



*July 2026*

## A Year of Learning

**Hi Friends,**

I've now been in the role of Executive Director at the YRCC for one year. What a year it has been.

I've learned how deeply this community loves and rallies around one another, and what an important role the Community Center plays in bringing people together. I've learned just how much attention a 50-year-old building requires—and how much funding it takes to keep it functioning, safe, and welcoming.

I've learned what it takes to maintain a beautiful community park after the ribbon-cutting ceremony is over. While we're not quite where we want to be yet, I pray every day that we'll continue to find the resources and support needed to keep improving it.

I've learned a great deal about Yavapai County government, rules, and regulations. I've learned about nutrition, restaurant operations, and what it takes to run a successful thrift store. Most importantly, I've learned about the incredible team that supports the Center every day. Their dedication, compassion, and commitment never cease to amaze me.

Perhaps the most important lesson I've learned came only recently: sometimes you have to slow down.

When you find yourself in the hospital feeling as though your body is shutting down, it sends a very clear message. I have lived with an autoimmune condition for many years, but since COVID it has become increasingly difficult to manage. I wasn't taking it seriously enough, and my body finally demanded my attention.

One of the biggest changes I've made is learning to eat for health rather than simply for enjoyment. It sounds like a small thing, but it has made a tremendous difference.

You may have noticed the soft-serve machine in our dining room. Going forward, one side will always offer sugar-free, fat-free frozen yogurt for those whose bodies say, "No sugar." We're also removing the juice machine and replacing it with a hydration station offering filtered cold, hot, and room-temperature water, along with a beverage dispenser featuring seasonally appropriate drinks.

These improvements have been made possible through the generosity of YRCC supporters who care deeply about the health and well-being of our community.

Nutrition is about much more than lunch. My hope is that our breakfasts, beverages, desserts, and soon-to-come dinners will all support healthier lives for the people we serve.

As I begin my second year as Executive Director, I am grateful—for this community, for our staff and volunteers, for our supporters, and for the lessons learned along the way. Thank you for allowing me to be part of this journey. Together, we're building something truly special.

*Sue*

**Yarnell Regional Community Center**  
*Where our community comes together*  
*Sue.Dickerson@yarnellrcc.org*

# Summer Fun at the YRCC – “Your Really “C🕶️” Center”

## 250<sup>th</sup> Anniversary Celebrations on July 1st

**July 1<sup>st</sup> BBQ with us** – Join us on July 1<sup>st</sup> as we celebrate with a good, old fashioned BBQ lunch and free hotdogs for kids under 14! This 4<sup>th</sup> of July pre-celebration will have all the trimmings of a fun, neighborhood get-together. BBQ, hot dogs, watermelon, games, music & friends. **(Raffle winner & Mascot name announced on this day)**

**Quilt Raffle** – Celebrate the 250<sup>th</sup> anniversary of our country with this beautiful quilt! Raffle tickets to support Meals on Wheels are only \$20. This quilt is 6’ tall x 5’ wide.



### **What’s the Mascot Name? - Find out July 1st**



Why a mascot? Because it’s fun, memorable, and brings our mule deer logo to life! It will help us stand out at parades, events, and parties across Yavapai County—while reminding everyone that Meals on Wheels depends on donations of time, money, and goods. Through nutrition, education, compassion, and community, we serve with heart—and your support makes it all possible.

**Soft Serve Ice Cream & Yogurt** – There’s no better place to cool off this summer than at the YRCC. If you need to cool off, we’re the place! Great A/C and delicious soft serve with all the toppings. Mon – Fri 7:30a – 2:30p Sat 9a – 2p.



## **Saturday evenings at the “HUB” – Hometown, Unforgettable, Bountiful**

In June, we served up a wonderful concert with delicious appetizers and snacks. This July, our chefs have decided it’s time to take things up a notch with an elegant **4-course gourmet dinner!**

That's right—the YRCC HUB – **H**ometown Hospitality, **U**nforgettable Entertainment, **B**ountiful Food

**Saturday July 18<sup>th</sup>, 4:30p – 7p** - Elegant enough to dress up if you'd like, but hometown comfortable, so you certainly don't have to. 😊 Bring yourself, gather some friends, make it a date night, or enjoy a family evening out. Whatever your style, we've got you covered.

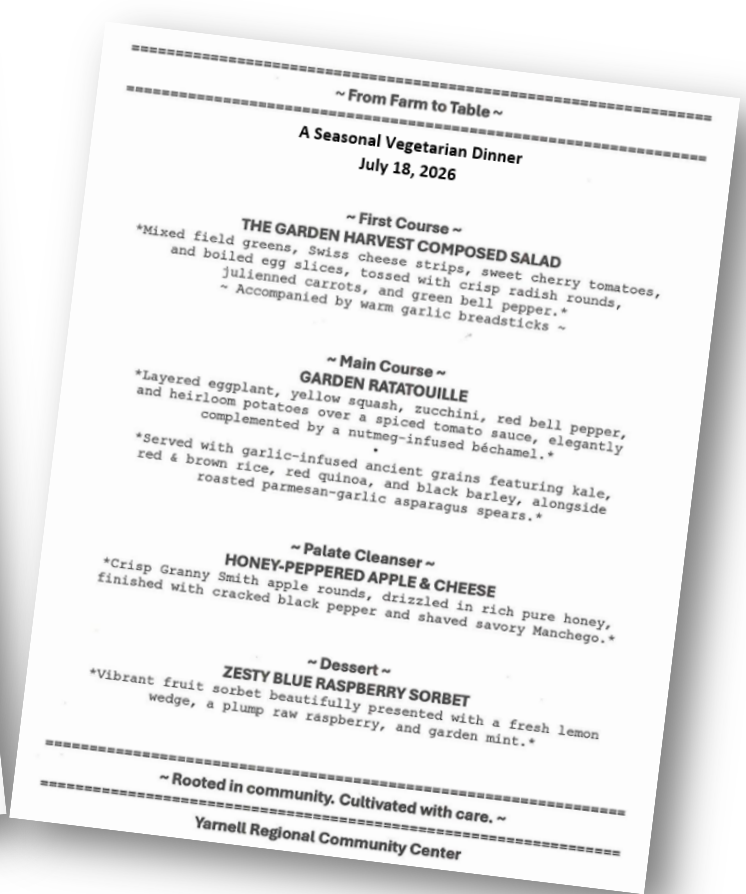
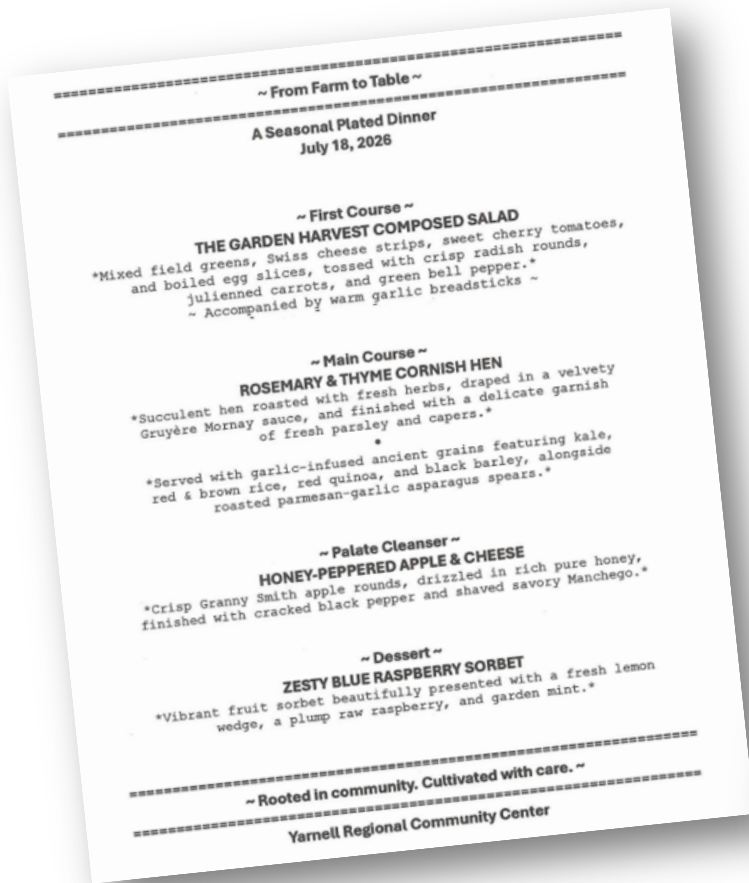
Since this is our very first official plated 4-course dinner, seating will be **by reservation only**. We need to plan the menu, prepare the kitchen, and train our wait staff. (By "wait staff," we mean Roxie, Diane, Maureen and me—so wish us luck!)

We're excited to try something new and create a special evening for our community. More details, including the menu and reservation information, are on the next page!

Seating will be limited, so call the thrift store or come in person right now! 928-427-6347.

We can't wait to serve you!

**Menu on Next Page** 😊



*The menu choices are above. Reservations must be made by Monday, July 13<sup>th</sup>, 2:00pm, and seating preferences can be made, as long as they are available. We would like payment at the time of reservations.*

*Reservations can be made in person at the Thrift Store, or by phone with Diane at 928-427-6347.*

Reminder that we have kids' choices for breakfast and lunch, if they don't like what's on the regular menu!

If you're just in the mood for an afternoon snack, soft serve ice cream and sugar free frozen yogurt with all the toppings!

**School is Out, Summer is In!**  
Bkfst M-F 7:30 - 9:30a - Lunch M-F 11-1p

**\*\* KIDS MENU 10 & UNDER \*\***  
**AT THE YRCC!**

- ☑ **Breakfast \$3.00**  
➤ pancakes, waffles, more
- ☑ **Lunch \$3.00**  
➤ pb & j, cheese crisp, or hot dog w/cheese stick & fruit pouch

**Kids 14 & under Main Menu - \$5.00**  
(Lunch OR Salad Bar)

22302 Hwy 89, Yarnell, AZ 85362  
928-427-6347

**Calling all Caregivers** – Are you currently providing some level of care for a neighbor? It can be as simple as visiting with them to reduce loneliness, or driving them to Dr. appts or even to go grocery shopping. Chances are, you are care-giving without even realizing it. The YRCC has a new program that could assist you while you are assisting others. The YRCC People for People program has partnered with NAU's Center for Service and Volunteerism. Our expanded program connects adults age 55 and older with meaningful volunteer opportunities that support our community while offering benefits such as a stipend, mileage reimbursement, and volunteer insurance coverage. Please call Maria at 928-427-6347 x3 for more information.

## **Event Calendar – Save the Dates!** *Events held in the Dining Room unless noted otherwise*

### **July**

**July 3<sup>rd</sup> – YRCC WILL BE CLOSED IN OBSERVANCE OF JULY 4<sup>TH</sup> INDEPENDENCE DAY**

**July 4<sup>th</sup> – YRCC WILL BE CLOSED IN OBSERVANCE OF JULY 4<sup>TH</sup> INDEPENDENCE DAY**

**July 3<sup>rd</sup> – 4<sup>th</sup> of July** Parade Contest @ 8:15pm, judging 8:45, Parade Route in Peeples Valley @ 9pm

**July 4<sup>th</sup> – 4<sup>th</sup> of July** Carnival at Model Creek Elementary School – **Free – All are welcome!**

4p – 7p – Carnival games, blow-up obstacle course, food. *More info: email: [jdmiller3@me.com](mailto:jdmiller3@me.com)*

**July 18<sup>th</sup> – 4:30 – 7:00 ~F arm to Table @ the HUB ~ Chef's Angie & Steven will be preparing two dinner choices for an evening at the YRCC. (Depending on the advance reservations, we may have early seating as well). \$25.00 per plate**

**July 24<sup>th</sup> – Office Hours with Staff of Rep Eli Crane -** Meet directly with the Congressman's staff to discuss any casework issues you may have with any Federal agency, including the VA, the SSA, the OPM, the IRS, and more.

**July 31<sup>st</sup> – 11:00 – 1:00 - Birthday lunch Pot Roast with entertainment by Vanessa & Friends**

### **August**

- **August 22<sup>nd</sup> – Dine in and beat the heat at the HUB!** Once again, our chefs will be cooking up a storm and are ready to blow you over with out-of-this-world flavors! (More to come)

### **Coming up @ YRCC: Sept – Dec**

- **September 26<sup>th</sup> – Date Night at the HUB** presents the Oscars! Come and enjoy some of your favorite talents while enjoying a fabulous 5-course dinner! (More details to come)
- **October 24<sup>th</sup> – “Party in the Park – October Fest”**
- **December 5<sup>th</sup> – 2<sup>nd</sup> Annual Yuletide Glow and Tree Lighting @ the Fire Pit**

### **Upcoming Partner Events**

**October 10<sup>th</sup> – Chili Bingo at Model Creek School**

**November 6<sup>th</sup> – Noon – 7p – “Dancing in the Dirt” Fundraiser by the Weavers Mtns Fire Auxiliary**

– Due to potential construction in Peeples Valley, the event will be held at **Kirkland Steakhouse**,

Cowboy Cookin Chuck Wagon contest (6 wagons), Vendor opportunities, 2 bands: Kicked Outta

Cottonwood & Last Train to Juarez, and the planning has just begun! Mark your calendar, it's sure to be

*With love at the center, we turn gratitude into giving and giving into meaningful, lasting impact. Our door is always open, and we welcome your thoughts, ideas, and stories. Come by anytime—we'd love to hear from you. - Sue 😊*



*“Services are funded by the Older Americans Act, SSBG funds, the State of Arizona and NACOG Aging. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and adult Services (DAAS) to area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client Contributions are encouraged and are vital for continuation of the program.*