

Unmounted lessons

Instructor - English	Instructor – Western
Fitting of helmets and safe riding attire	Grooming
Grooming Procedure	Basic horse handling
Tack Cleaning	Bridling - fitting and technique
Proper leading and turning of the horse	Saddling - technique and fitting
Bridling - Proper fitting and technique	Hoof care
Saddling - Proper technique and fitting, including girth and breastplate	Tying a horse
Fire Safety – Procedure	Bandaging – one of stable, shipping or tail
Fire Safety – General	
Foot Care	
Tying a horse properly in the stall	
Blanketing and un-blanketing a horse	
Fitting martingales	

Mounted Lessons

Instructor – English – Flat

Introduce and practice:

Exercises at the walk to teach steering & control	Exercises to practice eye control
The posting trot	Identifying the correct canter lead and how to correct the lead
The canter	Changing the leading file
A turn	3-point position at walk & trot
A circle	2-point position at walk & trot
Changing the rein	Sitting trot
Identifying the correct posting diagonal & changing the posting diagonal	

Certified English Instructors and Instructor candidates have the option of completing an additional component which would grant certification to teach basic jumping skills to riders up to Rider Level 4 in the Equestrian Canada English Learn to Ride Program. This certification would provide Instructors with the option to teach over cross rail fences 15"-18" and up to a 2' vertical. Candidates must identify on their Evaluation Application if they are completing the Flat, Flat & Jumping or Jumping only certification on the day of the Evaluation. ****Note**** to be eligible to be evaluated for just the jumping only module on the day of the Evaluation, candidates must already be certified Instructors.

Instructor – English – Jump

Introduce and practice:

Exercises over poles to teach the mane release	Riding a line with a trot approach to the first element
The 2-point position throughout a simple gymnastic	Cantering the approach to a single fence
Control of trot and straightness on the approach to an "x" and departure from the "x" at the canter	A course of cross-rails

Instructor – Western

Introduction to:

Walk	Circles
Jog	Figure 8
Lope	Rein Aids – one of direct rein, open rein, neck rein or rein of opposition
Mount/dismount	Leg yield
Speed control at walk & jog	Posting trot
Speed control at lope	Posting diagonals
Body position of rider	Leads at the lope
Stop	Turn on the forehand
Back up	Turn on the haunches