

THE FOLLOWING EVIDENCE WILL BE GATHERED AT THE COMPETITION VENUE.

Preparation and Readiness

You will be observed how you:

- Manage time effectively to ensure horse/rider physical readiness (e.g., warm-up, lunging, hand walking etc.), equipment checks etc.
- Ensure that warm-up provides adequate physical readiness for competition.
- Clarify competitive rules before the competition (e.g., eligibility etc.) and communicates appropriate information to athletes and other stakeholders (e.g., parents).
- Ensure that tactics and strategies are consistent with rider/horse stage of development, skill level, and fitness level; seasonal objectives; and the rules of competition.
- Adjust rider/horse preparation based on changes in the competitive environment or other extraneous factors (e.g., rider/horse injury).

Make effective interventions during and after the competition

You will be observed:

- Providing rider with basic information that identifies what he/she needs to improve performance in a positive manner.
- Giving frequent motivational or directional prompts during the competition or between classes (as appropriate).
- Meeting with rider after the competition to provide encouragement and reinforce achievement and to review competitive objectives.
- Providing rider with basic information in a positive manner that identifies what and how to develop greater performance. For example, giving basic strategic information and providing ways in which to achieve successful performance during the competition or between classes (as appropriate).
- Making sure rider is focused on the task, not the result or scoreboard.
- Helping rider (during or between classes, as appropriate), to reflect critically on his/her performance by prompting them to choose successful strategies for subsequent performances.
- Using interventions that provide strategic information (event specific), manage rider/horse, make adjustments for equipment (fine tuning, etc.), or implement mental strategies (anxiety control).
- Assessing the timing and interventions (or decisions to not intervene) made during the competition as appropriate to the discipline. You should be able to justify which interventions may be repeated or modified in the next competition situation based on the rider's reaction.
- Providing interventions which are predominantly coach directed with the aim of empowering the rider to achieve successful performance.