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A history of salt book

Other books by the author of salt a world history. A history of salt.

Mark Kurlansky's latest book is a comprehensive history of salt that spans centuries and explores its impact on human culture and society. With meticulous research and engaging storytelling, Kurlansky delves into the world of salt, from ancient civilizations to modern-day commerce. The book is divided into three parts, each examining a different aspect of salt's significance in history. Throughout the book, Kurlansky weaves together fascinating stories and anecdotes, making this work a treat for foodies, historians, and anyone curious about the origins of our favorite foods. With its richly detailed narrative and extensive research, "Salt: A World History" is a truly immersive read that will leave readers eager to explore more. Given text here Mark Kurlansky's new book "Salt: The Only Rock We Eat" reveals how this common substance has shaped civilization from the beginning. Until modern chemistry and geology, salt was a highly sought-after commodity due to its importance for human survival. Its value led to wars, financing some empires across Europe and Asia, and inspiring revolutions like Gandhi's 1930 salt march in India. The story of salt encompasses various fields like engineering, religion, and food, which Kurlansky explores richly. Few endeavors have inspired more ingenuity than salt making, from ancient Chinese furnaces to drilling techniques that led to the age of petroleum. Salt revenues funded public works such as the Erie Canal and even cities like Syracuse, New York. As a metaphorical symbol in all religions, salt's ability to preserve and sustain life has significant implications. Moreover, salt has shaped the history of foods like cheese, sauerkraut, and olives, influencing civilization and eating habits worldwide. Kurlansky's book is filled with colorful characters who have contributed to the rich history of salt.