



Community Connections YRCC

January 2026

Out of Sight, Out of Mind: Caring for Our Homebound Neighbors

Hi Friends,

As we step into a new year, let's shine a light on a group that often goes unseen—our homebound neighbors. For many, a hot meal delivered by Meals on Wheels is more than nutrition; it's a lifeline of care, connection, and dignity, and we are here for them.

Out of Sight, Out of Mind? Not here!

Isolation can be one of the greatest challenges for older adults and those with limited mobility. At YRCC, our Meals on Wheels program ensures that no one is forgotten. Each delivery brings nourishment, safety checks, and a friendly smile—reminding our clients they are valued members of our community. So many of our recipients write us or tell us how much the meal, visit, smile, & care light up their day, their life. It matters!

Why it Matters:

- **Nutrition:** Healthy meals for those who can't shop or cook.
- **Connection:** A visit that breaks the silence of isolation.
- **Safety:** Volunteers notice changes and alert family or services if needed.

Volunteer Voices:

"I thought I was just delivering meals, but I realized I was delivering hope." – Marie - Driver

How You Can Help:

- **Volunteer:** Become a driver or helper.
- **Donate:** Your gift keeps meals and smiles coming.
- **Spread the Word:** Share this newsletter with friends and neighbors.

☎ Call us at **928-427-6347** stop in at 22302 S. St. Hwy 89, Yarnell, AZ 85362 or visit us online at www.Yarnellrcc.org to get involved.

At **Yarnell Regional Community Center (YRCC)**, our mission is: To provide services and programs that promote health and wellness, and enhance the quality of life throughout the greater community. Our primary programs are Meals on Wheels & More than a Meal. This mission thrives when we work together.

☎ Join us in **February** for our **Annual Meeting and Community Roundtable**. As a member, you'll vote on **Board Members** and share your ideas for **community and collaboration**.

We wish you all a safe, happy and prosperous New Year!

Sue



What's New?

New Hours at the Mid-Day Café

Lunch - 11a – 1p

Morning coffee & pastries 7:30a – 10a

Cozy place to get a cup of coffee, get out of the house and still get some work done!

YES, WE HAVE
FREE WiFi



**Lunch for Non-CMR &
under 60:**

Now \$10.00 —
still tasty and a great value!



Givebuttr — A free tool for non-profits, that helps us stay connected and keep you informed about the YRCC's events and updates. Join our mailing list to stay in the loop. More details to come, but you're always welcome to drop in and talk about the exciting things we are doing. To subscribe, e-mail info@yarnellrcc.org
<https://givebuttr.com/yrccdonations>

Event Calendar – Save the Dates!

January

January 1st – HAPPY NEW YEAR – YRCC is closed on New Year's Day

January 1st – 1pm - Peace Commemoration and Community Remembrance

January 24th – 4p – 6p - Saturday Soup “Cook Off” Who makes the best soup? \$25.00 Entry fee, \$5.00 to taste and vote! Winner splits the evenings fees with the YRCC 50/50! Bring all your family and friends!

January 31st – 11a - Noon - Caring Conversations: Planning for Life's Final Chapter

Join Sue Henley for a gentle, informative session on organizing end-of-life finances, wills, and wishes. Discover how thoughtful planning can ease burdens and bring comfort to those you love.

February

February 17th – 5:30p - YRCC Annual Meeting. Purchase your annual YRCC membership now through the 12th, for the opportunity to vote on the YRCC Board Members, as well as some great discounts and other benefits. Membership now include a complimentary breakfast or two!

February 14th – 2:30p – 4p - Valentines Tea Party - Limited seating (36) Reserve your spot with Maureen at email: mschufft@yahoo.com

February 24th – 1:30 - Nutrition Talk – Why Eating Well Matters as You Age

March

March 28th – 10a - Noon – **YRCC March for Meals** – Join us for a March through the new park and other scenic areas of Yarnell for our annual March for Meals! Hot brunch & coffee/hot chocolate will be served 😊

**More details to come on future events. If you would like to host an activity or have an idea for us to host, please reach out to Maureen Schufft - mschufft@yahoo.com or Sue Dickerson at 928-427-6347, or visit us at the YRCC and let us know what you have in mind.*

Together We Nourish Lives -

Read below about the many way you can Support the YRCC & Meals on Wheels



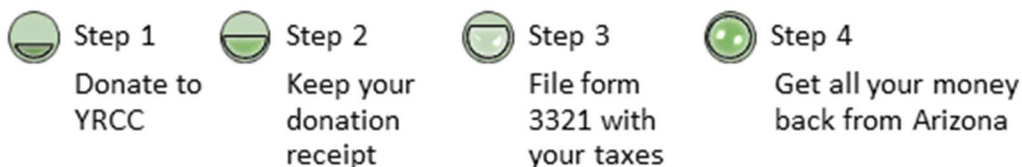
Annual Membership Drive

The YRCC offers multiple membership levels for individuals, priced from \$25 to \$100. Each level includes discounts on lunches and thrift store purchases. Business memberships are available for \$100, providing promotional opportunities and community partnership. Membership also grants voting rights at our annual February meeting. The best thing about a membership, is knowing that 100% of your membership fees go right to our mission, Meals on Wheels. Visit us at 22302 S. St. Hwy 89 in Yarnell to learn more and purchase your membership today.

Annual Tax Credit



Did you know Arizona has a wonderful Charitable Tax Program to help you support your favorite local eligible organization and make a positive impact in your community? When you make a tax credit donation to us, 100% of **it comes right back to you on your taxes**. Stop in the YRCC for more information and the form or visit <https://givebutter.com/YRCC2025TaxCredit>. QCO Code is 21047



Meals, Thrifting, Events & General Donations

As always, you can help keep all of our programs and events moving forward by supporting our meals and events by dining in the Mid-Day Café for breakfast and/or lunch, shopping in our amazing thrift store, attending our events and through general donations.

Word of Mouth

More and more, we are seeing new faces in the dining room, events, so **thank you from the bottom of our hearts** and talking us up, and for sharing our posts on Facebook



thrift store and at our for spreading the word and other social media!

Let's keep the ripple going: from gratitude to giving, and from giving to lasting impact. Our door is always open, so whether you have feedback, ideas, or just want to share a moment—we'd love to hear from you. Stop by anytime



"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client Contributions are encouraged and are vital for continuation of the program.