



### LUNCH PRICING

Age 60+ & NACOG \$7

Under age 60 \$9

M-F 11am-12:30pm

\*\*\*Includes Salad Bar\*\*\*

## YRCC – EVERYONE’S WELCOME

22302 South State Hwy 89, Yarnell AZ

[www.yarnellrcc.org](http://www.yarnellrcc.org) 928-427-6347

October 2025 “More than a Menu”



Thrift Store Open  
Mon-Sat 9am – 2pm

Coffee, pastries & more  
Mon – Fri 7:30 – 9:00am



M-F Coffee & Pastries 7:30 – 10a

\*\*\*\*\*Menu is subject to change\*\*\*\*\*

Club Yarnell Events are Highlighted

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Wednesday</b> “Wellness on Wheels” with Wick Care Mobile Clinic 	<b>1 B’fast – B’fast Sandwich</b>  <b>Fish Sandwich, Tots</b> 5-way mixed veggies Salad & Grapes <b>WickCare Mobile Clinic 9a-4p</b> <b>Appt: 928-668-1833</b> <b>Readers Delight Book Chat - Library</b>	<b>2 B’fast – B&amp;Gravy</b>  <b>Quiche</b> Asparagus, mush, squash & Red bells Salad & peaches <b>Best Boogie Dance Class</b> <b>4:30 – 5:30</b>	<b>3 B’fast - YGWYG</b>  <b>Goulash</b> Green & Yellow Beans Mand Oranges Salad <b>Medicare Sisters in the</b> <b>Wheel House 9a – 2p</b>	
5	<b>6 B’fast–Pancakes/waffles</b>  <b>Chicken Philly &amp; Tots</b> 5-way mixed veggies Fruit Cocktail & Salad  <b>Jenn’s Games 3pm</b> <b>Mindful Mondays 8:30am</b> <b>Country Line Dance 5:30 – 6:30</b>	<b>7 B’fast - Omelette</b>   <b>Meatloaf &amp; Mashed Pot</b> Gravy, Green beans & Carrots Salad & Peaches <b>Blood Pressure Checks</b>	<b>8 B’fast – Enchilada Casserole</b>  <b>Chili Relleno</b> Spanish Rice, Fiesta Corn Salad & Grapes	<b>9 B’fast – Eggs &amp; Sausage</b>  <b>Pizza Casserole</b> Capri Blend Veggies Salad & Pineapple Garlic Bread <b>Best Boogie Dance Class</b> <b>4:30 – 5:30</b>	<b>10 B’fast - YGWYG</b>  <b>BBQ Wings</b> Mac & Chz, Coleslaw Orange slices Salad	<b>11</b> <b>Glen Ilah</b> <b>&amp; Yarnell</b> <b>Day of</b> <b>Service</b>
12	<b>13 B’fst – Pancakes/Waffles</b>  <b>Beef Nacho Casserole</b> Broc & Caul, corn Salad & Berries  <b>Jenn’s Games 3pm</b> <b>Mindful Mondays 8:30am</b> <b>Country Line Dance 5:30 – 6:30</b>	<b>14 B’fast – B &amp; Gravy</b>  <b>Chicken Cord Blue</b> <b>Sandwich</b> Tots, Cabbage, Yellow squash Salad & Mandarin Oranges <b>Blood Pressure Checks</b>	<b>15 B’fast - B’fast Sandwich</b>  <b>Pork Roast, Baby Bakers</b> Carrots, Brussel Sprouts Salad & Applesauce <b>Hassayampa Writer &amp;</b> <b>Storytelling Jam @ the YRCC</b> <b>4:00pm – 6:00pm</b>	<b>16 B’fast – B&amp;Gravy</b>  <b>Sals Steak, Mashed Pot</b> Green Beans, Red Bells Salad & Apricots <b>Growing Herbs for healthy</b> <b>eating – Master Gardner’s 12:30</b> <b>Best Boogie Dance Class</b> <b>4:30 – 5:30</b>	<b>17 B’fast - YGWYG</b>  <b>Poached Salmon,</b> Ancient Grains Broc & Cauliflower Salad & Grapes	<b>18</b>
19	<b>20 B’fst – Pancakes/Waffles</b>  <b>Chicken &amp; Dumplings</b> Rice Pilaf, Peas & Carrots Salad & Grapes  <b>Jenn’s Games 3pm</b> <b>Mindful Mondays 8:30am</b> <b>Country Line Dance 5:30 – 6:30</b>	<b>21 B’fast - B &amp; Gravy</b>  Grilled Italian Sausage w/peppers & onions Waffle Fries, Baked Beans Salad & orange slices <b>Blood Pressure Checks</b>	<b>22 B’fast – Eggs &amp; Sausage</b>  <b>BBQ Brisket Sand Waffle fries</b> Zucc, yellow squash Carrots, coleslaw Salad & Berries	<b>23 B’fst–Enchilada Casserole</b>  <b>Tamale Pie, stewed Tom</b> Fiesta Corn Salad & fruit cocktail <b>Hassayampa Writer’s Club</b> <b>@ Library 1pm – 3pm</b> <b>Best Boogie Dance Class</b> <b>4:30 – 5:30</b>	<b>24 B’fast – YGWYG</b>  <b>Cabbage Rolls,</b> hash browns Broccoli & Carrots Salad & Melon	<b>25</b> <b>PARTY IN</b> <b>THE PARK</b> Craft Fair Art Show Park Opening Food, Fun, Games & Prizes
26	<b>27 B’fast – B &amp; Gravy</b>  <b>Baked Cod, SP Tots</b> Brussel Sprouts Salad & Berries  <b>Jenn’s Games 3pm</b> <b>Mindful Mondays 8:30am</b>	<b>28 B’fast - Waffles</b>  Cowboy Beans w/Ham Carrots, Bells, Onion Corn bread Salad & peaches <b>Blood Pressure Checks</b>	<b>29 B’fast – Enchilada Casserole</b>  <b>Chicken Tenders, Mac &amp; Chz</b> Green & Yellow Squash Stewed Tomatos Salad & Pineapple  <b>WINNING WEDNESDAY</b>	<b>30 B’fast – B &amp; Gravy</b>  Sloppy Joes, breaded mushrooms Broccoli & Cauliflower Salad & Jello <b>Best Boogie Dance Class</b> <b>4:30 – 5:30</b>	<b>31 B’fast – YGWYG</b>  <b>Pot Roast</b>  Mashed Potatoes & Gravy Peas & Carrots, w/Roll Salad & Grapes <b>Music w/Vanessa &amp; Friends</b>	 <b>Wear a</b> <b>Costume on</b> <b>Halloween</b> <b>for 50% off</b> <b>your lunch!</b>

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."