



STRETCH, MOBILITY & RECOVERY CENTER

Recover **better**. Move better. Feel **better**.



WITH RECOVERY & PERFORMANCE DIRECTOR: **COACH TREVIS WYCHE**



RECOVERY BOOTS



RED LIGHT THERAPY



COLD PLUNGE



INFRARED SAUNA

MEMBERSHIPS

UNLIMITED ACCESS TO OUR PREMIUM RECOVERY THERAPIES.

MEMBERSHIP	ACCESS	MONTHLY PRICE
Tier 1	Pick 1 treatment - Unlimited visits	\$249
Tier 2	Pick 2 treatments - Unlimited visits	\$299
Tier 3	Pick 3 treatments - Unlimited visits	\$349
Tier 4	All treatments available - Unlimited visits	\$400

Choose your treatment(s) when enrolling. Selected treatments cannot be switched.

Unlimited access is limited to one session per modality per day, subject to availability.

RECOVERY PACKAGES

CHOOSE A **SPECIFIC TREATMENT** AND SAVE.



PACKAGES ARE FOR THE **SPECIFIC TREATMENT YOU CHOOSE.**

Each package can be used for only one treatment type and cannot be switched to a different treatment.



SINGLE SESSION	\$45
5 SESSIONS	\$175
10 SESSIONS	\$300
20 SESSIONS	\$500

Use for **Recovery Boots** only.
Sessions expire 60/90/120 days
from the date of purchase.



SINGLE SESSION	\$45
5 SESSIONS	\$175
10 SESSIONS	\$300
20 SESSIONS	\$500

Use for **Red Light Therapy** only.
Sessions expire 60/90/120 days
from the date of purchase.



SINGLE SESSION	\$45
5 SESSIONS	\$175
10 SESSIONS	\$300
20 SESSIONS	\$500

Use for **Cold Plunge** only.
Sessions expire 60/90/120 days
from the date of purchase.



SINGLE SESSION	\$45
5 SESSIONS	\$175
10 SESSIONS	\$300
20 SESSIONS	\$500

Use for **Infrared Sauna** only.
Sessions expire 60/90/120 days
from the date of purchase.



(518) 393-6566



drt@drtimmaggs.com



ADDRESS

1462 Erie Blvd,
Schenectady, NY 12305