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Où acheter le livre de recettes de cuisine carrefour simplissime

Each week, I share my favorite cookbooks with you. This time, discover "Simplissime, the easiest cookbook in the world" by author Jean-François Mallet. According to Mallet, his book is the result of years of experience and an answer to the daily question: "What can I cook tonight?" The goal is to provide quick and easy recipes for everyday meals, using simple ingredients and associations of flavors. This cookbook is as simple as a Swedish furniture assembly manual: 2-6 ingredients presented in photos, with a short text; just leave it cooking... it's ready! I wish you beautiful moments in the kitchen and at the table! Who is Jean-François Mallet? He is one of France's top chefs. After being elected major of the year at Ferrandi, he refined his skills in French fine dining establishments as a chef, then chose to combine his first passion with his second: photography. This resulted in creating his cookbook Simplissime, which will be the first of a long series. Today, he travels the world discovering new flavors and colors. Why does Otodoke recommend this book? At Otodoke, we appreciate the ease of the recipes. The book is ideal for beginners who don't want to get discouraged by long and tedious recipes. The recipes are presented in a very short, clear, and precise manner, using only 3-6 ingredients. Preparation time is reduced, with the longest being cooking time. In short: perfect for beginner cooks!