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Colourstrology is a way to find out what makes you unique by combining astrology, numerology, and colour theory. It gives you new insights into your life and relationships. This system was inspired by Pantone colours and says that every day of the year has its own special colour and personality profile. Each birthday listing includes: - A personal profile that helps remind you of who you are and what's important to you. - Three key words that match your personality traits and can help guide you towards achieving your goals. - Three compatible birthdays, based on colours, elements, planets, and numerological connections. Colourstrology also has monthly colours, which are like a sun sign for each month. Wearing or meditating with the colour of your birth month can make you feel more connected to your destiny. This system is not just fun but can also give you valuable insights into who you are and how you interact with others. It's a great gift for yourself or someone else! Instead of birthstones, colorstrology offers a unique approach to understanding and working with different energies and themes. By using colors associated with each month and day, individuals can tap into their intuition and connect with the qualities and themes related to those months. Colorstrology expert Bernhardt suggests that people wear certain colors, surround themselves with them, or even meditate on them to access these energies. According to Bernhardt, the colors for each month are carefully chosen based on various factors such as ruling planets, zodiac elements, numerology, and more. The idea is not just about wearing a specific color associated with one's birth month but rather exploring different colors that resonate with their personality and energy. Interestingly, Bernhardt notes that there may be similarities between the birth month colors and birthstones, but it's essential to remember that what resonates with each individual is unique. For instance, February's birthstone (amethyst) shares a similar purple hue with its corresponding colorstrology color, while March's color (Fair Aqua) relates to the sign of Pisces. Bernhardt explains that these colors can help individuals access specific energies and qualities, such as discipline (January's Caramel), humanitarianism (February's Sheer Lilac), or psychic abilities (March's Fair Aqua). By incorporating these colors into their lives, people can tap into their inner potential and cultivate a deeper connection with themselves. The concept of colorstrology encourages individuals to experiment with different colors and find what works best for them. As Bernhardt suggests, "Look at the different colors and try them" allowing people to discover the unique energies and themes that resonate with their being. This color, inspired by Aries, embodies the passions and vigor of the month, with Mars as its ruling planet. It stimulates courage, assertiveness, self-assurance, and energy. Pagoda Blue (Pantone 17-4724) takes top spot for December's official color. According to Bernhardt, this blue hue enhances vision clarity. Interestingly, it's also linked to the Sagittarius sign, reflecting travel and philosophical inclinations. The color resonates with balancing truth and wisdom while conveying that message wisely. Leveraging birth month colors not only unlocks personal qualities but also complements other months' palettes, offering diverse options for expression.

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