



Community Connections YRCC

February 2026

Love Lives Here

Hi Friends,

While listening to music the other night, one of my favorite songs came on by Martina McBride called “Love’s The Only House”. The song is wonderful, meaningful, and timeless. The first line of the chorus is: “Love’s the only house big enough for all the pain in the world”. This is so true.

Love, Connection & Community

February is known as the month of love—but love isn’t only about romance. It’s about connection, kindness, and knowing you belong. At the Yarnell Regional Community Center (YRCC), we believe love is also shown in shared meals, familiar faces, and a place where everyone is welcome.

This time of year, can bring complicated emotions. The New Year arrives—just the next day—yet it marks a year gone by. The holidays end, decorations come down, and many people feel both hopeful and a little sad. For seniors and those who are homebound, this quieter season can deepen feelings of loneliness.

We are here to help with the reality of isolation, as it is a serious concern for older adults. Nationally, about **1 in 3 seniors report feeling lonely**, and nearly **25% of adults age 65 and older experience social isolation**. Loneliness is linked to higher risks of heart disease, dementia, depression, and declining overall health. These numbers remind us how vital connection truly is.

Our Mission: Meals on Wheels & Connection

One of the most meaningful ways we put love into action is through our **Meals on Wheels** program. Each delivery is more than a meal—it’s a friendly visit, a safety check, and a reminder that someone cares. This simple connection helps with staying nourished, independent, and connected to our community.

The Center itself is more than a building—it’s a gathering place. Here, neighbors become friends through meals, activities, classes, and conversation. We are committed to creating opportunities for connection that combat loneliness and strengthen community.

How You Can Help Share the Love

Our work is made possible by caring community members like you. Every contribution—large or small—makes a difference. You can help by:

- **Donating items** or supplies
- **Giving financially** to support Meals on Wheels and programs <https://givebutter.com/yrccdonations>
- **Volunteering your time**, whether delivering meals or lending a friendly hand

You Are Not Alone

If you or someone you know feels isolated, please call, email or come in to see us. The YRCC is here - this February and all year long - offering nourishment, warmth, friendship, and connection.

Sue

Yarnell Regional Community Center
Where our community comes together
sue.dickerson@yarnellrcc.org

What's New?

Due to generous donations, we are in renovation mode!

Please excuse our mess as we install our new carpet, and soon, 2 new front doors. Have you seen our new sign?

I'm not sure how you can miss it ☺

YES, WE HAVE
FREE WiFi



Lunch for Non-CMR & under 60:

Now \$10.00 —

Still tasty and a great value!

Please join our mailing list — We want to keep you informed about the YRCC's events and updates. Join our mailing list to stay in the loop, and you're always welcome to drop in and talk about the exciting things we are doing. To subscribe, come in and let us know or send an e-mail to info@yarnellrcc.org

Event Calendar – Save the Dates! *Events held in the Dining Room unless noted otherwise*

February

February 10th – 1:30 – 3p – Crafters Inspiring Crafters – Share ideas & show & tell with fellow crafters

February 11th – 1:30 – 4:30p – Brown Bag Pharmacy Review & other Alaga Healthcare Services

February 14th – 9 – 11a – Valentines Biscuits & Gravy Temperature Relief Fundraiser

February 14th – 2:30p – 4p - Valentines Tea Party - Limited seating - Reserve your spot with Maureen at email: mschuff@yahoo.com. Dress up & wear a hat. Fun, games & prizes, Bring a plate of cookies or small tea sandwiches to share!

February 17th – 5:30 – 7p – YRCC Annual Meeting – Vote on Board Officers – 2025 in review, goals for 2026. Appetizers provided. Be sure to get your membership, so you can vote! Memberships now include a complimentary breakfast or two!

February 23th – 1:00 - Nutrition Talk – Why Eating Well Matters as You Age

February 27th – 11 – 12:30p – Music by Buddy Cloy at the Birthday Lunch – Celebrate February birthdays with pot roast and a wonderful dessert!

March

March 7th – 10:30 – 1:30p – Lady in the Attic Craft Sale

March 7th – 3 – 5:00p Petey's Playground Pin & Diamond Art Party (**Wheelhouse**)

March 10th – 1:30 – 3p – Crafters Inspiring Crafters Group

March 28th – 10a - Noon – **YRCC March for Meals** – Join us for a March through the new park and other scenic areas of Yarnell for our annual March for Meals! Hot brunch & coffee/hot chocolate will be served ☺

April

April 11th – 7a – 10a – Blood Drive

Coming up: May - July

- Storytelling Jam
- Food, Fun & Fashion
- Art Show & Craft Fair
- Summer Party on the Legacy Park Patio

**More details to come on future events. If you would like to host an activity or have an idea for us to host, please reach out to Maureen Schuff - mschuff@yahoo.com or Sue Dickerson at 928-427-6347 x700, or visit us at the YRCC and let us know what you have in mind.*

Together We Nourish Lives -

Read below about the many ways you can support the YRCC & Meals on Wheels

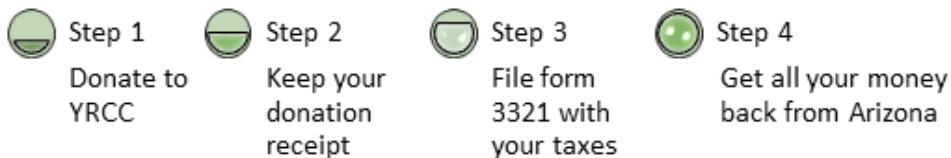


Annual Membership Drive

The YRCC offers multiple membership levels for individuals, priced from \$25 to \$100. Each level includes discounts on lunches and thrift store purchases. Business memberships are available for \$100, providing promotional opportunities and community partnership. Membership also grants voting rights at our annual February meeting. The best thing about a membership is knowing that 100% of your membership fees go right to our mission, Meals on Wheels. Visit us at 22302 S. St. Hwy 89 in Yarnell to learn more and purchase your membership today.

Annual Tax Credit

Did you know Arizona has a wonderful Charitable Tax Program to help you support your favorite local eligible organization and make a positive impact in your community? When you make a tax credit donation to us, 100% of **it comes right back to you on your taxes**. Stop in the YRCC for more information and the form or visit <https://givebutter.com/YRCC2025TaxCredit>. *QCO Code is 21047*



Meals, Thrifting, Events & General Donations

As always, you can help keep all of our programs and events moving forward by dining in the Mid-Day Café for breakfast and/or lunch, shopping in our amazing thrift store, attending our events and through general donations. 100% of your support comes right back to the community

Word of Mouth

More and more, we are seeing new faces in the dining room, thrift store and at our events, so **thank you from the bottom of our hearts** for spreading the word and talking us up, and for sharing our posts on Facebook and other social media!



With love at the center, we turn gratitude into giving and giving into meaningful, lasting impact. Our door is always open, and we welcome your thoughts, ideas, and stories. Come by anytime—we'd love to hear from you.



"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client Contributions are encouraged and are vital for continuation of the program.