

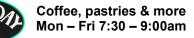
YRCC - EVERYONE'S WELCOME 22302 South State Hwy 89, Yarnell AZ

www.yarnellrcc.org 928-427-6347

October 2025 "More than a Menu"



Thrift Store Open Mon-Sat 9am - 2pm





\geq	M-F Coffee & Pastries	7:30 – 10a	*****Menu is subject to change***** Club Yarnell Events are Highlighted			
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Wednesday "Wellness on Wheels" with Wick Care Mobile Clinic WickCare Clinic WickCare Clinic	1 B'fast – B'fast Sandwich Fish Sandwich, Tots 5-way mixed veggies Salad & Grapes WickCare Mobile Clinic 9a-4p Appt: 928-668-1833 Readers Delight Book Chat - Library	Quiche Asparagus, mush, squash & Red bells Salad & peaches Best Boogey Dance Class 4:30 – 5:30	3 B'fast - YGWYG Goulash Green & Yellow Beans Mand Oranges Salad Medicare Sisters in the Wheel House 9a – 2p	4
5	Chicken Philly & Tots 5-way mixed veggies Fruit Cocktail & Salad Jenn's Games 3pm Mindful Mondays 8:30am Country Line Dance 5:30–6:30	7 B'fast - Omelette Meatloaf & Mashed Pot Gravy, Green beans & Carrots Salad & Peaches Blood Pressure Checks	8 B'fast – Enchilada Casserole Chili Relleno Spanish Rice, Fiesta Corn Salad & Grapes	9 B'fast – Eggs & Sausage Pizza Casserole Capri Blend Veggies Salad & Pineapple Garlic Bread Best Boogey Dance Class 4:30 – 5:30	10 B'fast - YGWYG BBQ Wings Mac & Chz, Coleslaw Orange slices Salad	11 Glen Ilah & Yarnell Day of Service
12	Beef Nacho Casserole Broc & Caul, corn Salad & Berries Jenn's Games 3pm Mindful Mondays 8:30am Country Line Dance 5:30 – 6:30	14 B'fast – B & Gravy Chicken Cord Blue Sandwich Tots, Cabbage, Yellow squash Salad & Mandarin Oranges Blood Pressure Checks	Pork Roast, Baby Bakers Carrots, Brussel Sprouts Salad & Applesauce Hassayampa Writer & Storytelling Jam @ the YRCC 4:00pm - 6:00pm	Sals Steak, Mashed Pot Green Beans, Red Bells Salad & Apricots Growing Herbs for healthy eating – Master Gardner's 12:30 Best Boogey Dance Class 4:30 – 5:30	Poached Salmon, Ancient Grains Broc & Cauliflower Salad & Grapes	18
19	20 B'fst – Pancakes/Waffles Chicken & Dumplings Rice Pilaf, Peas & Carrots Salad & Grapes Jenn's Games 3pm Mindful Mondays 8:30am Country Line Dance 5:30 – 6:30	21 B'fast - B & Gravy Grilled Italian Sausage w/peppers & onions Waffle Fries, Baked Beans Salad & orange slices Blood Pressure Checks	22 B'fast – Eggs & Sausage BBQ Brisket Sand Waffle fries Zucc, yellow squash Carrots, coleslaw Salad & Berries	23 B'fst-Enchilada Casserole Tamale Pie, stewed Tom Fiesta Corn Salad & fruit cocktail Hassayampa Writer's Club @ Library 1pm - 3pm Best Boogey Dance Class 4:30 - 5:30	24 B'fast – YGWYG Cabbage Rolls, hash browns Broccoli & Carrots Salad & Melon	PARTY IN THE PARK Craft Fair Art Show Park Opening Food, Fun, Games & Prizes
26	B'fast – B & Gravy Baked Cod, SP Tots Brussel Sprouts Salad & Berries Jenn's Games 3pm Mindful Mondays 8:30am	28 B'fast - Waffles Cowboy Beans w/Ham Carrots, Bells, Onion Corn bread Salad & peaches Blood Pressure Checks	29 B'fast – Enchilada Casserole Chicken Tenders, Mac & Chz Green & Yellow Squash Stewed Tomatos Salad & Pineapple WINNING WEDNESDAY	30 B'fast – B & Gravy Sloppy Joes, breaded mushrooms Broccoli & Cauliflower Salad & Jello Best Boogey Dance Class 4:30 – 5:30	Pot Roast Mashed Potatoes & Gravy Peas & Carrots, w/Roll Salad & Grapes Music w/Vanessa & Friends	Wear a Costume on Halloween for 50% off your lunch!

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."