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Kaho Shibuya, a former adult video performer and author of "The Japanese Porn Industry Unmasked", gave a press conference at the FCCJ. She discussed why young women enter the AV industry, which includes factors like money, fame, and safety concerns. According to Shibuya, these reasons change over time and can make performing in an AV film preferable to other forms of sex work. However, she argues that Japan's Adult Video Appearance Damage and Relief Bill, passed in 2022, falls short of protecting women from exploitation and abuse as it is not retrospective and only applies to films produced after its enactment. Shibuya also shared her personal experience of having uncensored videos leaked, which led her to sue an AV production company for releasing unauthorized content featuring her. She highlights the difficulties faced by actors in Japan, where direct channels like Only Fans are less popular due to agency control, making it hard for performers to monetize their talent. The actress, Kaho Shibuya, is facing an unprecedented lawsuit against the industry. As she struggled to respond to her lawyer's question about the compensation she was seeking, she emphasized that it had to be enough to prevent such incidents from happening again. However, considering the stereotype of actresses being gold diggers, she didn't want the amount to be too high. In the end, she demanded ¥10 million. When negotiations began, the production company offered only ¥500,000, which Shibuya found meaningless. She continued to fight for justice. Shibuya attended single-sex schools and graduated from a prestigious university with a degree in English. Her physical appearance led people to often refer to her large breasts, making her feel sad and embarrassed. After college, she worked as a sports reporter, but the environment was unwelcoming to women. She quit in 2014 and decided to embrace her physique instead of fighting it. Shibuya acknowledges that society looks down on AV actors, but says that the industry treats female actors like princesses. During her four years in the adult film industry, everything felt transactional, which made it less sexist than her previous job. However, she also remembers being coerced to perform when unwell and some companies not following agreed-upon rules. Since quitting the AV industry, Shibuya has focused on her Instagram channel with over 1.2 million followers, attending cosplay and anime conventions, and appearing in YouTube videos with popular foreign YouTubers in Japan. Kaho Shibuya is a well-known Japanese media personality and former AV idol, born on May 20, 1991. She was born in Tokyo to a prominent doctor and grew up surrounded by anime and manga. After studying English at Aoyama Gakuin University, Shibuya pursued various careers, including writing for the daily newspaper Tokyo Sports as a baseball reporter from 2012 to 2014. She then worked briefly as an English teacher and later took on a part-time job reviewing adult products in an effort to become a freelance writer. In 2020, Shibuya released her memoir "The Japanese Porn Industry Unmasked: An Insider's Guide," detailing her experiences in the adult film industry. This led to her debut in adult videos through an exclusive deal with Alice Japan in November 2014. Throughout her career, she has released over 750 films and was a member of the AV idol group Sexy-J from May 2015 to April 2016. Shibuya announced her retirement from the AV industry at an event in Tokyo in May 2018. However, in September 2023, she sent cease and desist letters to adult film companies requesting them to suspend sales of all her previous adult films. Her actions were successful, as well as her name being delisted from adult film anthologies. Since retiring from the AV industry, Shibuya has taken her love for anime and manga professionally, appearing as a cosplay guest at anime conventions internationally. She has also published two photo books of herself in various anime costumes and appeared as an extra in Little Nights, Little Love. In December 2023, she was cast as Yue Kurumizawa in the anime series Adam's Sweet Agony and performed the ending theme song "Gin Gin Perfection." Shibuya is currently the host of several radio shows and YouTube channels, including her own radio show Kaho Shibuya's TOKUMORI. She was dropped by a production company because she wouldn't show enough skin in her adult videos. In June 2020, Shibuya started streaming on Twitch. In February 2023, she sued four parties for leaking uncensored versions of her adult content onto the internet. She is suing them for ¥7 million in damages. Shibuya wrote a book about the Japanese porn industry called "The Japanese Porn Industry Unmasked: An Insider's Guide". It was published in 2020 and has an English translation. She also appeared in a podcast interview with Trash Taste, where she talked about her background as a physician's daughter who became a JAV (Japanese adult video) actress. Shibuya has shared her love of anime and cosplay on social media. In one interview, she mentioned that she had a high education level when she started working in the AV industry. She also wrote an article about the dangers of pregnancy for women in the AV industry. Shibuya talked about her parents and how they have been difficult to deal with, especially after she became an adult actress. She has expressed gratitude to her fans for their support, even after she stopped selling her adult content. In 2023, Shibuya applied to suspend sales of her adult films, which was met with mixed reactions from the public. Her application was approved, and she was able to move on from that part of her career. Shibuya has also released a photo book called "pink busty waifu", which features her cosplay photos. Kaho Shibuya's first job was as a sports reporter for an afternoon newspaper, where she had to write more in-depth stories about baseball players' personal lives. She notes that reporting on the private lives of athletes can be challenging, especially as a female working in a traditionally male-dominated field. Before transitioning into adult entertainment, Shibuya worked as a freelance writer and English teacher. However, it's been reported that Shibuya was initially hired to host a YouTube channel for a Japanese company called "Omochan," but she quit after being asked to wear revealing clothing on set. She also claimed that the company canceled a shoot because her skin wasn't showing enough during a previous session. Shibuya has since become an outspoken advocate against the Japanese adult entertainment industry's practices, which she claims can lead performers down a slippery slope from legitimate modeling jobs to explicit content production. To raise awareness about these risks, Shibuya wrote a tell-all book called "Everything Girls Should Know About the JAV Industry," where she shares her own experiences and warns young women about potential dangers in the industry. Despite her busy schedule, which includes writing music, collaborating with GamerSupps, and streaming on Twitch, Shibuya remains committed to shedding light on the issues facing performers in the adult entertainment industry. Shibuya's journey from JAV to anime enthusiast began with a warning: "Don't just figure it out along the way." Her book received mixed reviews, with some praising her honesty and others suggesting that certain secrets should remain hidden. The English translation remains a work in progress. Shibuya retired from JAV after three years, freeing herself from expectations and pivoting to passion projects like anime and manga. She now runs her own show as a cosplay model, judge at conventions, anime song DJ, and live-streams gaming on Twitch. "I'm an introvert," she says. "I don't drink or smoke, and I love reading." Shibuya's Instagram feed showcases her cosplays, from Zero Two to Demon Slayer-inspired looks. Her Twitch channel has over 220,000 followers, where she streams anime discussions and games like Batman: Arkham City. She plans to try new things, collaborate with VTubers, and study animation to become a creator. Shibuya aims to bridge Japan with the world, legitimize herself as an artist, and have people see her differently - beyond her JAV past and cosplay persona. Establish a scholarship program in Japan for aspiring animators, allowing them to pursue their passion. Shibuya embodies multifaceted qualities, with writing remaining an essential part of her identity. She continues to craft compelling stories through her baseball columns, JAV memoir, and upcoming Spotify releases, ultimately writing her own story on her own terms. Follow Kaho Shibuya's creative journey on Instagram and Twitch.