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20 ct chicken minis

How much is the 10 count chicken minis. How much is 10 chicken minis. How much is a 20 count chicken mini. 10 chicken minis cost.

Chick-fil-A's Chick-n-Minis come with a calorie range of 280 to 870, depending on the size. The smallest option, 3 Piece, has 280 calories, while the largest, 10 Piece, packs in 870 calories, with most coming from fat (36%) and carbs (42%). To burn these calories, you'd need to run for 76 minutes or walk for 124 minutes. Interestingly, choosing the 4 Piece option can save you 500 calories compared to the 10 Piece. However, based on website visitor votes, only 36% consider 10 Piece Chick-n-Minis a healthy choice, with the majority deeming it unhealthy due to its high calorie and fat content. Despite this, an impressive 99% of voters think it tastes good! As for ingredients, Chick-fil-A's Chick-n-Minis contain egg, gluten, milk, soy, and wheat but do not include fish, peanuts, shellfish, or tree nuts. Keep in mind that due to shared equipment, fast food restaurants cannot guarantee allergen-free products. The 10 Piece version includes yeast rolls and chicken with various ingredients like butter, sugar, and soybean oil. Each serving has a significant number of Weight Watchers points: 25 Freestyle Points, 26 SmartPoints, and 23 PointsPlus. There are 370 calories in Chick-fil-A's 4 Piece Chick-n-Minis, with 34% coming from fat and 43% from carbohydrates. To burn these calories, you'd need to run for 32 minutes or walk for 53 minutes. A tip is to choose the 3 Piece option, which reduces calorie intake by 90 calories. According to visitors, this snack is a healthy and nutritious option from Chick-fil-A, with 62% voting it as such. The nutrition facts also reveal that 4 Piece Chick-n-Minis contain egg, gluten, milk, soy, and wheat, but do not contain fish, peanuts, shellfish, or tree nuts. This product contains yeast roll, chicken breast fillet, seasoned coater, milk wash, and peanut oil, with 11 Weight Watchers Freestyle Points, 11 WW SmartPoints, and 10 WW PointsPlus in a serving. Let us know what you think!