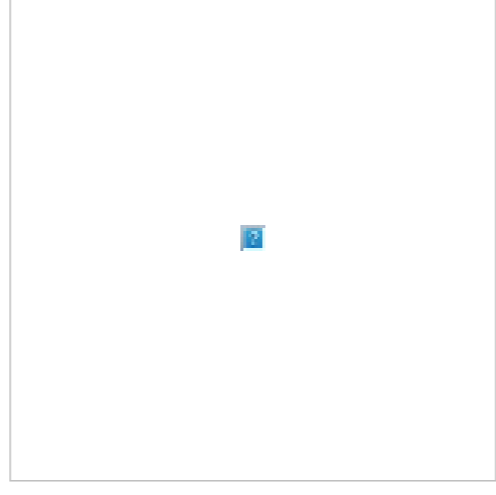


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Natural tooth color chart

What is the natural colour of teeth. Natural teeth color chart. Natural tooth colour. What is the natural color for teeth. What color should natural teeth be. Teeth whitening gibraltar.

Are you concerned about your tooth colour? Dentaly.org is here to help! You can now understand how dentists use a teeth coloring chart to match your natural teeth. This article will cover: What normal teeth look like The teeth shading chart and what it means White, yellow, and brown teeth How to improve your smile and overall dental appearance We'll also talk about whitening options and other ways to change your tooth colour. Some people think having white teeth is a sign of good oral health, but that's not always true! Whitening treatments can make your teeth look whiter, but it doesn't mean you're taking care of them. Most people have yellowish teeth, and a light yellow color can actually be a sign of strong, healthy gums. Dentin, the layer beneath your enamel, gives your teeth their natural colour. As we age, our dentin becomes darker, making our teeth appear more yellow. Consuming foods and drinks with tannins like coffee or wine can also cause brown spots on your teeth. Nicotine and tobacco use can lead to brown teeth as well, along with tartar buildup. The shade of a person's teeth depends on their genetics, lifestyle, and environment. Dentists use a dental shade guide to help patients choose the perfect whitening results for them. This scale ranges from A1 (whitest) to D4 (darkest), with 16 tones in total. Using the A1 tooth shade guide, individuals can determine their ideal tooth color by comparing their natural tone to the provided transition hues. This allows for personalized whitening and monitoring of progress. Dentists evaluate shades from lightest to darkest when matching colors, but may adjust order for restorations. The chart's beauty lies in tracking whitening outcomes, enabling additional treatments to achieve desired results.