



# Community Connections

YRCC

March 2026

## Nourishing our Community

Hi Friends,

March always feels like a season of renewal to me. As we recognize National Nutrition Month, I'm reminded that nourishment is about more than food—it's about connection, care, and community. Every day at YRCC, I see neighbors supporting neighbors, volunteers sharing their strengths, and small acts of kindness making a lasting difference. This is the time to recognize how food supports not only our physical health, but also our connection to one another

I invite you to join us this month—stop by our Open House (March 21<sup>st</sup>), celebrate with us at March for Meals (March 28<sup>th</sup>), and discover the many ways you can be part of the YRCC family. Together, we are nourishing not only bodies, but the spirit of our entire community.

### Nutrition with Purpose: Meals on Wheels

Our **Meals on Wheels** program is a beautiful example of this spirit and the heart of YRCC's mission. Every meal delivered provides balanced nutrition, but just as importantly, it brings a friendly visit and a moment of human connection to seniors and homebound neighbors. Good nutrition helps older adults maintain strength, independence, and overall well-being. Through Meals on Wheels, we help ensure that no one in our community has to choose between nourishment and isolation. *Each delivery represents compassion in action—made possible by volunteers, donors, and community support.* I am continually inspired by the generosity of those who give their time, resources, and hearts to this mission.

### YRCC Open House & Mountain Misfits Car Show — March 21



We invite you to truly get to know YRCC and our mission at our **Open House on March 21st**. This is your opportunity to ask questions, meet our team and volunteers, learn about programs, and discover how the center serves our community every day. We're also excited to feature a **Car Show hosted by the Mountain Misfits Car Club**, bringing classic cars, community spirit, and fun for all ages. Whether you're curious about volunteering, programs, or simply want to stop by and visit, everyone is welcome and lunch is on us!

### Our Main Event: March for Meals — March 28

On **March 28th**, we proudly host our signature event, **March for Meals**, celebrating the impact of Meals on Wheels and raising awareness about senior nutrition and isolation.



This special day highlights the importance of community support in keeping our seniors healthy, independent, and connected. Together, we honor the volunteers, donors, and partners who make this mission possible—and invite new friends to join us in strengthening this vital program. Thank you for helping YRCC continue to serve with compassion, connection, and purpose.

Sue

**Yarnell Regional Community Center**

*Where our community comes together*

*sue.dickerson@yarnellrcc.org*

## What's New?

YES, WE HAVE  
FREE WiFi



**Due to generous donations, we are in renovation mode!**

*Please excuse our mess as we install our new carpet, 2 new front doors & window.  
Have you seen our new sign?*

*I'm not sure how you can miss it 😊*

**Please join our mailing list** — We want to keep you informed about the YRCC's events and updates. Join our mailing list to stay in the loop, and you're always welcome to drop in and talk about the exciting things we are doing. To subscribe, come in and let us know or send an e-mail to [info@yarnellrcc.org](mailto:info@yarnellrcc.org)

## **Event Calendar – Save the Dates!** *Events held in the Dining Room unless noted otherwise*

### March

March 7<sup>th</sup> – 10:30 – 1:30p – Lady in the Attic Craft Sale –

March 7<sup>th</sup> – 3p – 5p - Petey's Playground Pin & Diamond Art Party (**Wheelhouse**)

March 18<sup>th</sup> – 1p – 2p – CBD Workshop – Benefits for sleep, anxiety & pain!

March 21<sup>st</sup> – 10a – 2p – YRCC Open House – Lunch is on us!

March 21<sup>st</sup> – 10a – 2p – Mountain Misfits Car Show @ Legacy Park

March 28<sup>th</sup> – 10a - Noon – **YRCC March for Meals** – Join us for a March through the new park and other scenic areas of Yarnell for our annual March for Meals! Burgers & fries will be served 😊

### April

April 11<sup>th</sup> – 7a – 10a – Blood Drive

April 29<sup>th</sup> – 11:15 – Noon – Model Creek Kids Spring Choir Concert

### May

May 2<sup>nd</sup> – 5:30p – 7p – Storytelling & Writing Jam

May 16<sup>th</sup> – 11a – 1p – Food, Fun & Fashion

May 30<sup>th</sup> – 9a – 2p – Mountain View Art Show & Community Craft Fair

## **Coming up: June – Aug**

- Summer Parties on the Legacy Park Patio

*\*More details to come on future events. If you would like to host an activity or have an idea for us to host, please reach out to Maureen Schufft - [mschufft@yahoo.com](mailto:mschufft@yahoo.com) or Sue Dickerson at 928-427-6347 x700, or visit us at the YRCC and let us know what you have in mind.*

*With love at the center, we turn gratitude into giving and giving into meaningful, lasting impact. Our door is always open, and we welcome your thoughts, ideas, and stories. Come by anytime—we'd love to hear from you. - Sue 😊*



*"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client Contributions are encouraged and are vital for continuation of the program.*