat, at the Yarnell Library

A monthly Club Yarnell & Yarnell Library partnered activity

*1st Wednesday, 9:00 am – 4:00 pm

WickCare Mobile Clinic, at the Wheelhouse

Appointments and Walk-Ins are welcome! To schedule please call 928-668-1833 or visit wickhosp.com/mobile to request an appointment online.

A Weaver Mountains Health Initiative & Club Yarnell partnered activity

*3rd Thursday, 1:00–3:30pm

Hassayampa Writer's Club, at the Yarnell Library

Share your work & exchange ideas with fellow writers! In partnership with the Yarnell Library

*Saturday, Sept 6 & Sept 20, 10:00 am – Noon

Computer Basics Class, with Bill

*Tuesday, Sept 9, 4:00 – 5:30 pm

Sourdough Starter Class, with Sandy & April

*Thursday, Sept 18 & 25, 4:30 – 5:30

Best Boogey Dance Class, with Stacy Pizzirusso

*Monday, Sept 15, 1:00 – 2:00 pm

Gluten-free Nutrition, with Nicole Lund

*Monday, Sept 22 & 29, 5:30-6:30 pm

Country Line Dancing, with Mike & Denise

Boot-Scoot 'n Boogie! Learn easy & fun line dances at the Wheelhouse. Sign up at the YRCC Thrift Store for \$20, or pay at the door.

*Friday, Sept 26, 11:00am – Noon

Music at Lunch, with Vanessa & Friends

In celebration of September Birthdays!

*Saturday, Sept 27, 5:30 – 8:30 pm

Comedy Club Night, hosted by Jerry

RSVP Required – Limited Seating! Advance tickets at Thrift Store, \$20 suggested donation per person. A Meals on Wheels Fun Fundraiser! Potluck appetizers. For those who would like to perform, please contact Jerry Florman by 9/15: 602-399-1679/email: jerryflorman@gmail.com

All Club Yarnell activities are free and held at YRCC - unless noted – and always welcome to all! Any donations are greatly appreciated for Meals on Wheels!

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."