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Mighty shake nutrition

Mighty shake nutrition information. Mighty shake chocolate. Mighty shake nutrition facts 4 oz. Sugar free mighty shake nutrition information. Mighty shakes calories. Mighty shake. Mighty shake nutrition facts 6 oz. Strawberry mighty shake nutrition facts. Nsa mighty shake nutrition facts. Mighty shake 6 oz nutrition. Mighty shake vanilla nutrition facts. Mighty shake nutrition facts.

Hormel Mighty Shakes are a frozen supplement designed to provide extra nutrition, protein, and calories for individuals who cannot eat or are losing weight. These shakes are fortified with 15 essential vitamins and minerals and do not contain added sugar. They are ideal for patients with cancer or HIV/AIDS. Manufactured by Hormel HealthLabs, Mighty Shakes are only available to the healthcare industry and are not sold to the general public. One serving of Mighty Shake contains 300 calories and is reported to have various nutritional benefits. The shakes are made with skim milk, water, maltodextrin, sugar, corn syrup, and other ingredients. They contain 6 grams of fat and 16 grams of sugar in a 4-ounce serving, with most of the calories coming from sugar. Mighty Shakes do not add any beneficial nutrients but provide quick energy. The product contains soy and milk protein isolates, making it unsuitable for individuals with lactose or soy allergies. However, they do contain vitamins A and C, several B vitamins, iron, magnesium, potassium, phosphorus, and zinc. Hormel HealthLabs offers various flavors of Mighty Shakes, including vanilla, chocolate, strawberry, cappuccino, and orange creme. They also have no-sugar-added options that are sweetened with aspartame and a low-lactose version for patients who are dairy-intolerant. Consumer can view details on ingredients by looking at label options.