



**LUNCH PRICING**  
 Age 60+ & NACOG \$7  
 Under age 60 \$10  
 M-F 11am-1pm  
 \*\*\*\*Includes Salad Bar\*\*\*\*  
 Kids \$5.00 (Lunch or Salad Bar)

**YRCC – EVERYONE’S WELCOME**  
 22302 South State Hwy 89, Yarnell AZ  
[www.yarnellrcc.org](http://www.yarnellrcc.org) 928-427-6347  
 May 2026 “More than a Menu”



Thrift Store Open Mon-Sat 9a – 2p  
 Coffee, pastries & Breakfast  
 Mon-Fri 7:30 – 10a  
 (or until we run out!)



**Club Yarnell Events are Highlighted**

sun	Monday	Tuesday	Wednesday	Thursday	Friday	saturday
	M-F Coffee & Pastries 7:30 – 10am					
	** NEWLY ADDED ** SECOND Wednesday of each month: Veterans Services 8a – Noon Free donut & coffee					
	3 B'fast – B & Gravy Sloppy Joes on w/w Bun Sweet Potato Tots, Corn Baked Beans, Watermelon Jenn's Games 3pm	5 B'fast – Frittata Arroz con Pollo, Fiesta Corn Tortilla, Grapes Blood Pressure Checks 11am Cinco de Mayo @ Kirkland Steakhouse Wick Care Mobile Clinic	6 B'fast – B'fast Sandwich Pizza Casserole Brussel Sprouts Pasta, Orange Slices WickCare Mobile Clinic 9a-4p Appt: 928-988-1833	7 B'fast – Waffles, berries, bacon Steak Fingers Mac & Cheese Summer Squash Cabbage, Apricots	8 B'fast - YGWYG Baked Cod 5-Way Mixed Veggies Rice Pilaf Coleslaw, Pineapple	9 Partner Event Peoples Valley Fire Auxiliary Vendor & Resource Market 10a – 2p Model Creek Elementary School
10	11 B'fast – B & Gravy Corned Beef Hash w/Scrambled Eggs Broccoli, Cauliflower Roll, Melon Jenn's Games 3pm	12 B'fast – Scram Eggs, Sausage, hash browns Smothered Chicken Mashed Potatoes Monte Carlo Veggies Mini Croissant, Berries Blood Pressure Checks 11am-	13 B'fast - B'fast Enchilada Baked Ham Scalloped Potatoes Succotash Roll, Mandarin Oranges Veterans Services 8a-12p	14 B'fast – B & Gravy Chicken Sandwich on w/w Bun Carrots, Green Beans Fresh Fruit Cocktail Hassayampa Writers Group	15 B'fast - YGWYG Stuffed Peppers Rice Peas, Carrots Coleslaw Pineapple	16 Food Fashion & Fun 3pm – 5pm "Home-Town Hero's" Get Tickets @ Thrift Store
17	18 B'fast – B & Gravy Poached Salmon Ancient Grains Broccoli, Cauliflower Fresh Fruit Cocktail Jenn's Games 3pm	19 B'fast – Egg Frittata Pork Roast Baby Bakers Corn, Green Beans Roll, Fruit Jell-O Blood Pressure Checks 11am-	20 B'fast – B'fast Sandwich Chicken Pot Pie Catalina Blend Veggies Roll, Grapes	21 B'fast- Eggs, Bacon Hashbrown Ham & Cheese Sliders on w/w Bun Waffle Fries Roasted Sweet Potatoes Peas, Apricots	22 B'fast – YGWYG Shepherd's Pie Green Beans, Roll, Orange slices Poppy Day \$2 off lunch If wearing a poppy pin	23 MEMORIAL DAY Application @ Thrift Store
24	25 B'fast – B & Gravy Cheeseburger on w/w Bun Tater Tots, Baby Carrots, Coleslaw, Pineapple Jenn's Games 3pm MEMORIAL DAY - OPEN	26 B'fast- Waffles, berries, Sausage Goulash Pasta Broccoli, Cauliflower, Butternut Squash, Peaches Blood Pressure Checks 11am-	27 B'fast - Eggs & Sausage Shrimp & Grits Cornbread Asparagus, Mushrooms, Bells Mandarin Oranges	28 B'fast- Eggs cooked to order, Bacon, Hash browns Chicken Noodle Casserole Pasta Summer Squash, Carrots Melon	29 B'fast – YGWYG Pot Roast Mashed Potatoes & Gravy, Peas, Carrots Roll, Applesauce	30 Mtn View Art Show & Craft Fair 9am – 2pm

"Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs."



*May 2026*

### **Building Connections and Supporting Neighbors**

**Hi Friends,**

May brings a sense of renewal and growth, and it's a perfect time to reflect on the ways we support connection, care, and community across our communities. As our population continues to age and new residents join our rural and close-knit communities, our mission remains focused on ensuring that everyone—especially older adults—knows they are supported, valued, and not alone.

This month, we're highlighting two important efforts that help us do just that: **Meals on Wheels** and our **Welcome Basket program**.

For many older adults in our area, **Meals on Wheels** is an essential service that supports both physical health and emotional well-being. Each delivery provides:

- A **nutritious, balanced meal**
- A **friendly visit and basic wellness check**
- Ongoing connection to the community

As people age, everyday tasks like shopping and cooking can become challenging—especially for those living alone or dealing with health limitations. Meals on Wheels helps them live in their homes longer and maintain independence while receiving reliable support.

Just as important as the meals themselves is the human connection. For some recipients, their delivery driver may be the only personal interaction they have that day. That brief conversation, familiar face, and sense of routine can be a critical safeguard against isolation and unnoticed emergencies.

Our **Welcome Basket program** is designed for those who are new to the community. Moving to a new area—particularly a rural one—can be overwhelming, and it's not easy to know what resources are available locally. Welcome baskets serve as a friendly introduction to Yavapai County and include:

- Information about **local services and programs**
- Community resources that support **aging adults, caregivers, and families**
- Practical items and materials to help new residents feel settled and informed

By connecting people early on with local resources, we help ensure that those who move into the area who need extra support—and those who support them—know where to turn when needs arise. This proactive outreach strengthens the entire community and helps prevent isolation before it begins.

**With Gratitude to Our Community Partners** - YRCC extends heartfelt thanks to our community partners who make our Welcome Basket program possible. **The Food Bank, American Legion, local first responders and churches, and local businesses** generously contribute resources, materials, and volunteer support, helping us welcome new residents and connect them with vital local services. Their collaboration reflects the true spirit of our community, and we are deeply grateful for their ongoing commitment.

### **Moving Forward Together**

This May, we are grateful for the opportunity to serve, connect, and care for our neighbors. Whether through a warm meal, helpful information, or a welcoming gesture to someone new, each effort strengthens the fabric of our community.

Thank you for being part of this mission.

*Sue*

**Yarnell Regional Community Center**  
*Where our community comes together*  
[sue.dickerson@yarnellrcc.org](mailto:sue.dickerson@yarnellrcc.org)

## **Event Calendar – Save the Dates!** *Events held in the Dining Room unless noted otherwise*

### **May**

- May 2<sup>nd</sup> – 5:30p – 7p – Storytelling & Writing Jam – “Voted best free event of the year”
- May 5<sup>th</sup> – 10a – 3p - AmeriCorps Senior Volunteer Services Sign-Up (See Sue for more information)
- May 5<sup>th</sup> – 9a – 4p - Wick Care Mobile Clinic – At the YRCC
- May 5<sup>th</sup> – 4:30 – 7:30pm - Cinco de Mayo Temperature Relief Drive – Kirkland’s Saloon & Steakhouse
- May 13<sup>th</sup> – 8a – noon - Veteran’s Support Services – Free coffee and donuts!
- May 16<sup>th</sup> – 3p – 5p – Food, Fun & Fashion Tickets are available in advance at the Thrift Store
- May 22<sup>nd</sup> – Poppy Day – Get \$2.00 off your lunch if wearing a Poppy Pin – Remember
- May 25<sup>th</sup> – **Memorial Day – The YRCC is OPEN**
- May 30<sup>th</sup> – 9a – 2p – Mountain View Art Show & Community Craft Fair

### **June**

June 20<sup>th</sup> – 4:30p – Cowboy Poet Program



### **Coming up @ YRCC: July – Dec**

- First **TUESDAY** of every month, Wick Care Mobile Clinic
- First **WEDNESDAY** of every month, Veterans Services
- Summer Parties on the Legacy Park Patio
- September 26<sup>th</sup> – Weaver Mountains Talent Show – Open to all ages – More info to come
- October 24<sup>th</sup> – “Party in the Park – October Fest”
- December 5<sup>th</sup> – 2<sup>nd</sup> Annual Yuletide Glow and Tree Lighting @ the Fire Pit

*\*More details to come on future events. If you would like to host an activity or have an idea for us to host, please reach out to Maureen Schufft - [mschufft@yahoo.com](mailto:mschufft@yahoo.com) or Sue Dickerson at 928-427-6347 x700, or visit us at the YRCC and let us know what you have in mind.*

### **Upcoming Partnered Events**

- May 5<sup>th</sup>** – YARG/YRCC/Sunup Rotary - Temperature Relief Drive – Kirkland’s Saloon & Steakhouse  
4:30 – 7:30 – 50/50 raffle, Gift Baskets – bring a fan and/or blanket for 15% off your tab!
- May 9<sup>th</sup>** – Peoples Valley Fire Auxiliary Vendor & Resource Market – 10a – 2p – Model Creek School
- July 3<sup>rd</sup>** – 4<sup>th</sup> of July Parade Contest @ 8:15pm, judging 8:45, Parade Route @ 9pm
- July 4<sup>th</sup>** – 4<sup>th</sup> of July Carnival at Model Creek Elementary School – **Free – All are welcome!**  
4p – 7p – Carnival games, blow-up obstacle course, food. *More info: email: [jdmiller3@me.com](mailto:jdmiller3@me.com)*

*With love at the center, we turn gratitude into giving and giving into meaningful, lasting impact. Our door is always open, and we welcome your thoughts, ideas, and stories. Come by anytime—we’d love to hear from you. - Sue 😊*



*“Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client Contributions are encouraged and are vital for continuation of the program.*