



Lake Sunapee Region  
VNA & HOSPICE

## **VIRTUAL Widow to Widow Group**

***First Monday of every month***

*3:30 - 5:00 pm*

*For women in all stages of grief  
following the loss of their spouse.*

*Attend once, multiple times or as needed.  
If interested, contact Elizabeth Gantner at  
**[egantner@lakesunapeevna.org](mailto:egantner@lakesunapeevna.org)***

LakeSunapeeVNA.org