

I'm human





The Parkinson's Disease Questionnaire (PDQ-39) is a widely used tool that assesses the health status and quality of life of individuals with Parkinson's disease. It evaluates difficulties across five dimensions, including mobility, social situations, and communication, as well as the impact of Parkinson's on specific aspects of functioning and well-being. The questionnaire provides valuable insights for healthcare professionals to explore the broader effects of Parkinson's on a person's quality of life. A licence is required for use, but it is free for publicly funded healthcare or academic study. The PDQ-39 has been translated into over 40 languages and has undergone revisions to refine its item format.

**\*\*Understanding Meaningful Change in Parkinson's Disease\*\*** Research has shown that larger changes in certain symptoms are needed to be considered significant beyond measurement error. Studies have identified these thresholds for various dimensions, including:

- \* Mobility: 12-18 points
- \* Activities of Daily Living (ADL): 16-20 points
- \* Emotional well-being: 14-29 points
- \* Stigma: 21-37 points
- \* Social support: 24-48 points
- \* Cognition: 22-34 points
- \* Communication: 21-41 points
- \* Bodily discomfort: 24-45 points

**\*\*Studies Examining Meaningful Change\*\*** Numerous studies have investigated meaningful change in Parkinson's disease, including:

- \* A study of 202 patients with a mean age of 69.8 and PD duration of 8.7 years found: + Descriptive scores for each domain were: Mobility (42.95), ADL (38.94), Emotional well-being (37.92), Stigma (27.54), Social support (14.78), Cognition (33.03), Communication (27.99), and Bodily discomfort (40.91) + Clinic sample showed higher scores than postal survey sample for most domains
- \* A study examining the Parkinson's Disease Questionnaire-39 (PDQ-39) found: + High test-retest reliability coefficients (0.68-0.95) for all dimensions, indicating good consistency between measurements

**\*\*Implications\*\*** These findings suggest that larger changes in symptoms are needed to be considered significant beyond measurement error.

Understanding these thresholds can help clinicians and researchers identify meaningful change in patients with Parkinson's disease.

**\*\*Reliability and Test-Retest Reliability\*\***

- \* The Parkinson's Disease Questionnaire-39 (PDQ-39) has been shown to have good test-retest reliability, with an Intraclass Correlation Coefficient (ICC) ranging from 0.55 to 0.83.
- \* A study by King et al. (2013) found that the PDQ-39 had excellent test-retest reliability (ICC = 0.79) when administered four weeks apart.
- \* Inter-Rater Agreement\*\*
- \* Research has shown that there is good agreement between patient and proxy scores on the PDQ-39, with adequate inter-rater agreement for all domains except Stigma, Cognition, and Communication.
- \* A study by Fleming et al. (2005) found that 64 patient-proxy pairs had a mean age of 74.41 and mean Hoehn & Yahr Stage of 2.87.

**\*\*Validity\*\***

- \* The PDQ-39 has been shown to be a valid measure of quality of life in patients with Parkinson's disease, with better representation than generic measures such as the SF-36.
- \* It has also been used as a benchmark measure to determine the psychometric properties of other outcome measures.

\* Studies have found that the PDQ-39 correlates well with other measures of Parkinson's disease severity, including the Hoehn & Yahr Index and the Schwab and England Scale.

**\*\*Specific Domains\*\***

- \* The PDQ-39 has been shown to have good internal consistency (Cronbach's alpha = 0.84-0.94) and excellent convergent validity for Mobility, ADL, Emotional Well-being, Stigma, Social Support, Cognition, Communication, and Bodily Discomfort.
- \* However, some studies have found poorer correlations with the Hoehn & Yahr Index and other measures of Parkinson's disease severity for the Social Support and Cognition domains.

**\*\*Correlations\*\***

- \* A study by Schrag et al. (2000) found that the PDQ-39 had excellent convergent validity with the Schwab and England Scale (r = 0.66).
- \* Another study found that the PDQ-39 had adequate convergent validity with the Unified Parkinson's Disease Rating Scale-Motor Examination (UPDRS-ME) (r = 0.41).

**\*\*Comparison to Other Measures\*\***

- \* The PDQ-39 has been compared to other measures of quality of life in patients with Parkinson's disease, including the EQ-5D and SF-36.
- \* Research has shown that the PDQ-39 has excellent convergent validity with these measures (r = 0.75).

**\*\*Convergent Validity\*\***

- \* The Parkinson's Disease Questionnaire-39 (PDQ-39) has shown good convergent validity with other measures such as Beck's Depression Inventory (BDI) and the Barthel Index.
- \* However, it has poor convergent validity with the Mini-Mental State Examination (MMSE).
- \* Items developed for the PDQ-39 are based on patient interviews rather than clinical literature.

**\*\*Responsiveness\*\***

- \* The PDQ-39 is capable of detecting disease deterioration but its responsiveness to improvement still needs further assessment.
- \* It measures several dimensions, including mobility, activities of daily living (ADL), stigma, and social support.

**\*\*Floor/Ceiling Effects\*\***

- \* A significant proportion of respondents scored at the floor or ceiling on certain subscales, particularly in the United States and Japan.
- \* This suggests that the PDQ-39 may not be sensitive to small changes in health status for some patients.

**\*\*Responsiveness to Change\*\***

- \* Studies have shown that the PDQ-39 is responsive to change over time, with significant declines observed in overall scores and on several subscales (mobility, ADL, stigma, and social support).
- \* However, there was no significant change in PDQ-39 scores compared with changes in other measures such as the Columbia Score or the Huntington's Disease Quality of Life Scale.

**\*\*Comparison with Other Measures\*\***

- \* The PDQ-39 has been compared with other quality of life measures such as the SF-36 and self-reported changes.
- \* While there were significant correlations between changes in PDQ-39 scores and changes in these other measures, there were also some inconsistencies.

Research studies investigated the effectiveness of antiparkinsonian treatment on patients' quality of life (HRQoL) and disability levels. The PDQ-39 questionnaire was used to assess HRQoL, while other measures such as the General Health Questionnaire-28 and the H&Y Scale were also employed. In one study, 145 participants with Parkinson's disease were followed up for one year, and their HRQoL was assessed using the PDQ-39. While there was some improvement in specific subscales (Communication, Bodily pain, and Summary index), overall HRQoL remained unchanged. Another study involved a community-based sample of 124 participants with Parkinson's disease, who were followed up for four years. The results showed significant improvements in certain domains, such as Mobility, ADL, Stigma, and Cognition, after four years of treatment. In contrast to these findings, another study comparing the effects of entacapone (a medication) and placebo on HRQoL found no significant changes in PDQ-39 scores. However, the entacapone group showed improvements in Mobility and ADL domains. A third study examined the impact of exercise interventions on Parkinson's disease symptoms, including HRQoL. The results showed that there were no significant differences in change in PDQ-39 scores between exercise groups and a control group over periods of 4, 10, and 16 months. Overall, these studies suggest that antiparkinsonian treatment can lead to improvements in specific domains of quality of life and disability levels, but the overall impact on HRQoL may be limited. A study examined the effectiveness of different types and durations of therapy in improving quality of life for patients with Parkinson's disease (PD). Three groups were compared: those who received no therapy, those who participated in self-management and social interaction sessions for 18 hours, and those who engaged in physical rehabilitation and training sessions for 27 hours. The results showed that participants who received any type of therapy experienced significant improvements in their quality of life, with the greatest benefits seen immediately after treatment. However, these gains were not sustained over time, with some patients experiencing declines in quality of life at follow-up assessments. Analysis of specific domains revealed that communication and mobility were the areas most affected by the interventions. Interestingly, participants who received more intensive physical therapy showed greater improvements in physical function, while those who participated in social sessions reported greater benefits in psychosocial areas. A separate study examined the impact of exercise on quality of life for patients with PD. The results indicated that aerobic treadmill training and agility boot camp exercises were effective in improving mobility and daily living activities (ADL), but had a limited effect on other domains such as emotional well-being, stigma, and social support. The studies also compared the effectiveness of different health-related quality of life measures, including the Parkinson's Disease Questionnaire-39 (PDQ-39). The PDQ-39 was found to be a reliable and responsive measure of quality of life in patients with PD.

**\*\*Research Papers on Quality of Life in Parkinson's Disease\*\***

- \* A number of studies have investigated the quality of life in individuals with Parkinson's disease. Researchers have developed and validated various questionnaires to measure health-related quality of life, including the PDQ-39 (Parkinson's Disease Questionnaire). These studies aimed to identify desirable properties for instruments assessing quality of life in people with Parkinson's. Several papers highlighted the importance of measuring participation, mobility, and disease severity in individuals with Parkinson's. Research also explored the use of proxy reports from caregivers and patient self-reports on quality of life and physical activity. Studies were conducted in various countries, including the UK, US, Canada, Japan, Italy, Spain, Greece, Estonia, China (Singapore), and China (Mainland). The researchers translated and validated the PDQ-39 questionnaire into different languages to assess its applicability across cultures. Overall, these studies aimed to improve our understanding of quality of life in individuals with Parkinson's disease and develop more effective measures for assessing this outcome.
- \* I omitted some of the specific study details to provide a more concise paraphrased version. If you would like me to include more information, please let me know!

Several studies have investigated the validity and reliability of questionnaires used to measure quality of life (QOL) in individuals with Parkinson's disease (PD). The most commonly used questionnaire is the Parkinson's Disease Questionnaire (PDQ-39), which assesses QOL in various aspects such as physical function, emotional well-being, and cognitive impairment. Researchers have translated and adapted the PDQ-39 into different languages, including Chinese, Spanish, and others, to make it more accessible to diverse populations. Studies have also explored the psychometric properties of other PD-specific questionnaires, such as the SCOPA-Psychosocial and the SCOPA-Movement. Additionally, researchers have investigated the responsiveness and importance of change in QOL over time using these instruments. Some studies have compared the performance of different PDQ-39 versions across different populations, including those with stable PD and those with progressive PD. Others have evaluated the reliability and validity of PDQ-39 scores in specific subgroups, such as those with mild or severe symptoms. Overall, this research aims to provide a better understanding of the QOL experiences of individuals with PD and to develop more effective tools for assessing their well-being.

**Self-Management Rehabilitation and Health-Related Quality of Life in Parkinson's Disease: An Overview of PDQ-39 Studies** have consistently shown that the Parkinson's Disease Questionnaire (PDQ-39) is a reliable and valid tool for assessing health-related quality of life in patients with Parkinson's disease. The instrument has undergone extensive development, including three stages of item generation, reduction, and testing for reliability and validity. The PDQ-39 consists of 39 questions, divided into eight discrete scales: mobility, activities of daily living, emotional well-being, stigma, social support, cognitions, communication, and bodily discomfort. Respondents are asked to rate their experiences over the past month using a Likert scale. A shorter version, PDQ-8, has been developed for use in studies where a more concise questionnaire is preferred. The PDQ-39 provides a comprehensive assessment of health-related quality of life and has been widely adopted as the gold standard in the field. Its scores can be used to evaluate individual profiles and overall health status, making it an ideal tool for clinical trials and research studies. The development and validation of the PDQ-39 questionnaire involved several stages, including testing in a clinical context using conventional measures and assessments by neurologists. The resulting tool delivered excellent response rates and provided valid information on patients' health-related quality of life. Following its translation into numerous languages, the PDQ-39 was used in various studies, such as clinical trials involving over 20,000 patients to assess patient outcomes following surgical treatments. The questionnaire has been employed by major organizations like the US National Parkinson's Foundation and Sweden's Parkinson's Disease Association. In addition, complementary PRO measures have been developed in collaboration with Mapi Research Trust. The PROQOLID database houses over 2000 clinical outcome assessments, including those related to Parkinson's disease. COAs should be selected based on specific domains they measure and the populations and therapeutic areas they cover. Considerations such as translations available, copyright, and access are crucial. To facilitate the use of COAs, Mapi Research Trust created the PROQOLID database in 2002. The database has grown exponentially over the years, based on recommended sources like FDA, EMA, and the research community. Access to the PROQOLID database does not constitute a licence for use of the COA measure; users must check with the copyright holder and ensure they meet their conditions of use. Administration methods include pen-and-paper eCOA, electronic administration, and telephone interviews. List of certified electronic Data Capture (eCOA) suppliers is located at the top of this webpage.