



November 2025



Yarnell Regional Community Center (YRCC), 22302 S. State Route 89, Yarnell, AZ

- *Every Monday thru Friday, 7:30 – 10:00 am Coffee & Pastries
Join friends for a morning boost to your day! Coffee: \$2 / Pastries: \$1 / Entrée: \$4
- *Every Monday, 8:30 – 9:00 am YRCC Stretch With Me, at the Wheelhouse
Use it, or Lose it, with Tom Columbus
- *Every Monday, 3:00 – 5:00 pm Jenn's Games
- *Every Tuesday, 11:00 am-Noon Blood Pressure Checks
- *1st Wednesday, 1:00 – 2:00 pm Readers Delight Book Chat, at the Yarnell Library
A Yarnell Public Library & Club Yarnell partnered activity
- *1st Wednesday, 9:00 am – 4:00 pm WickCare Mobile Clinic
Appointments and Walk-Ins are welcome! To schedule please call 928-668-1833 or visit wickhosp.com/mobile to request an appointment online.
A Weaver Mountains Health Initiative & Club Yarnell partnered activity
- *3rd Thursday, 1:00–3:30pm Hassayampa Writer's Club, at the Yarnell Library
Share your work & exchange ideas with fellow writers! In partnership with the Yarnell Library
- *Tuesday, Nov. 4, 9:00 am – 2:00 pm Medicare Updates, at the Wheelhouse
Updates on Medicare coverage. Hosted by Kelly Shaw Norton, of Medicare Sisters
- *Thursday, Nov. 6, 5:30 – 7:00 pm Yavapai Town Hall Meeting, with Brooks Compton
- *Friday, Nov. 7, 3:00 – 4:30 pm Setting Your Holiday Buffet Table, by Diane Brown
- *Wednesday, Nov. 12, 1:00–2:00 Healthy Vegetarian Thanksgiving - Nutrition Talk
- *Saturday, Nov. 15, 9:30 am–Noon Holiday Cookie Icing & Decorating
Donation fee. Hosted by Barb Maclsaac
- *Tuesday, Nov. 18, 10:00 am Medicare 101 - Parts A, B, C & D, at the Wheelhouse
Learn Medicare Basics, by Jeffrey Paxton & John Watson
- *Thursday, Nov. 20, 1:30 – 2:30 pm Women's Discussion and Support Group
Purpose: for connection and personal growth. Hosted by Sand Jones-McClintic
- *Friday, Nov. 21, 11:00am – 12:30pm Music at Lunch, by Buddy Cloy
Celebrate November Birthdays! **Note: Friday, 11/28, the Mid-Day Café is Closed.**

All Club Yarnell activities are free and held at YRCC - unless noted – and always welcome to all! Any donations are greatly appreciated for Meals on Wheels!

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."