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Updated nutritional information for Domino's Pizza menu items. Menu items scroll horizontally and vertically to fit mobile screens. Health-conscious patrons can consider these facts: - A medium pizza crust contains between 100 to 250 calories. - Adding meat toppings increases calorie density by at least 10 calories, up to 45 calories per serving. - Side dishes like breadsticks and garden salads range from 130 calories with 7 grams of fat for a single order. For those with dietary restrictions: - Gluten allergies or Celiac's Disease require avoiding menu items containing wheat products as main ingredients, such as pizzas, sandwiches, and Buffalo wings. - Lower-calorie options include the 12-inch Hand Tossed Ham & Pineapple Pizza (200 calories), 12-inch Hand Tossed Cheese Pizza (210 calories), and Hand-tossed Pepperoni Pizza (Medium) (215 calories). - Higher-calorie options include the 16-inch Hand Tossed Pepperoni Pizza (380 calories), Thin Crust Pepperoni Pizza (Medium) (340 calories), and 16-inch Thin Crust Cheese Pizza (310 calories). Domino's Pizza Menu Nutritional Highlights - The highest carb-containing menu options are the 16" Hand Tossed Pepperoni Pizza (45g), 14" Hand Tossed Pepperoni Pizza (34g), and 16" Thin Crust Cheese Pizza (29g). - Pizzas with the lowest protein content include the 12" Hand Tossed Ham & Pineapple Pizza, 12" Hand Tossed Cheese Pizza, and 12" Hand Tossed Pepperoni Pizza, all at 8g. - The highest protein-containing pizzas are the 16" Hand Tossed Pepperoni Pizza (15g), Thin Crust Pepperoni Pizza (Medium) (14g), and 16" Thin Crust Cheese Pizza (13g). - Pizzas with the lowest saturated fat content are not specified, but those with the highest amount include the 12" Hand Tossed Ham & Pineapple Pizza, 12" Hand Tossed Cheese Pizza, and 12" Hand Tossed Pepperoni Pizza. - Similarly, pizzas with the lowest trans fat content are not specified, but those with the highest amount include the 16" Hand Tossed Pepperoni Pizza, Thin Crust Pepperoni Pizza (Medium), and 16" Thin Crust Cheese Pizza. - Pizzas with the lowest cholesterol content are not specified, but those with the highest amount include the 12" Hand Tossed Ham & Pineapple Pizza, 12" Hand Tossed Cheese Pizza, and 12" Hand Tossed Pepperoni Pizza. - The highest sodium-containing pizzas are the 16" Hand Tossed Pepperoni Pizza, Thin Crust Pepperoni Pizza (Medium), and 16" Thin Crust Cheese Pizza. - Pizzas with the lowest fiber content are not specified, but those with the highest amount include the 12" Hand Tossed Ham & Pineapple Pizza, 12" Hand Tossed Cheese Pizza, and 12" Hand Tossed Pepperoni Pizza. - The pizzas with the highest sugar content include the 16" Hand Tossed Pepperoni Pizza, Thin Crust Pepperoni Pizza (Medium), and 16" Thin Crust Cheese Pizza. - As of November 2024, Domino's stores will make an effort to exclude allergens from requested products but cannot guarantee absence due to potential cross-contact during operations. Domino's Responsible for Customer Reactions Customers advised to read Allergen information before ordering. For customers with medical conditions or allergies, Domino's has a responsibility to inform about potential risks from our menu items.

[How many carbs in a slice of domino's pizza.](#) [Dominos pizza nutrition label.](#) [Domino's nutrition calculator.](#) [How many carbs in medium pizza.](#) [Domino's nutrition.](#) [Domino's nutrition information.](#) [How many carbs in a low carb diet uk.](#)